



qlife

MAGAZINE

40th Anniversary
SUMMER 2018

 LOVELOUD

JULY 28, 2018 • SALT LAKE CITY

DAN REYNOLDS LOVES LOUDER

QLIFE INTERVIEWS
GWEN STEFANI

ALL NEW QLIFE CITY GUIDES

LAS VEGAS • LOS ANGELES • SAN DIEGO



LOVELOUD



IMAGINE
DRAGONS

ZEDD MIKE SHINODA

GRACE VANDERWAAL TYLER GLENN

VAGABOND A.W.

HOSTED BY *Cameron Esposito*

SATURDAY, JULY 28

RICE ECCLES STADIUM / SALT LAKE CITY, UT

LOVELOUD CREATES EVENTS DESIGNED TO IGNITE THE VITAL CONVERSATION ABOUT WHAT IT MEANS TO UNCONDITIONALLY LOVE, UNDERSTAND, ACCEPT AND SUPPORT OUR LGBTQ+ FRIENDS AND FAMILY.



TEGAN
AND
SARA
FOUND
ATION

THE **TREVOR** PROJECT
Saving Young LGBTQ+ Lives

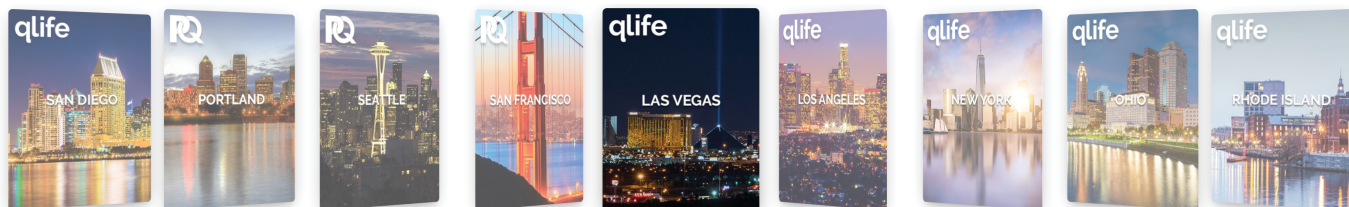
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THE MAGAZINE REIMAGINED



by Russ White and Garrett Pattiani
Co-Founders and Co-Publishers, QLife Media

This issue of QLife marks a major milestone in the history of LGBTQ publishing. At the same time this issue marks our first print edition as QLife, it also marks our 40 year legacy dating back to June 1978 when we were first published as the Vegas Gay Times as a photocopied newsletter

Call Me By Our Names

Our name has changed over the years, including *The Bohemian Bugle* and *The Bugle*. In 2004 we started publishing as *QVegas* and transitioned to an all-digital publication in 2015 as *Gay.Vegas*.

In January 2017 the QVegas brand was retired as we expanded into multiple markets under the QLife brand. This year, through our partnership with *ProudQueer*, QLife and PQ serve 9 major markets across the US, including Las Vegas, Los Angeles, New York, Ohio, Portland, Rhode Island, San Diego, San Francisco, and Seattle.

Your Local LGBTQ Publication

This commemorative print edition serves our hometown of Las Vegas and the Southwest region of the U.S. As we continue to focus on our digital publications, we are redefining the magazine industry and how customers and brands interact in the digital age.

For our online readers, you will enjoy the aesthetic design of our articles, unencumbered by inline advertising and pop-up ads. Our

advertising model returns to the roots of print publications where ads appear between articles, not between paragraphs. We provide a hyper-targeted reach to the LGBTQ consumer for our advertisers.

Thank You Advertisers

We are thankful for the advertisers that continue to believe in us and the value of a local LGBTQ publication. This special edition could not have been possible without LiveNation, House of Blues, The Foundation Room, and MGM Resorts International with their unwavering commitment to diversity and inclusion.

QLife Guides

This summer, QLife launched all new QLife Guides: directories of LGBTQ-owned, LGBTQ-serving, and LGBTQ-allied businesses. In Las Vegas, we've partnered with Lambda Business Association, the local LGBTQ Chamber of Commerce, to provide a robust directory. As we expand into our other local communities, we will be adding more and more businesses and partnering with more local organizations.

Community Partners

While we call Vegas home, QLife supports local LGBTQ and HIV/AIDS non-profits in every market we serve through in-kind sponsorships year round. If your non-profit organization is interested in free advertising, please contact us for details.



Russ White



Garrett Pattiani



On the Cover

Imagine Dragons frontman Dan Reynolds founded the LOVELOUD Foundation to help ignite the relevant and vital conversation about what it means to unconditionally love, understand, accept and support our LGBTQ+ friends and family.

Advertising Information



QLife is a local, all-digital publication serving thousands of LGBTQ+ readers every month. Our combined partnership with ProudQueer currently reaches 9 major markets across the United States. We have affordable local and national rates available

sales@qlifemagazine.com



Throughout this edition you'll find **QR Codes** that link to more content on our website and social media.

