

THE LGBT VOICE SINCE 1978

JANUARY-2012
QVEGAS.COM

Q VEGAS



THE HEALTH & FITNESS ISSUE

STARRING

FRANK MARINO

DIVAS

LAS VEGAS

ENTOURAGE VEGAS

What happened at entourage... "Never Happened"

THE NEW STEAM ROOM

MONDAY BOYS NIGHT | TUESDAY LIGHTS OUT | WISE WEDNESDAY | THRUST THURSDAY | PACKED HOUSE FRIDAY & SATURDAY
SAUNA | JACUZI | HEATED LAP POOL | WEIGHT ROOM | ALLEY | CYBER CAFE

WINTER SPECIAL: MON-FRI 8AM-4PM \$10 Locker \$22 Room

ENTOURAGE | VEGAS

953 E. SAHARA AVE., STE. A-19 | 702-650-9191

 @GAYBATHHOUSELV

ENTOURAGEVEGAS.COM

IT'S REIGNING WOMEN



Divas

STARRING

FRANK MARINO

AND A CAST OF CELEBRITY FEMALE IMPERSONATORS

FrankMarinosDivas.com

\$25 OFF

Tickets 702.794.3261

SPi Offer Code:
FMQVM25
ENTERTAINMENT
STECK PRODUCTIONS INTERNATIONAL

on VIP and General Admission!
Plus a Free Drink and Souvenir Glass on VIP only.

Redeem this coupon at the Imperial Palace Box Office. Other restrictions may apply. Management reserves all rights. Expires: 12/31/12. Must be 21 or older to gamble. Know When To Stop Before You Start.® Gambling Problem? Call 1-800-522-4700. ©2011, Caesars License Company, LLC. IVI-29

IMPERIAL
PALACE

Earl
presents



MANIAC MONDAZE

EVERY MONDAY 8PM-MIDNIGHT

**1/2 OFF
COCKTAILS
& FOOD**



TEXT "EARLS" TO 69302 FOR INFO
EARLPRESENTS.COM

A portrait of John Eisele, a man with short, dark, wavy hair and blue eyes, wearing a dark suit, a dark shirt, and a red and white striped tie. He is looking directly at the camera with a neutral expression.

ARRESTED?

OUR LAS VEGAS CRIMINAL & DUI
DEFENSE ATTORNEYS CAN HELP

702-DEFENSE

(333-3673)



2300 W. SAHARA AVE. STE 450

LAS VEGAS, NV 89102

MICHAEL L. BECKER, ESQ. - NV BAR 8765

JOHN EISELE

CASE MANAGER | NOT AN ATTORNEY

www.702DEFENSE.com

furniture | M A R K E T

6675 S. EASTERN AVENUE • LAS VEGAS • NV • 89119 • 702.436-3960
WWW.FMVEGAS.COM



FOLLOW US ON FACEBOOK & TWITTER



everything. modern.



Some moments are meant to be shared.



ULTRA LOUNGE *featuring*
PRIVATE *dance* **CABANAS**

6PM MON. - SAT.

NIGHTCLUB

10PM THUR. - SAT.

SEXIEST *Las Vegas* **GAY SCENE**

4636 Wynn Road, Las Vegas, Nevada 89103
Reservations 702-258-2681 VIP@sharenightclub.com
Sharenightclub.com Share Nightclub sharenightclub

SHARE
NIGHTCLUB *and* ULTRA LOUNGE

ABOUT THE COVER:

FRANK MARINO FROM DIVAS LAS VEGAS IS CHANNELING FORMER FITNESS GURU JANE FONDA WITH HIS FABULOUS HIGH KICK IN A PAIR OF RETRO LEG WARMERS!



JANUARY 2012 THE HEALTH & FITNESS ISSUE

COVER



52

GET QUAL
REPEAT DOMA

26

34

40

VEGAS PEEPS

THIS MONTH WE ARE FEATURING 8 INSPIRING PEEPS WHO SPECIALIZE IN HEALTH, BEAUTY, AND WELL-BEING.

2 STEPS FORWARD / 1 STEP BACK

GAY RIGHTS CONTINUES TO MAKE ADVANCES, BUT WITH EVERY VICTORY THERE ARE ALSO INEVITABLE SETBACKS.

TOP 12 FITNESS TIPS FOR 2012

JOSH TRUEX IS A LOCAL TRAINER IN LAS VEGAS. HE BREAKS DOWN HIS VAST KNOWLEDGE OF HEALTH & FITNESS INTO 12 STEPS.

FRANK MARINO by William Bessette

MEET THE STAR OF DIVAS LAS VEGAS AT THE IMPERIAL PALACE. FRANK MARINO HOLDS THE RECORD AS THE LONGEST RUNNING SINGLE HEADLINER STILL STRUTTING HIS STUFF ON THE LAS VEGAS STRIP! CHECK OUT HIS EXCLUSIVE INTERVIEW!

22 DOMESTIC VIOLENCE BY KARIE LINDSAY

24 THE OTHER FRANK(IE) QVEGAS INTERVIEW WITH FRANKIE MARENO

30 GOING ORGANIC BY SHEVELLE CHAMBERS

32 TO YOUR HEALTH BY CHARLES BERAUD

38 FLYING TRAPEZE QVEGAS INTERVIEW WITH ABSINTHE TRAPEZE STAR MAXIME

46 NEW WORKOUT FOR A NEW YOU BY JILL ROTH

55 SHARE NIGHTCLUB BY RICHARD DAVIS

64 A NEW ANGLE ON FITNESS BY JUSTIN J. McCOY

66 VOTE FOR THE SEXIEST OF GAY VEGAS

departments

- 10 EDITOR'S NOTE
- 12 QNEWS
- 16 THE CENTER PAGE
- 17 QTEASE
- 18 THAT'S SO VEGAS
- 28 QMMUNITY TIES
- 37 QTEASE
- 49 QTEASE
- 48 QTEASE
- 50 TOPS & BOTTOMS
- 54 QNIGHTLIFE
- 56 CALENDAR
- 58 YELLOW PAGES
- 61 QMARKET
- 62 DISTRIBUTION
- 63 QTEASE
- 70 LAST WORD

RPM

NIGHTCLUB

SUNDAY, JANUARY 14TH | 9PM

GET YOUR GAME ON

PARTY WITH 3,000 GAY ATHLETES

LIVE PERFORMANCES BY
**FRENCHIE AND
PRINCE POPPY COCK**

ONLY AT

Tropicana
LAS VEGAS



3801 SOUTH LAS VEGAS BLVD • LAS VEGAS, NV 89109 • 702.739.3688 • WWW.TROPLV.COM • 21+ W/ VALID ID

a note from our EDITOR

Happy 2012! I can't think of a better way to start off the new year than with the abundance of health and fitness information that this issue of QVegas contains. It's never too late to start on the path to a healthy lifestyle, and what better excuse do we have than a brand new year to begin that journey? Inside this issue you'll find great tips ranging from healthy food choices to new and exciting ideas for fitness.