Scan the QR Code with your iPhone built-in Camera app or download a reader app for Android to visit the sites embedded in the code. These codes are your shortcuts to our website that holds even more great articles, stories, and videos.

Of course you can always visit us directly online at www.qlifemedia.com and on social media, too.



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NGLCC New York LGBTQ Chambers of Commerce



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THE CROWN JEWELS



QUEEN

+ ADAM LAMBERT

SEPTEMBER 1ST - 22ND

PARK THEATER

AT PARK MGM
LAS VEGAS

LIVE NATION

QUEENONLINE.COM

ticketmaster®



Photo: Denise Truscello

ARTISTS IN RESIDENCE

by Garrett Pattiani

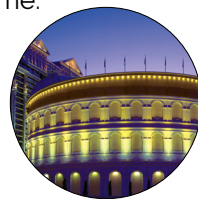
Las Vegas is the Entertainment Capital of the World and this summer Vegas adds new resident artists that LGBTQ audiences will love! Queen and Adam Lambert take up residency at Park Theater in September at the newly remodeled Park MGM where you can also catch Cher (and Ricky Martin through Memorial Day Weekend). Mariah Carey returns to The Colosseum at Caesars Palace with her new show. Gwen Stefani takes the stage at Zappos! Theater at Planet Hollywood with her new show and you can still catch Jennifer Lopez, the Backstreet Boys.

The idea of Las Vegas residencies dates back decades. In the 1940's Liberace paved the way for many more to follow. Frank Sinatra with the Rat Pack in the 1950's. Then we had Elvis Presley who is still an icon of Las Vegas. In 2003, "A New Day" arrived when Céline Dion brought her star power to Las Vegas with the opening of The Colosseum at Caesar's Palace. This proved that current reigning stars can draw in audiences to Las Vegas on

a massive scale. The star power in this city now is quite impressive, and it's only going to get better with new residencies being announced all of the time.

The Colosseum at Caesar's Palace

Mariah Carey
Céline Dion
Reba McEntire & Brooks & Dunn
Rod Stewart



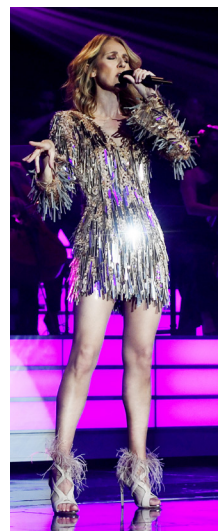
Park Theater at Park MGM

Cher
Bruno Mars
Ricky Martin (May 23-June 3)
Adam Lambert & Queen (Sep 1 - 22)
Lady Gaga (Coming Winter 2018)



Zappos! Theater at Planet Hollywood

Jennifer Lopez
Backstreet Boys
Gwen Stefani (New)



MARIAH CAREY

THE BUTTERFLY RETURNS



SELECT NIGHTS THIS
JULY - SEPTEMBER

THE COLOSSEUM
AT CAESARS PALACE

LIVE NATION

ticketmaster®



LOVE LOUDER

by Russ White and Garrett Pattiani

Dan Reynolds, a third generation Las Vegas native, is lead singer for the Grammy winning band Imagine Dragons. Born to a family of nine children, Dan grew up writing and recording music before beginning his studies at Brigham Young University and later UNLV. Dan left his schooling to form Imagine Dragons, which had its start making ends meet playing casinos and bars in Las Vegas.

The band has since sold over 12 million albums and 35 million singles worldwide. Having publicly expressed his concern for the rising suicide rate in LGBTQ+ youth, Dan founded the LOVELOUD Foundation in 2017 to bring awareness to the growing crisis. Its mission is the bring communities and families together to help ignite the vital conversation of what it means to unconditionally love LGBTQ+ youth.

Last year, Reynolds filmed **BELIEVER**, a documentary featuring the story of Reynolds coming to a crossroads when he witnesses fellow members of the Mormon church spurned due to their sexual orientation. Since 2008, teen suicide rates in Utah have skyrocketed, which many people attribute to the Mormon church's official stance regarding same-sex relationships. Director Don Argott follows Dan and openly gay former Mormon Tyler Glenn, lead singer of Neon Trees, as they decide to create LOVELOUD, a music and spoken-word festival designed to spark dialogue between the church and members of the LGBTQ+ community. Believer will premiere on HBO on June 25. **LOVELOUD returns to Salt Lake City on July 28th.**

The Gay and Lesbian Community Center of Southern Nevada will honor Imagine Dragons with their Allies of the Year award at the 25th Anniversary Honorarium on October 6th at Red Rock Hotel & Casino.



Founded in 2017 by Dan Reynolds, the LOVELOUD Foundation, is a catalyst to bring communities and families together to help ignite the vital conversation about what it means to unconditionally love our LGBTQ+ youth. LOVELOUD offers hope to young people, letting them know they're not alone and encouraging acceptance in the home and community.