Each month we pick a handful of talented and ambitious locals to showcase, and we call them our Vegas Peeps. This month's Peeps (page 53) are experts in health, fitness and wellness, and they've got some really great information to share with you. On page 30 you'll find a great article on the benefits of eating organic foods as well as a list of local establishments to find organic and unprocessed food. Cancer has become the number one killer in the United States with statistics showing 1 out of every 2 people will develop cancer within their lifetime. Eating organic and natural food is crucial to avoiding these statistics.

Our cover model this month is the one and only Frank Marino, a true Las Vegas celebrity. He holds the record as the longest running single headliner on The Strip. If you haven't already seen his amazing show DIVAS Las Vegas at the Imperial Palace, you must. It is absolutely fabulous. Read his fascinating interview and learn about his "unexpected education" (page 34).

On a side note - I would like to say that I am thrilled and honored to be the new editor of QVegas magazine. I started working here exactly one year ago as the creative director. Since then, not only have I put my heart and soul into this magazine, I've also become part of a community that both inspires and motivates me. Working for QVegas has been one of the most rewarding experiences of my life. I've never worked so hard, and I have never been so happy. Through my role as editor, I hope I can give back and inspire my community as much as it has done so for me.

I would love to know what you think about QVegas, and how I can make it even better. Our team here is fantastic, and we are dedicated to giving you a product that you deserve. Email me directly and let me know your thoughts:

Benjamin@QVegas.com

I hope you enjoy our Health & Fitness Issue as much as I enjoyed putting it together.

Benjamin Lemke



HeatherLynnPhotographie.com

WE WANT YOUR FEEDBACK

Do you have something on your mind? Do you have something to say about an article in QVegas or any topic of interest to our readers? Do you have an idea for a future story? We want to hear from you! Simply send an e-mail to Editor@QVegas.com. Letters to the Editor may be printed in a future issue if signed and may be edited for clarity or length..



PUBLISHER

Chris Campbell

EDITOR & CREATIVE DIRECTOR

Benjamin Lemke

EXECUTIVE DIRECTOR OF OPERATIONS & TV/ENTERTAINMENT PERSONALITY

Steve Erics

IT/ WEB MANAGER

Janise "Noah" Henderson

ADVERTISING EXECUTIVE

Chris Miller

COPY EDITOR

Daniel Hanna

CONTRIBUTORS

Richard Davis

Charles Béraud

William Bessette

Jill Roth

Shevelle Chambers

Justin J. McCoy

Josh Truex

Karie Lindsay

Rev. Bill Morin

Justin Bistodeau

CJ Sturgis

© 2012 Southwest LGBT Media Inc.
All Rights Reserved. Printed in U.S.A.

6000 S. Eastern Ave., Ste. 4E
Las Vegas, NV 89119
Phone 702-650-0636
Fax 702-650-0641
E-mail Editor@QVegas.com

Letters to the editor may be submitted to the above address and will only be considered for publication if signed. We reserve the right to edit for grammar, length and libel. Opinions expressed are not necessarily those of the publisher or staff. No part of QVegas, including stories, artwork, advertising or photos may be reproduced without written permission. QVegas is published monthly. QVegas will not accept advertising which is found to violate local, state or federal law. Call 702-650-0636 for rates. Ask your advertising executive for a publication schedule. The appearance of any person, business or organization in this publication, by name, advertisement or photograph, is not an indication of sexual orientation. QVegas is an Equal Opportunity Employer and does not discriminate based on race, sex, color, religion, creed, national origin, disability, sexual orientation or gender identity. We support the Employment Non-Discrimination Act (ENDA). Employment queries may be directed to HR@QVegas.com.

NATIONAL ADVERTISING REPRESENTATIVE

Rivendell Media • 1248 Route 22 West
Mountainside, NJ 07092
Phone 212-242-6863



QVEGAS.com

EVERYTHING GAY LAS VEGAS

LAN AIRLINES LGBT TRAVEL

LAN Airlines announced the launch of its new LGBT travel website dedicated specifically to gay and lesbian travelers. The airline's new dedicated LGBT site, found at www.LANdiversity.com, showcases the diversity found throughout South America, and is a one-stop-shop resource for LGBT travel to South America.

LAN's new LGBT microsite features a host of information and resources for the prospective traveler to South America. It includes detailed descriptions of key South American destinations with information of interest to gay and lesbian travelers. The site also features recent LGBT-related news pertaining to countries throughout South America, as well as events of interest to gay and lesbian travelers to South America, including trips from leading LGBT tour operators. ▼

ASPEN 2012 GAYSKI WEEK

ASPEN GAY SKI WEEK

The nation's largest and oldest gay ski event will celebrate its 35th anniversary January 15-22, 2011, along with presenting sponsor Bud Light. This year, proceeds from the event will benefit GLSEN (the Gay, Lesbian and Straight Education Network), the Trevor Project, the Point Foundation, and the local program TEACH (Teachers Empowering Agents of Change), the Western Colorado AIDS Project, the Gender Identity Center of Colorado, as well as local schools of the Roaring Fork Valley.

"There is something for everyone at Aspen Gay Ski Week, even for the non-skier," said Gonzales. "Aspen offers visitors world-renowned restaurants,

indulgent spas and first class shopping. We are pulling out all the stops for this big anniversary, continuing to be the premier GLBT winter travel event." To learn more about Aspen Gay Ski Week and to purchase event passes visit www.gayskiweek.com. ■

CAESARS ENTERTAINMENT DEDICATED TO DIVERSITY



Caesars Entertainment Corporation was recognized as one of the top 2012 Diversity Leaders by Profiles in Diversity Journal for its innovation, communication and dedication to diversity and inclusion practices.