LOVELOUD

LOVELOUD Festival
July 28 • Salt Lake City



25th Anniversary Honorary
October 6 • Las Vegas

BOTTOMS UP

WITH KETEL ONE BOTANICAL

Ketel One Botanical launches as a series of three varietals in beautifully illustrated, botanical-inspired bottles: Peach & Orange Blossom, for those who enjoy lush, juicy white peaches and bold notes of fragrant orange blossoms; Cucumber & Mint, for those who appreciate crisp cucumbers and light tones of fresh garden mint; and Grapefruit & Rose, for those who seek zesty, mouthwatering grapefruit and the refined elegance of rose petals.



The best way to experience the fresh taste of Ketel One Botanical is a simple yet elegant, smooth-sipping cocktail. The Ketel One Botanical & Soda:

- Grab a wine glass
- Fill it with ice
- Pour Ketel One Botanical (1.5 oz.)
- Top with sparkling water (3 oz.)
- Garnish with fragrant herbs, crisp citrus or fresh fruit





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MGM RESORTS



Kesha officiates the wedding of a lesbian couple at Bellagio on the 1-year anniversary of same-sex weddings becoming legal nationwide

LOVE IS UNIVERSAL

by Russ White and Garrett Pattiani

Photos Courtesy MGM Resorts International

Not only is Vegas the go-to for entertainment, it is also the Wedding Capital of the World. Whether you are looking to get married by Elvis, want a spectacular view from high atop The Foundation Room, or any of dozens of informal or romantic venues, Vegas offers something for everyone.

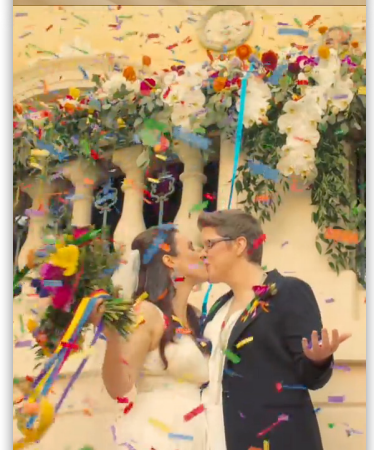
Most of the hotels are known for their diversity and equality toward the LGBTQ community, but this year MGM went the extra mile, releasing Universal Love, a soundtrack of re-imagined wedding songs with reversed pronouns recorded by Bob Dylan, Valerie June, Kele Okereke, St. Vincent, Benjamin Gibbard, and Kesha.

Amid the casinos and bright lights, you can find an authentic Southern Delta juke joint atmosphere at House of Blues Las Vegas®. Located in the Mandalay Bay Resort & Casino, this incredible space is the perfect location to host your ceremony, reception, wedding or rehearsal dinner. Featuring the only non-enclosed view of the Strip at Foundation Room atop Mandalay Bay on the 63rd floor makes it an idyllic backdrop for a center stage wedding! Enjoy in-house catering, seated venue options accommodating 30-200.

Vegas can also be the place to host your bachelor/bachelorette party! Many of the male revue shows now allow performers to “treat every chair equally,” including Aussie Heat and Chippendales. Both are making an effort to embrace the community by attending local LGBTQ events and pulling all kinds of people up on stage during their shows.

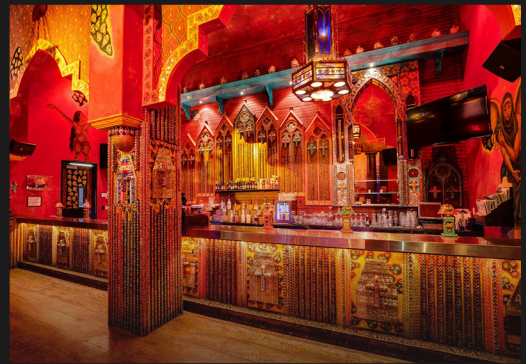
Southern California has great options for beach weddings. Malibu, Long Beach, and San Diego will give you and your special someone the perfect backdrop for reciting your vows.

Wherever you decide to profess your love, always remember the road we took to gain equality. We appreciate the businesses and allies that support diversity and inclusion, making the world a more loving place for all of us.





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IN-HOUSE CATERING IN BOTH VENUES
CEREMONIES STARTING AT \$1,600 (FOUNDATION ROOM)
SEATED VENUES FROM 30-200

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OFFER NOT VALID FOR PREVIOUSLY CONTRACTED EVENTS. DÉCOR IS LIMITED TO LINEN AND CHAIRS.



WE'RE B-A-N-A-N-A-S FOR GWEN!

by Russ White and Garrett Pattiani

There was “no doubt” QLife was excited when we heard the news about Gwen Stefani's new Las Vegas residency. The multi-platinum artist will take the stage with a spectacular show like no other, celebrating the breadth of her illustrious musical career.

Welcome to Las Vegas! We're so excited you're coming to town. What can fans expect from your Vegas show?

I am having such a fun time putting together the show. It will have a nostalgic feel because my songs document so many important moments of my life over the years. It's going to be interesting to walk everybody back through that journey again. Creatively, the show is going to be completely different than anything I've ever done.

How has your relationship with your LGBTQ fans been special to you?

Music is such a powerful gift to be able to create, listen to and be inspired by. I think what amazes me with my career is how universal some of the themes I've written about in my music have been and how much my music has touched people. I think there is really something to being true to yourself, following your own heart and being honest about your feelings. And I feel like the LGBTQ community and I have related to each other

because we are in touch with our individuality and creativity. I get so happy to look out in the audience to see people from all walks of life and people that love in all kinds of ways.

What inspires your music?

Honestly, it's usually my own experiences that inspire me, it's very personal. I usually write songs that have to do with whatever is going on with my emotions at the time. In the past, it has been a lot of drama, a lot of love drama. On my latest record I wrote a lot of happy love songs for the first time, which was really fun for me. I've written Christmas music, which was also different and an exciting project. Writing in a theme was new for me and I really enjoyed it.

How has your experience as a judge on The Voice been for you?

Being a coach on The Voice has been one of the greatest things I've ever done. It has opened me up in so many ways to different kinds of genres of music that I never listened to before. It's incredibly inspiring to be around so much talent. It was also really nice to have the opportunity to nurture the talent on the show. I loved helping people find their voice and help them navigate through the process.



Who is your mentor or "go to" person?

My mom and dad have always been mentors for me. My dad has always been involved in any decision-making. I'm not a businessperson, I'm fully creative so I need to lean heavily on people that are a little more business-minded and I've learned a lot from him. My mom is my life mentor. She's really smart about life and she really planted the seed of faith within me, which has helped me so much on my journey.

What's your greatest fear?

I feel like I've already lived through some of my greatest fears, but with having children there are new fears that come up. I think that when you are a little girl dreaming about a family there's no way you can imagine what's to come as far as the responsibility and the love and hopes that you have for your kids. Again, having my spiritual faith to believe in and trust in, is the one thing that helps me get through those fears and live in the moment.

What's the biggest challenge between the work/mom balance? You seem to be rocking both!

Work/mom balance is impossible. You just have to take one day at a time. For me, I have a really incredible team of people around me. And honestly, for me, the scheduling is the biggest thing. If I can have a schedule and also have discipline in following that schedule, that's key. The days that I'm working I really try to focus and get it done. My kids have saved me from my own procrastination. I've had to become organized and focused. When I'm with the kids it's really hard, and I know a lot of parents feel this way, not to be distracted by everything that's going on in your work life. So it's really just trying to focus and live in the moment which is the constant battle.

You have been quoted saying that you would be "blessed" if one of your sons turned out to be gay. You also allow your kids to paint their nails if they want to. How do you think this attitude toward motherhood benefits your children?

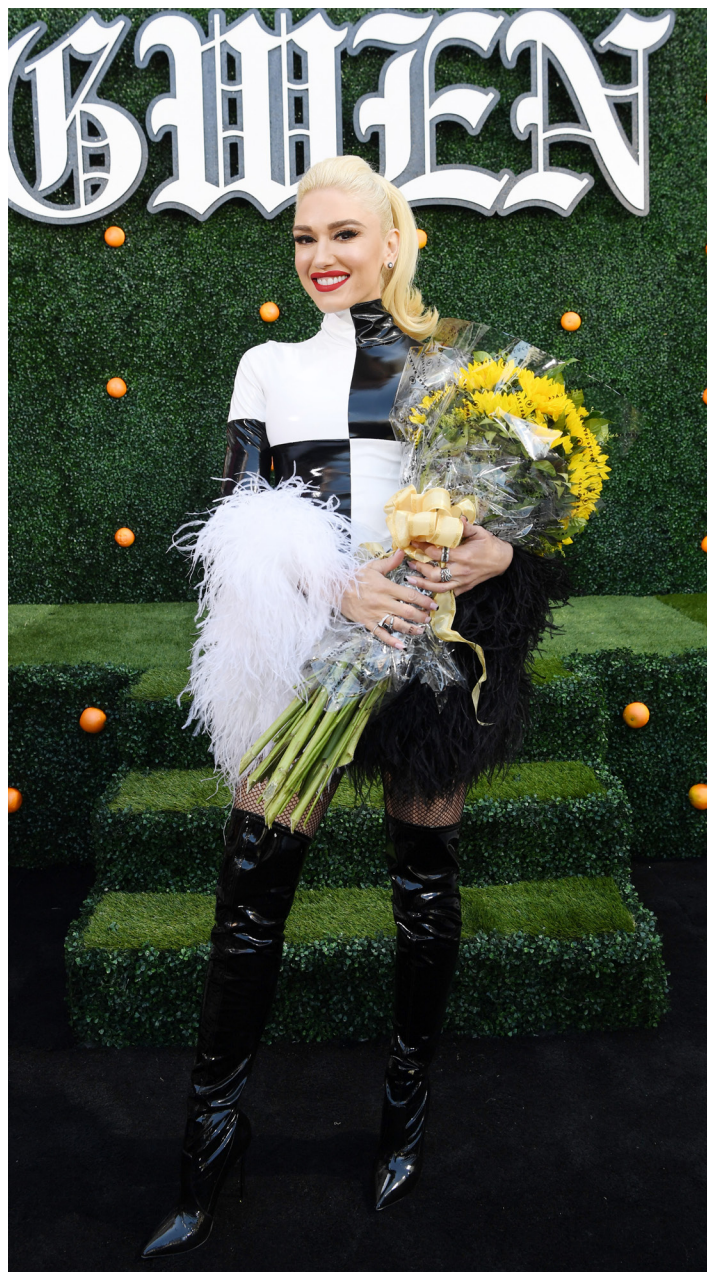
I just want to nurture my kids to be who they are and bring out whatever their gifts are and help them to focus on those gifts. I really try to support them in that way and on their own unique path.