VISIT QVEGAS.COM FOR MORE GAY NEWS

Participating companies are evaluated annually on the effectiveness of their internal and external communication channels with their employees, customers, partners and the public. This year, Caesars Entertainment was awarded for its innovative and tactical approach to diversity, along with sixty organizations worldwide. "We are honored to be listed among this year's top diversity companies," said Fred Keeton, Vice President of Finance, External Affairs and Chief Diversity Officer. "At Caesars, we pride ourselves on looking beyond traditional diversity, leveraging cognitive diversity and translating that to positive business outcomes." ■

THE DINAH FEATURES RISING STARS



What do Lady GaGa, Ke\$ha, Dev, Katy Perry, The Pussycat Dolls and Colbie Caillat (among others) have in common? Besides the fact that they're all international mega-superstars, they're also first and foremost Club Skirts alumni, and chances are, you've all discovered them first at The Dinah.

Carrying on its solid unique reputation for spotting and booking breakthrough artists on the verge of becoming music's next new big sensation, The Dinah - the largest girl party music festival in the world - brings you this year again five of the fastest-rising artists to keep your eyes on!

Meet Anjulie, Meital, Rye Rye, Porcelain Black and Daniela Brooker, the RISING STARS of tomorrow, who will all exclusively, for this one time only, perform under one roof! Already stepping to the forefront of the pop/dance music circuit, these "Fab Fives" are securely carving their way towards success.

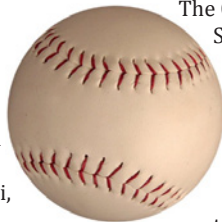
For more information about the Pool Parties and Live performances and/or to purchase tickets go to: www.TheDinah.com ■

oliviaTM

OLIVIA LESBIAN CRUISE

Biggest Lesbian Cruises Ever - Olivia Travel Celebrates 40 Years of Travel and Entertainment with two 2100-passenger Southern Caribbean Cruises and the Biggest Lineup in its History. Guests vacationing on Olivia Travel's 40th Anniversary Caribbean Cruises on January 27 - February 3, 2013 and February 3-10, 2013 will be celebrating their culture and their community onboard the largest lesbian cruises to set sail yet. There will be two back-to-back Southern Caribbean Cruises departing Ft. Lauderdale to celebrate this momentous occasion. These are much anticipated cruises, and before Olivia could announce these landmark sailings to the public, the first ship of 2,100 passengers was 90% sold out. For more information visit QVegas.com ■

SIN CITY SHOOTOUT SPORTS FESTIVAL



The Greater Los Angeles Softball Association is in Vegas for its 5th year as the Sin City Shootout Sports Festival. This year more than 4,000 LGBT athletes will come together to play at what has become the

largest sports festival in the country. The festival started as a softball tournament but this year Eric Ryan, Tournament Director, has introduced bodybuilding, wrestling, basketball and tennis to the festival. The Shootout will be held January 12-15 with sports events by day, and party events by night, with a farewell party at the new RPM Night Club at the Tropicana Hotel. The night kicks off at 9:30 p.m. with a performance by Prince Poppycock from 'Americas Got Talent' and is capped off with Frenchie Davis from American Idol & The Voice performing later in the evening. The first 200 Sin City participants with a Tournament Wristband in the door receive a free shotglass and for those not staying at the Tropicana Las Vegas, a shuttle is provided from Planet Hollywood valet. For more information on Sin City Shootout, visit QVegas.com for registration, hotel and car rental. ■

BITCHES BE CRAZY. GET 'EM SPAYED.

prices starting at \$30!

call (702) 384-3333 x137 to make an appointment
at our low-cost spay & neuter clinic



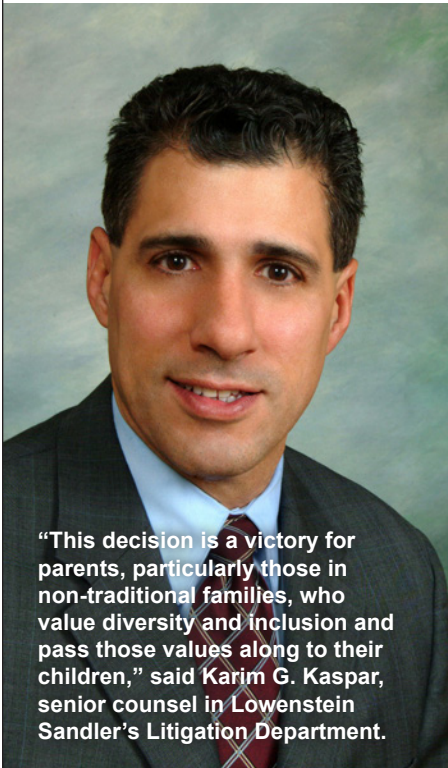
animalfoundation.com



SAME SEX PARENTS WIN IN COURT

In a landmark victory for same-sex parents, Lowenstein Sandler successfully represented a gay interracial couple seeking custody of their twin daughters. The fathers, who were married in California and joined in a civil union in New Jersey, had long desired to be parents and created embryos using the eggs of an anonymous donor. The sister of the non-biological father agreed to carry the pregnancy. After giving birth, she challenged the fathers' right to primary custody of the children. In a fifteen-page decision issued on December 13, the court granted the biological father sole legal and physical custody of the couple's daughters, now five years old, emphasizing the importance of their commitment to their children's well-being and their values of tolerance and inclusion.

"This decision is a victory for parents, particularly those in non-traditional families, who value diversity and inclusion and pass those values along to their children," said Karim G. Kaspar, senior counsel in Lowenstein Sandler's Litigation Department. For more information visit QVegas.com ■



"This decision is a victory for parents, particularly those in non-traditional families, who value diversity and inclusion and pass those values along to their children," said Karim G. Kaspar, senior counsel in Lowenstein Sandler's Litigation Department.

STONEWALL DEMOCRATS CAUCUS TRAINING

Stonewall Democrats to Co-Host Caucus Training Wednesday, January 11th, 2012. Have you ever wanted to attend a Democratic National Convention as a delegate? Want to get more involved in electing Pro-Equality Democrats to represent our community? Here's a chance to find out how! Stonewall Democrats and the Nevada State Democratic Party are co-hosting a special caucus training session on Wednesday, January 11th, 2012 at the state party Head Quarters 1210 S Valley View Bl Suite # 114 89102 from 6pm - 8pm. You must be a registered Democrat who will at least 18 yrs old by November 6, 2012. Free to attend. For more information www.nevadastonewalldemocrats.com or call Derek Washington 702-576-4978 ■



FALLEN GUARDIAN ANGELS ▶

Pulitzer nominated play "Fallen Guardian Angels" by Las Vegas playwright Edward D Padilla became the Official Play of World AIDS Day earlier in 2011 as voted by the World Health Organization in Amsterdam. 2,183 different production companies worldwide, including a large percentage of high schools, mounted benefits of "Fallen Guardian Angels" for their local HIV/AIDS organizations, raising a staggering \$52,159,021.00 over a three-weekend period. The shows performed on each of the seven continents and, during December 1st through 4th, ran constantly for over 96 hours. The Las Vegas production benefited Golden Rainbow. Plans are already underway to surpass 2011's event. ■





TEASE



3RD THURSDAY
HOLIDAY GRINCH
@ URBANGRILL
DEC 15





The Gay & Lesbian Center of Southern Nevada

HAPPY NEW YEAR!

A new year is upon us. As we look back on the year that was, we can't but face the future with enthusiasm. More than ever, The Center continues to be a place members of our community turn to for support and services. Our fundraising events have yielded best ever results – including the well-attended ARTrageous Vegas! which has grown in leaps and bounds in its second year and our Honorarium which, for 17 years now, has given us an opportunity to celebrate local heroes and continue to raise the funds vital to our operations. More telling is the sustained support by our community of events created for our clients, from our very successful Youth Prom to our Thanksgiving event, all made possible thanks to the generous support of our sponsors, volunteers and community partners.

This New Year will come with its share of challenges, of course, but also with great rewards: the privilege of being part of a community focused on bettering the lives of all its constituents and the satisfaction of knowing that we make a true difference in peoples' lives. Thank you for all that you do in support of The Center. We wish you and your loved ones nothing but the very best in the New Year.

Social and Support Group of the Month: Trans.lation

Built upon the concept of celebrating people of all gender identities and expressions, Trans.lation – which celebrated its 3 year anniversary in December - provides support and community-building opportunities for transgender people and their loved ones of all ages. The Center has long seen gaps in services for the Southern Nevada transgender community. Trans.lation was developed in response to this pressing need and continues to provide much-needed support and visibility to the transgender and gender non-conforming members of our community. Fridays, 5:30-6:30 pm.

RagTag Entertainment performances benefiting The Center

Through the entire month of January, RagTag Entertainment will be donating the proceeds of its Tuesday night shows at the Ovation Showroom at Green Valley Ranch to The Center. First up, Leading Ladies: A Celebration of Women in Music, showcasing some of the most stunning voices of the Las Vegas stage. January 3rd, 10th and 17th at 8 p.m. Tickets only \$10.00. The remaining Tuesdays (24th and 31st) RagTag will present Putting It Together, a musical revue showcasing the work of the brilliant Stephen Sondheim. According to Andrew Wright, Founder and Executive Director of RagTag Entertainment, The Center "does such vital work in the community that it was an obvious choice for us when choosing the first organization to support in 2012. Leading Ladies and Putting It Together is our way of putting our best foot forward in support of them and I look for other future opportunities to support The Center not only with benefit performances but with programmatic components as part of RagTag's arts education programs."

Opening New Doors: The journey to our new home is well underway

At the Honorarium this past November, we announced the ambitious capital campaign for the purchase and renovations of our new home. Many generously heeded our call and thus far, close to two million dollars has been raised to that end. Corporations and individuals alike pledged their support during this initial phase of the campaign, many of them at the Honorarium, making for a momentous and very moving event as many took this opportunity to express why The Center was important to them; more than a few of them testifying of their admiration for our Lifetime Achievement Award recipient, Bob Forbuss. The building The Center will call home will carry his name. ■



A RAINBOW OF CUISINES:

**Greek, Italian, Persian,
Indian, Middle Eastern
& Vegetarian Cuisine.**

*"The BEST restaurant for
casual dining in Las Vegas"*

*"Always a loyal supporter
of the LGBT community"*

Donald Pile and Ray Williams, Award-
Winning Celebrity Travel Columnists

"Best Greek" "Best Middle Eastern"

"Best Vegetarian" "Best Power Lunch"

*"Best Independently Owned
Restaurant" - City Life*

Patio Dining available at both
café locations. Open 7 days.

8380 W. Sahara
4147 S. Maryland Pkwy.
www.paymons.com
www.hookahlounge.com

731-6030



Q TEASE



POWER OF 20
REVOLUTION LOUNGE
NOV 20



VEGAS

Tidbits from The Strip and beyond

THAT'S SO

FIRST FRIDAY

First Friday Las Vegas will change to winter hours, 5pm - 11pm for the January, February and March festivals. In the Arts District location, new art tents and a music stage will now extend south on 3rd Street from the intersection of Colorado. The Fremont East street art fair will now take place in the space behind Downtown Cocktail Room and Beauty Bar, between Las Vegas Blvd. and 6th Street.

"With our expansion we're looking to bring in an even wider range of artists and vendors - from different styles of art and new food items to entertainers - there is a place for everyone at First Friday and we want to give them the opportunity to showcase their talents," said First Friday Las Vegas Managing Partner Joey Vanas.

For more information and continuous updates on First Friday Las Vegas, please visit www.firstfridaylasvegas.com or the event's Facebook page: www.facebook.com/firstfridaylasvegas ■

HYDE LOUNGE BELLAGIO

Hyde Lounge Bellagio is the first nightlife venture in Las Vegas by renowned hospitality leader, sbe, and visionary design icon Philippe Starck with Gulla Jonsdottir of G+ Design. Boasting a seamless 12,000-square-foot indoor/outdoor space and floor-to-ceiling windows, Hyde features an expansive terrace that showcases Las Vegas' most celebrated landmark, the Fountains of Bellagio.