You look fabulous. What's your skincare routine?

My routine is quite simple. I enjoy being experimental with makeup though. I love beauty and I love makeup. I love the sun, but I stay away from the sun. I think staying away from the sun is something that has saved my skin. Even though I'm a Southern California girl, I learned very early on to protect myself from the sun. Other than that, I just wash, moisturize and put a lot of makeup on.

You're performing in the Marriage Capital of the world... any wedding bells in the future for you?

Listen, I can't predict the future.

**Other than sharing glimpses of life in these interviews, how do you keep your personal life private?**

I feel like I've always been quite open with my life. I don't really have a lot of things to hide. I feel like a very ordinary person with a very extraordinary life. I have an extraordinary small group of people & family around me that I love so much. I share when I think it's appropriate. I think when you have children you want to share less because you need to protect them.

And our most important question... Is this shit still bananas?

The best question of the bunch! This shit is definitely still bananas and I love you guys FYI.

*Gwen Stefani's **Just a Girl** residency opens June 27th at Zappos! Theater at Planet Hollywood Resort & Casino in Las Vegas. Tickets start at \$59 at [ticketmaster.com/gwen](https://www.ticketmaster.com/gwen)*



qlife Las Vegas Guide

Welcome to Fabulous Las Vegas!

The Vegas LGBTQ scene may seem disconnected, but there are so many things that cater to the community, you just have to know where to look. Overall, Vegas is a diverse and inclusive atmosphere where all walks of life are welcome. It's not called Sin City for nothing—check off all of your Seven Deadly Sins here, just remember what happens here, stays on Instagram and might require a cream or prescription when you get home. Party responsibly and you'll return with no regrets.



Eat



There's so many great places to eat in Las Vegas. From local flair to celebrity chefs, life is a buffet and you'll never go hungry again! Brunches abound in Vegas. Don't miss the bottomless mimosas at Hexx, poolside dining at Herringbone, offstrip dining at DW Bistro, and Drag Brunch at Treasure Island.

Nom Nom: The Bronze Cafe, Rose Rabbit Lie, Morimotos, Peppermill, Lotus of Siam, Wolfgang Puck Cucina, Eat, and Giada's



Meet



Grab a quick coffee with old friends, a first date, network, rally, or to talk business.

All the Tea (and Coffee): Sambalatte, Pour Coffeehouse, HRC Third Thursday



Connect



Need assistance or looking to give back? Local charities are the heart of any community.

The Essentials: The Center, AFAN, Sin Sity Sisters, Golden Rainbow, Mondays Dark.

Get Listed

List your business for free in our Las Vegas directory. Visit qlifemedia.com/guide/lasvegas and suggest your business.



Work



With over 6 million convention visitors each year, chances are you come for business as much as you do leisure.

Staff Picks: Enclave, Aria Convention Center, Lambda Business Association



Watch



The City of Entertainment delivers some of the greatest stars in the world. Top residencies, local legends, and one-of-kind productions.

Don't Miss: Gwen Stefani, Jennifer Lopez, Queen + Adam Lambert, Aussie Heat, Opium, Beatles Love, MJ One, Mariah Carey, The Miss Behave Game Show and Diva's Las Vegas.



Shop



High-end designers, outlet malls, neighborhood centers satisfies your retail therapy. Switch is a weekly clothing swap at The Center for transgender individuals.

Checkout: Fashion Show Mall, Forum Shops at Caesars, Town Square, Downtown Summerlin



Play



There's more to Vegas than just gambling. Experience the thrills and breathtaking views that Vegas has to offer.

Must See: High Roller, Bellagio Fountains and Conservatory, Gondola Rides, Volcano at Mirage, Slotzilla Zipline, Sigfried & Roy's Secret Garden, taxi cab roller coaster at NYNY



Michael
Barbieri



Russ
White



Garrett
Pattiani



Explore



Need a break from the neon jungle? Get away to scenic mountain resorts, famous landmarks, outdoor excursions, and LGBT volleyball

Dam Gurl: Hoover Dam, Red Rock, Mt. Charleston, Lake Mead, Nelson's Landing, Sunset Park



Go



McCarran Airport sees over 4 million passengers per month, and once you're here there are plenty of ways to get around. You can't hail a cab from the strip, but limos, rideshares, taxis are all available from hotels.

Sashay Away: The Monorail, exotic car rentals, Lyft, scooter rentals, bike rentals



Stay



Choose from one of our 148,896 hotel rooms! From luxury resorts and casinos to smoke-and-gaming free (and a few pet-friendly) hotels, there's a place for everyone..

Stay Here: Cosmopolitan, Aria, Wynn, Caesars Palace, Vdara, Westgate, Downtown Grand, Palms, Park MGM.



Pamper



Cut it, wax it, shave it, zap it, clip it, scrub it, rub it. Get groomed from head to toe so you can look your best as you explore the city.

Relax, You Got This: #StyleByLyle, Dry Bar, Qua Baths & Spa at Caesars Palace, Bathhouse at The Delano, The Spa at Red Rock, Canyon Ranch.



Prevent



Keep your body and mind healthy with LGBT-friendly healthcare providers. Get tested, get PrEP, work out, find a yoga studio, meditate.

To Health and Back: Huntridge Family Clinic, LVAC, Planet Fitness, Southern Nevada Health District, AAA Wuxin Healing Arts.



Live



Living in Vegas is just like anywhere else. Really. We have gardeners, lawyers, pet sitters, real estate agents, accountants in Vegas, too.

Living! Hydrant Club



Mingle



Whether your hangout is the neighborhood bar, catching a drag show, or poppin' bottles and dancing til the world ends, there's plenty of places to meet your next hookup, husband (or wife). Vegas doesn't have a "gayborhood" and you're just as likely to meet someone at a mega-nightclub as you are the local watering hole. Festivals, circuit parties and LGBT conferences make their way to Vegas every year, too.

Cheers! The Garage, Piranha, The Phoenix, Badlands, Bastille on 3rd, Flex, Charlie's, Omnia, Marquee, Temptation Sundays at Luxor.



The QLife Las Vegas Guide is created in collaboration with Lambda Business Association, the LGBTQ Chamber of Commerce of Southern Nevada. Lambda members receive a business listing on lambdalv.com and a free listing on the QLife Las Vegas directory. Membership information is available online at lambdalv.com



qlife | Los Angeles Guide

Welcome to Glamorous Los Angeles

The epicenter of movies and performing arts, Los Angeles and the surrounding areas are home to the stars. In neighboring West Hollywood you'll find the gayest of neighborhoods south of San Francisco. From pretty boy to leather daddy, you'll also find every ethnicity, age, and gender identity. With easy access to beaches, shopping, and world class dining, there's no shortage of things to do and see for the local or visiting LGBTQ community.



Eat



Fresh organic produce and vegan options abound. From the Santa Monica Farmers Market to fresh seafood off the coast of California, dining options in Los Angeles are endless.

Nom Nom: Wolfgang Puck at Hotel Bel-Air, Hamburger Mary's (West Hollywood and Long Beach), The Abbey, Pump, Redline, Cat Cora's Mesa Burger, Bestia DTLA, Jar, Perch, The Original Pantry Cafe, Roscoe's House of Chicken & Waffles



Meet



Grab a quick coffee with old friends, a first date, network, rally, or to talk business.

All the Tea (and Coffee): Blue Bottle Coffee, The Rooftop at The Standard, Toasted & Roasted



Connect



Need assistance or looking to give back? Local charities are the heart of any community.

The Essentials: Outfest, Trevor Project, Los Angeles LGBT Center, APLA Health, LA Pride

Get Listed

List your business for free in our Los Angeles directory. Visit qlifemedia.com/guide/losangeles and suggest your business.



Work



With over \$400 billion a year in international trade, LA is the #1 customs port in the US.

Staff Picks: DragCon LA, LAGLCC, Los Angeles Convention Center, Los Angeles Small Business Administration



Watch



Home to so many celebrities, it's no wonder why there are so many movie theaters and film festivals in Los Angeles.

Don't Miss: Pantages Theater, Walt Disney Concert Hall, The Hollywood Palladium, Dodger Stadium, Staples Center,



Shop



The fashion center of the West Coast, Los Angeles defines couture. Shopping centers, boutiques, and thrift stores keep you styled head to toe.

Checkout: The Grove, The Garment District, Rodeo Drive, Beverly Center, Out of the Closet



Play



California attractions are LGBT-friendly and family friendly. Look for the new rainbow Mickey ears at Gay Days at Disneyland.

Must See: Disneyland, Universal Studios, Santa Monica Pier, Venice Beach Lifeguard Stand, Hollywood Sign, Grauman's Chinese Theatre, Hollywood Walk of Fame,



Michael Vaccaro



Explore



The weather is always amazing in Southern California. There are plenty of outdoor activities and indoor options.