The mystery of Hyde Lounge Bellagio begins with an opulent Italian villa lost centuries ago, filled with the worldly treasures of a famed Renaissance artist and complemented by Italian marbles, reclaimed woods, lavish chandeliers and towering glass doors that led to a secluded Tuscan Garden. Rediscovered as Hyde Lounge Bellagio, the villa has been artfully brought back to life by Starck and Jonsdottir. ■

MISS NEVADA USA

The Miss Nevada USA Pageant Organization is proud to announce the addition of model and media darling, Shanna Moakler and Las Vegas radio personality Chet Buchannan as co-hosts of this year's Miss Nevada USA competition. The pageant will be held at the Pearl in the Palms Casino Resort, Las Vegas on January 29, 2012 and feature a live webcast, celebrity panel of judges and an interactive iPod application.

Also lending his talent to this year's production is Dancing with the Stars professional Tony Dovoloni, who will be choreographing the entire show, including various dances for the contestants. The Miss Nevada USA pageant consists of approximately 30-40 women in its preliminary stages. The winner will go on to represent the state of Nevada in the nationally televised Miss USA Pageant in June 2012, and host a speaking tour where she can continue to inspire and educate young women all over the country. ■



EVIL DEAD THE MUSICAL @ ONYX

Evil Dead The Musical is back for a limited four weekend run. That's eight performances to get the "groovy" on! The show is returning with all the camp, all the excitement, all the energy and an expanded splatter zone!

For those who don't know, this hilarious live stage show takes all the elements of the cult classic horror films, Evil Dead 1, Evil Dead 2, and Army of Darkness then combines them to make one of the craziest theatrical experiences of all time. For more information visit onyxtheatre.com ■



DOTTIE-DO IS GOING GREEN

Las Vegas local Dottie-Do is combining her creative skills with her passion for "going green". She'll take your trash and turn it into treasure. What she really needs is her own reality show! To inquire about Dottie Do's services call: 702-823-5120 ■

POP UP WEDDING CHAPEL

Situated in the heart of the Las Vegas Strip, The Pop-Up Wedding Chapel at The Cosmopolitan of Las Vegas will offer visitors and locals alike a twist on the classic Sin City wedding. Whether the betrothed are seeking a traditional marriage, vow renewal, commitment ceremony, pet wedding or a faux-wedding, all are welcome at the chapel. The wedding chapel's unrivalled street level location also gives passersby the chance to partake in the festivities.

Three package options are available, Hitched In a Hurry, On a Whim and Going to the Chapel. The wedding chapel opens December 28. For more information please call 702-698-7640 or visit cosmopolitanlasvegas.com. ■

THE SMITH CENTER MILESTONE

The Smith Center for the Performing Arts reached an exciting milestone as the 10,000th Broadway Las Vegas season subscription was sold. The Smith Center aimed to have 50 percent of all available seats purchased by season ticket subscribers by the time the season begins in March, which is the general industry standard. As of December, The Smith Center has exceeded that goal and sold 63 percent of all available tickets, with three months left before the performing arts center is scheduled to open its doors.

"We are extremely pleased at our community's response to the inaugural Broadway Las Vegas series," says Myron Martin, president and CEO of The Smith Center. "In a time of economic uncertainty in Southern Nevada, this achievement demonstrates that The Smith Center is fulfilling a strong need for world-class performing arts in Las Vegas." For more information on "Design Your Own Series" visit thesmithcenter.com ■



It's my wedding anniversary today and I'm 6000 miles away from my partner, sitting in an English café. Being all alone and so far away is making me especially wistful about these last three years since we were legally married in California.

I had to be cajoled into getting married. Not the commitment and love thing – I was clear on that – I balked at marriage itself. First, I had to tease out my motivations: was it the universal human urge to engage in an ancient rite or was it the sudden excitement around this new opportunity? Even though we got "equal" marriage rights in California, it was still so different for us. Most straight people will never know what it's like to have spent their lives being excluded from full marriage, then to have that change instantly one day – and then to learn within days that marriage might be snatched away again if you don't marry before election day. Oh, this was definitely not like traditional marriage.

The other issue I faced was whether I even supported this institution to begin with. Unlike my partner, who is a old-fashioned Midwestern gal, I grew up a counterculture hippy child in L.A. – very Birkenstocks and rainbow toe socks. Even before I knew I was a lesbian, the idea of a virginal white dress and a ken doll husband at the alter made no conceptual sense. My childhood fantasy husband was a fellow Peace Corps doctor, sharing a tent with me in Africa while we saved the world together. Later, when I became a politically minded lesbian, I most definitely couldn't get behind any ritual that involved someone being given away. Ick.

But fantasy always cedes to reality, and the universe must have had a good chuckle as I tried to explain all this to my common-sensical girlfriend. To her, marriage was marriage. If you don't want the white dress, don't wear one. Do you want to get married or not?

In a nice turn, my old politics helped me say yes in the end. I decided that my marriage would not be dictated by anyone else's history or tradition. We would, by our very choice to marry, make it our own. It meant – of course as it should mean for anyone – that I wanted to declare Traci as my family. I also knew that marriage meant something to her that no amount of political lip-flapping from me would change. That probably should have been enough for me, but I'm pig-headed this way.

We married just before the November election, which then put the whole thing in limbo, and my attitudes shifted almost instantly about this complicated institution. When I finally said "I do," I was in – fully and deeply. I was now ready to beat up anyone who was going to take my marriage away and leave us the decidedly less resonant "domestic partnership" as a consolation prize. I really did have the feeling that in marrying the woman I loved, and despite myself, I'd fallen into a fundamentally human state, one that far precedes the bizarre economic aspects of marriage, or all those questionable gender ideas it's been laden with along the way. So what does marriage really mean versus domestic partnership? In California there is almost no difference under the law (other places

are different). Then it just comes down to a name, I'm told – which is what the other side has argued in court repeatedly, as if to say, "What are you complaining about? You've got it all except for the silly issue of a name." My response to the anti-same-sex marriage folks is, "Good, then, you try domestic partnership on for size." I must also point out that separate-but-equal is officially not an American operating principle, as declared by the Supreme Court in 1954, thank you very much.