Get Out: La Brea Tar Pits, Runyon Canyon, Getty Museum, Tom of Findland Foundation, Museum of Tolerance, Griffith Observatory, Los Angeles Zoo & Botanical Garden



Go



Seven regional airports serve the LA area. LAX is the sixth busiest commercial airport in the world and the third busiest in the United States.

Sashay Away: LAX, ONT, SNA, PSP, SBD, BUR, LGB, Motev Limos



Stay



If you can't sleep with the stars, you can at least stay where they've slept. Reserve your nights at historical accommodations and landmark buildings, or rent a one-of-a-kind AirB&B for a taste of local neighborhood flair.

Stay Here: Westin Bonaventure, Beverly Hills Hotel, Maison 140, The Standard,



Pamper



Cut it, wax it, shave it, zap it, clip it, scrub it, rub it. Get groomed from head to toe so you can look be runway ready.

Relax, You Got This: The Ritz-Carlton Spa, Hotel Bel-Air Spa



Prevent



Keep your body and mind healthy with LGBT-friendly healthcare providers. Get tested, get PrEP, work out, find a yoga studio, meditate.

Go To Health: Fired Up Athletics, Crunch, Equinox, Hoorn Chiropractic



Live



With a population of over 10 million in Los Angeles County alone, there's a whole lot of living to do in LA—including LGBTQ weddings and pets, too.

Living! The Sky Room, Villa Del Sol



Mingle



Put down the hookup apps and head to the local bars. Meet someone the old-fashioned way (with an Old Fashioned!)

Cheers! Precinct DTLA, Redline, Faultline,

QR Codes

Scan the QR codes throughout the magazine to jump to the right page on qlifemedia.com.

iPhone or iPad

Open up the Camera app on your iPhone or iPad. Hold the device's camera up to the QR code. Your iOS device will automatically recognize the QR code and provide you with an on-screen notification to open the web page.

Android

Download a QR Code reader from the Google Play Store.





qlife



San Diego Guide

Welcome to Sunny San Diego

San Diego has a diverse, slightly younger LGBT community and with 300 days of sunshine, there is plenty to do outdoors. You'll find gay bars and clubs in North Park, Hillcrest, and University Heights. Stay active while soaking in the sun and landscape strolling the hilly, palm tree-lined streets of Mission Hills or the winding sidewalks of Mission Bay Park. Rugged hills and valleys make for great hiking. San Diego borders Mexico, so bring your passport for those unexpected excursions.



Eat



A traditionally casual beach town, San Diego's foodie scene goes from shirt and shoes required to upscale dining.

Nom Nom: Phil's BBQ, Cafe Coyote, Hodad's Ocean Beach, Urban MO's Bar & Grill, South Beach Bar & Grill, Baja Betty's, Babycakes, The Gossip Grill, Hillcrest Brewing Company



Meet



Grab a quick coffee with old friends, a first date, network, rally, or to talk business.

All the Tea (and Coffee): Industrial Grind Coffee



Connect



Need assistance or looking to give back? Local charities are the heart of any community.

The Essentials: The San Diego LGBT Community Center, San Diego Pride



Work



San Diego is home to the largest concentration of military in the world. Tech and tourism keep the region thriving.

Staff Picks: San Diego Convention Center, Greater San Diego Business Association



Watch



A vibrant art & entertainment scene brings comedians, Broadway, and LGBT-themed productions to town year round.

Don't Miss: Lamb's Player Theater, The Comedy Palace, Diversionary Theatre, Petco Park, La Jolla Playhouse, The Old Globe



Shop



Neighborhood shopping, big box retailers, and outlets provide plenty of retail therapy.

Checkout: Coronado Ferry Landing, Seaport Village, Fashion Valley Shopping Center



Play



California attractions are LGBT-friendly and family friendly. Catch a wave, or sneak off to a clothing optional beach.

Must See: Balboa Park Carousel, Black's Beach, LEGOLAND California, Gaslamp District



Explore



The weather is always amazing in Southern California. There are plenty of outdoor activities and indoor options.

Get Out: San Diego Zoo, Seaworld, Balboa Park, USS Midway Museum, Hillcrest Pride Flag, Mission Trails Regional Park, Mt. Woodson



Prevent



Keep your body and mind healthy with LGBT-friendly healthcare providers. Get tested, get PrEP, work out, find a yoga studio, meditate.

Go To Health: AHF San Diego, Hillcrest Family Health Center, The Center



Go



Ocean to the west and Mexico to the south, you can access San Diego by land, air and sea.

Sashay Away: Mission Bay Park, Atlantis Events



Live



First comes love then comes marriage, then comes the baby carriage (or the furballs)!

Living! Paradise Point, Ascent Real Estate, Camp Run-A-Mutt



Stay



Gay-friendly hotels offer something for everyone. From historic to boutique to bed and breakfast you'll rest and revive between your daytime and nightlife excursions.