Now let me put the politics and law aside for a moment. The deal is that it matters to step into something that humans have been doing since they learned to use words. It matters that when I say we're married to someone I meet they know exactly what that means on an emotional, familial level, even if the legal stuff is head-spinningly confusing right now. It matters that marriage is the highest public bond between two people that we know of, and that my partner and I have declared, to our family, friends, and – courtesy of the county registrar – to our community, that we, joyfully and with full awareness of its obligations, have entered this bond with each other. Take that, domestic partnership.

Three years in, my marriage is strong and becomes more beautiful every day. We have our spats, our weight gain (why, why, why?), our cats and dogs (we're lesbians after all), but as I sit here today, so far from my home, there is only one thing I want: for my beloved to be here, with me. Marriage is not a prerequisite for this desire, but it still means more to me than I ever understood before. ■

\$99

Weekends \$129

Through January 31, 2012
(Holidays Excluded)



INNdulge
PALM SPRINGS

1-800-833-5675

24 Poolside Rooms
Continental Breakfast
24-Hr Pool & Jacuzzi
Property-wide Wifi
On Site Gym

www.INNdulge.com
601 Grenfall Road
Palm Springs CA 92264
760.327.1408
In The Heart of Warm Sands



Clothing Is Forever Optional



the
Piper Lily
FLOWER SHOP

Your local full-service florist.
Call 24 hours a day or visit us on the web at
WeSendEmotions.com

702-737-7077 or 1-800-805-9052

Blue Moon

HOTEL FOR MEN • LAS VEGAS

for when "gay friendly"
doesn't cut it!



Opening Soon!
Commando Wax

Skin Care for Men

Waxing - Eyebrow Shaping - Facials
and More!

45 Rooms & Suites
Private Pool Compound
Jacuzzi Grotto
Steam Room
Free Breakfast
Free Wifi
Free BBQ Every Sunday
Just Blocks to the Strip!
Day Passes Available

2651 Westwood Drive, Las Vegas, NV 89109 - 866-798-9194 - BlueMoonLasVegas.com



KISS WITH CONFIDENCE

m o d e r n d e n t i s t r y

- SMILE MAKEOVERS
- FULL MOUTH RECONSTRUCTION
- PORCELAIN VENEERS

COME SEE ME
SO YOU CAN
DO THIS!



dr | **AZIMI** | DDS

modern dentistry. downtown las vegas.

CALL TODAY TO SCHEDULE A CONSULTATION • 702-759-0005
820 SOUTH 7TH STREET • STE. C & D • LAS VEGAS, NV 89101 • WWW.DRAZIMI.COM

Which century would
you like to spend the
weekend in?



It should come as no surprise that mid-century modern abounds in Palm Springs. Frank and the boys, after all, spent a good deal of their time here escaping the rest of the world. You'll find mid-century tours. Mid-century vacation home rentals. Mid-century motels. Naturally, you'll also find any number of other decades as well, from romantic old adobes to 21st century resorts. All ready and waiting for you and yours. Come take your pick.



Like no place else.™

Direct flights to Palm Springs.

VisitGayPalmSprings.com

Domestic VIOLENCE

by Karie Lindsay

We all reacted with horror when the news reports informed us that a young popular bartender, Phil Wells, was shot at his workplace more than 15 times by his ex-boyfriend, Tracy Kauffman. Kauffman, who Wells described as jealous, tracked Wells down in Las Vegas from thousands of miles away.

This awful tragedy appears to be an example of the increasing domestic violence in our society. In fact, two out of five LGBT relationships involve some form of domestic violence. These forms consist of physical, sexual, and emotional abuse, and can be catastrophic to the one being abused.

How do you know if your relationship is or has the potential to become abusive? Below are some signs that you may be in an abusive relationship:

- Your partner obsessively wants to know where you are, who you are with, and exhibits extreme jealousy
- Your partner hits, pushes, or holds you down
- Your partner demeans or disrespects you
- Your partner makes you feel like you have to walk on eggshells
- Your partner has threatened to "out you" to others

How does a relationship evolve into one partner having control and power over the other? Dr. Lenore Walker, domestic violence expert, describes this dynamic as the "Cycle of Abuse." The first phase finds the abuser becoming increasingly tense and angry. Phase two is when the actual abuse happens and phase three is the reconciliation of the partners with apologies, excuses, and blaming the victim for the abuse. Finally, phase four is when the honeymoon stage returns to the relationship and the abuse is "forgotten." In the cycle of abuse, phase one quickly returns and the pattern repeats.

If you find yourself in the cycle of abuse, what should you do? Remember this acronym and put it to work for you: **B.E.S.T.**

B - BE BRAVE: Reclaim your self-esteem and self-worth.

E- ESCAPE THE SITUATION: Have a plan of where you are going, when you are going, save money before you go, contact community resources for help in getting out and getting safe.

S- SAFETY: When you leave, you are in the most danger from your abuser. Be sure to take proper safety precautions.

T- TALK: Talking to your friends, family, therapist, or doctor can give the support network you need. Tell the truth about what has been going on in your relationship.

**You are not alone. Clark County's Domestic Violence
Hotline: (702) 646-4981**

INTRODUCING AFAN'S NEWEST PROGRAM FOR KIDS AFFECTED BY HIV/AIDS

Featuring monthly activities to help enrich the lives of AFAN kids.

Activities already scheduled:

Holiday parties | Winter & Summer camp at Big Bear | Ice Skating
Summer Soccer Camp | Movies & Museums | & so much more!



Sponsor a kid today

contact Irene del Rosario 702-383-8095

or Irene@afanlv.org

www.AfanLV.org





the other FRANK(IE)

It's ironic that the month QVegas features the amazing Frank Marino from DIVAS Las Vegas as our cover story, we also have the opportunity to review and showcase the equally talented (and completely unrelated) Frankie Moreno. While the only thing these two have in common are their names (and the fact that they both have their own headlining show on the Strip) we highly recommend that you see both!

The Stratosphere Casino Hotel & Tower was excited mid November to announce the signing of singer and songwriter Frankie Moreno as its new headlining act in the Stratosphere Theater. Moreno's ten-piece band will perform three nights a week. "Frankie is a rising star and everyone who sees him is blown away by his talent," said Paul Hobson, Stratosphere Casino Hotel & Tower General Manager. "With all the great changes and renovations we've made, this is the next step for us in elevating our guests' experience."