Stay Here: Coronado Island, Hillcrest House Bed & Breakfast, Inn at the Park



Mingle



Put down the hookup apps and head to the local bars. Meet someone the old-fashioned way (with an Old Fashioned!)

Cheers! Rich's San Diego, Flicks,



Pamper



Cut it, wax it, shave it, zap it, clip it, scrub it, rub it. Get groomed from head to toe so you can look be runway ready.

Relax, You Got This: Palmer Skin Care, Avalon Laser

QR Codes

Scan the QR codes throughout the magazine to jump to the right page on qlifemedia.com.

iPhone or iPad

Open up the Camera app on your iPhone or iPad. Hold the device's camera up to the QR code. Your iOS device will automatically recognize the QR code and provide you with an on-screen notification to open the web page.

Android

Download a QR Code reader from the Google Play Store.

Get Listed

List your business for free in our San Diego directory. Visit qlifemedia.com/guide/sandiego and suggest your business.





qlife | Pride 2018

REGIONAL

Phoenix Pride.....	April 7-8
Long Beach Pride.....	May 19-20
One City One Pride.....	May 22-Jun 30
Laguna Beach Pride.....	Jun 1-3
Venice Pride.....	Jun 1-3
Albuquerque Pride.....	Jun 9
Los Angeles Pride.....	Jun 9-10
OC Pride.....	Jun 17-24
Flagstaff Pride.....	Jun 23
San Diego Pride.....	Jul 13-15
DTLA PROUD.....	Aug 25-26
Las Vegas Pride.....	Oct 19-21
Palm Springs Pride.....	Nov 3-4

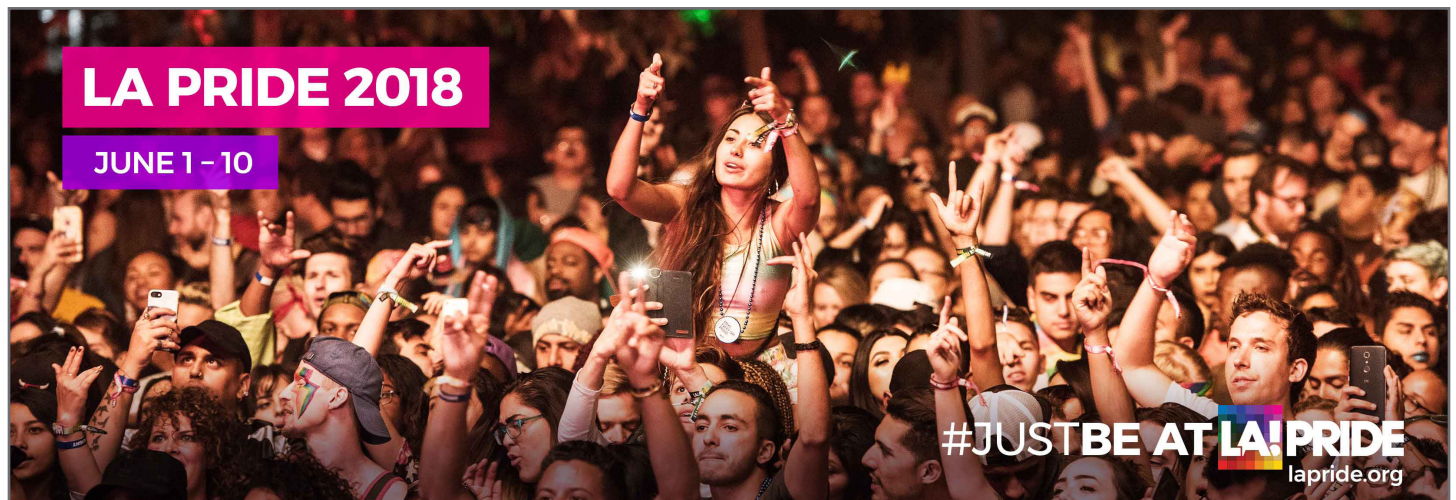
Scan the QR code on this page for a comprehensive list of prides around the world.

DESTINATION PRIDES

P-Town Pride.....	Jun 1-3
Boston Pride.....	Jun 1-10
Key West Pride.....	Jun 6-10
Capital Pride.....	Jun 7-10
New York City Pride.....	Jun 23-24
Provincetown Pride.....	Jul 7-15

INTERNATIONAL PRIDES

Gay Pride Sao Paulo.....	May 4-18
Tokyo Rainbow Pride.....	May 5-6
Puerto Vallarta Pride.....	May 19-20
Tel Aviv Gay Pride.....	Jun 8
Athens Pride.....	Jun 9
Ibiza Gay Pride.....	Jun 13-16
London Pride.....	Jun 22-Jul 7
Amsterdam Pride.....	Jul 28-Aug 5





GWEN STEFANI



Just a Girl

LAS VEGAS

LIVE NATION

Zappos® THEATER
planet hollywood® RESORT & CASINO

ticketmaster®