QVegas was invited to go backstage with Frankie before one of his shows, where we got a chance to see what he is all about. Right off the bat we were offered some shots, which were greatly appreciated! We sat down with Frankie and he explained how passionate he and his band are about their music, and performing live on the strip. "It's always been a dream of mine to headline a Las Vegas showroom," said Moreno. "Our show is a bit of a throwback to the kinds of performances that made Vegas showrooms famous, but we keep a modern vibe." Frankie invites the LGBT community to come and experience his show, "It's a party and you're invited!" he said as he poured us another shot. Frankie also mentioned that he loves the fact that his name (with the exception of a few vowels) is identical to the one and only Frank Marino of DIVAS Las Vegas. "I always get asked if I'm Joan Rivers!" he said.

After QVegas' heart to heart with Frankie, we were invited front row to his show where we were quickly blown away by Moreno's raw talent. Not only is he a madman on the piano, he is also a master of the guitar and harmonica. One of the show-stopping moments is a harmonica solo where Frankie channels an electrifying deep south vibe. Another highlight worth mentioning is the talent of his band, which includes his brother Tony Moreno, on the bass guitar. It's obvious that this group has a great working chemistry, as it comes through in every song.

Frankie Moreno's style is a fun mix of Sinatra, Elvis, Ray Charles, and Michael Buble. It's exactly what the strip is missing, and we would be remiss to exclude that Moreno's boyish good looks are a sizzling bonus to his show! ■ -QVEGAS



Marc Paulus/Stratosphere Casino Hotel Tower © 2011

"Frankie is a rising star and everyone who sees him is blown away by his talent."

Moreno and his band perform three nights a week in the Stratosphere Theater. His Wednesday, Friday and Saturday nights begin at 8pm. Tickets are \$29.99, plus tax. Las Vegas locals and Stratosphere hotel guests can see the show for only \$19.99, plus tax. For ticket information, please call 800-99-TOWER (800-998-6937). The show is for adults 21 and older.

project RED DRESS



Photography by Shane O'Neal
Layout by JIV Design

FEBRUARY 25, 2012
WORLD MARKET CENTER
sinsitysisters.org

VIP tickets \$50 8pm to 10pm
Main tickets \$30 10pm to 2am



2 STEPS FORWARD...

The Department of Veterans Affairs observed World AIDS Day on Thursday, Dec. 1st. Veterans Affairs is the largest provider of care in the country to those living with HIV, serving more than 24,000 Veterans with the infection. The VA is one of the lead federal agencies implementing the National HIV/AIDS Strategy to strengthen and coordinate a national response to the domestic HIV/AIDS epidemic.

The National Center for Lesbian Rights announced that its Federal Policy Director, Maya Rupert has been named one of this year's 100 most notable people by Ebony Magazine, the nation's premier black magazine.

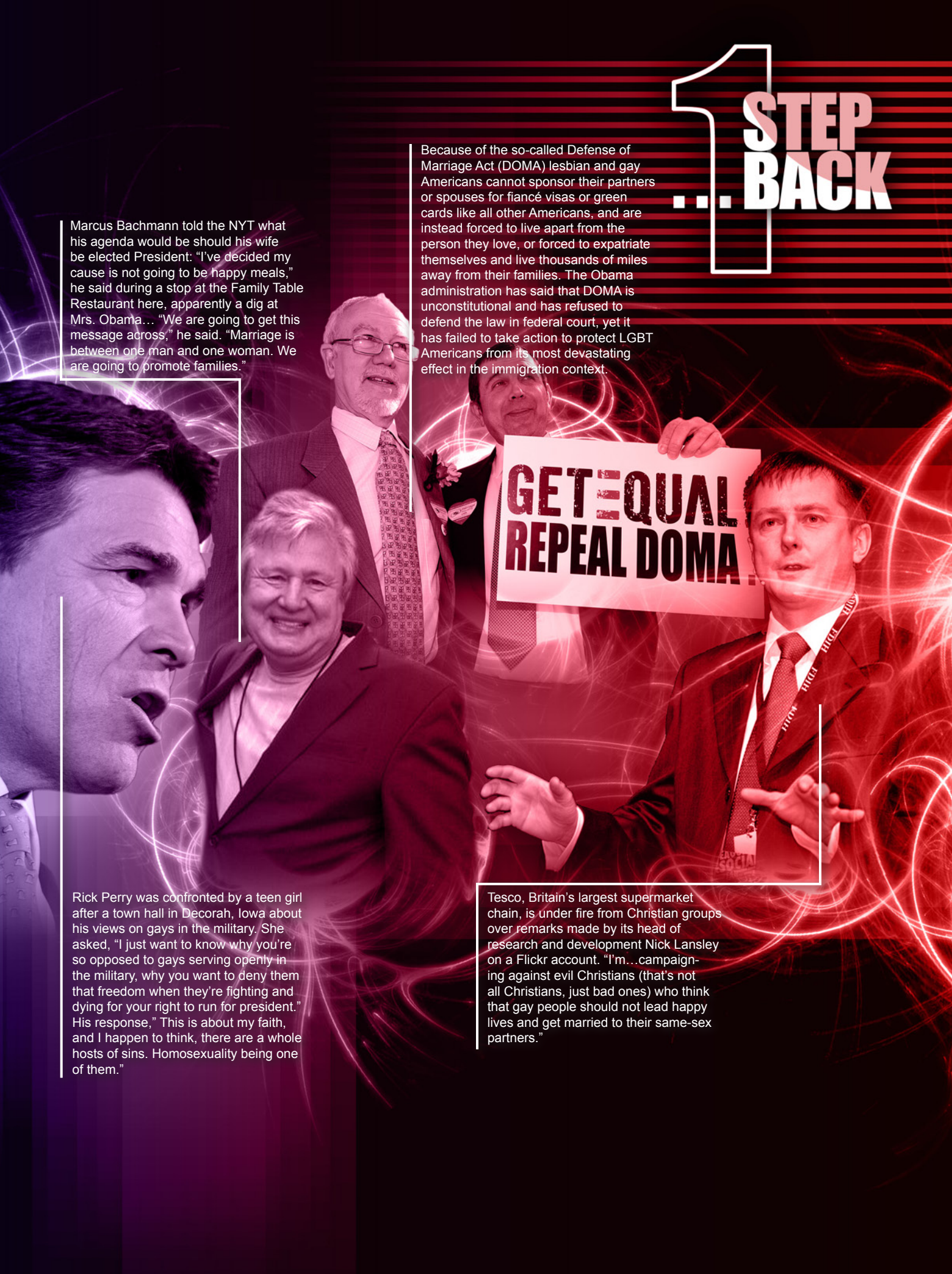
Mark Cuban, the gay-friendly owner of the Dallas Mavericks, told TMZ recently that he believes the NBA will see an openly gay player before the league sees a female head coach.

Gay Marriage healthy - A research team comprised of six doctors arrived at this conclusion after tracking the visits of 1,211 gay people to a large community health clinic in Massachusetts for 12 months before and 12 months after gay marriage was legalized in that state. After marriage was legalized, they found that gay people visited the clinic less often, and with less costly ailments, than they had before.

1 STEP BACK

Marcus Bachmann told the NYT what his agenda would be should his wife be elected President: "I've decided my cause is not going to be happy meals," he said during a stop at the Family Table Restaurant here, apparently a dig at Mrs. Obama... "We are going to get this message across," he said. "Marriage is between one man and one woman. We are going to promote families."

Because of the so-called Defense of Marriage Act (DOMA) lesbian and gay Americans cannot sponsor their partners or spouses for fiancé visas or green cards like all other Americans, and are instead forced to live apart from the person they love, or forced to expatriate themselves and live thousands of miles away from their families. The Obama administration has said that DOMA is unconstitutional and has refused to defend the law in federal court, yet it has failed to take action to protect LGBT Americans from its most devastating effect in the immigration context.



GET EQUAL
REPEAL DOMA

Rick Perry was confronted by a teen girl after a town hall in Decorah, Iowa about his views on gays in the military. She asked, "I just want to know why you're so opposed to gays serving openly in the military, why you want to deny them that freedom when they're fighting and dying for your right to run for president." His response, "This is about my faith, and I happen to think, there are a whole hosts of sins. Homosexuality being one of them."

Tesco, Britain's largest supermarket chain, is under fire from Christian groups over remarks made by its head of research and development Nick Lansley on a Flickr account. "I'm...campaigning against evil Christians (that's not all Christians, just bad ones) who think that gay people should not lead happy lives and get married to their same-sex partners."



this page is proudly
Sponsored by

**WELLS
FARGO**

COMMUNITY TIES



SIN SITY SISTERS RED DRESS

Saturday, February 25th, the Sin Sity Sisters are getting all dressed up in red for their annual Red Dress fundraising event to support AIDS Drug Assistance Program. Project Red Dress will be held at World Market Center again this year, and not a single person gets into the doors without wearing a red dress. No cheating is permitted, but for those who don't have a dress in their closet, the Sisters are bringing the closet to the event. For more event details visit QVegas.com ■



GOLDEN RAINBOW & M-A-C

Golden Rainbow received a \$25,000 grant from M-A-C Cosmetics' M-A-C AIDS Fund for 2012. The donation will be used to support the organization's Affordable Housing Program. The Affordable Housing Program is designed for people living with HIV/AIDS in Southern Nevada who would otherwise have no place to call home. We have been offering permanent housing specifically for people affected by HIV/AIDS in Southern Nevada for 25 years and currently own eight two-bedroom apartment units, one three-bedroom house and one

two-bedroom townhome. All units are fully-furnished by Golden Rainbow and tenants are responsible for a discounted monthly rent equal to 30 percent of their income. The program's housing facilities are designed to be a place where residents can feel safe and at home, living a normal life while maintaining steep medical bills.

M-A-C AIDS Fund is supported by the cosmetic brand's VIVA GLAM lipstick line. Each VIVA GLAM product sells for \$14.50, and 100 percent of the proceeds directly benefit its AIDS fund. Over the past 15 years, the project has raised more than \$228 million in the fight against HIV/AIDS. For more information on M-A-C AIDS Fund, please visit www.macaidsfund.org ■

AFAN - EVERY PIGGY COUNTS

Their mission in the HIV/AIDS community of Nevada is simple, yet essentially important. Adopt a 5" ceramic piggy bank and put it in a visible place - they love attention. Fatten it up with coins - paper money is yummy too, and once a month look for special piggy herding events to attend and empty that fat belly.

Have a little one? AFAN is now personalizing itty-bitty piggies to help kiddos learn the true meaning of fundraising. We are encouraging parents with children ages 9 and younger to purchase personalized baby piggies to teach our little leaders of tomorrow the value of giving back. ■



DOWNTOWN'S ONLY
UPSCALE MEXICAN RESTAURANT



VOTED
BEST MEXICAN RESTAURANT
IN LAS VEGAS
-AOL CITY'S BEST



Now offering
SATURDAY & SUNDAY BRUNCH: 11AM-3PM
Bottomless Bloody Mary's
OR Mimosas for \$20

MUNDO GIFT CARDS ARE AVAILABLE
IN ANY DENOMINATION



for reservations call 702.270.4400

located in the World Market Center - Las Vegas
complimentary valet service

www.mundolasvegas.com

FACEBOOK.COM/MUNDOLV | TWITTER @MUNDOLASVEGAS

495 S Grand Central Parkway Ste a116
Las Vegas NV 89106

ALIEN
TEQUILA

Facebook.com/alienspirits
twitter @alienspirits

going organic

by Shevelle Chambers



Knowing what you put into your body is a key aspect in staying healthy. And when you live in the desert, it's a no-brainer that keeping hydrated is important...along with being health conscious in gluttonous Sin City where buffets and cheap eats are main attractions. Choosing to eat organically (food grown naturally, without synthetic fertilization or pesticides) may prove beneficial, as studies from the Environmental Protection Agency show that health problems such as birth defects, nerve damage and cancer, could arise when consuming conventionally grown food over a long period of time.

IS IT BETTER TO GO ORGANIC? HERE ARE THREE REASONS WHY YOU SHOULD:

- 1 Protect your kids.** Children are more prone to pesticide poisoning as their bodies are still developing.
- 2 No chemicals.** Organic foods are grown with natural fertilization using compost; animals are raised without hormones and fed on land that is pesticide free.
- 3 Less damaging to the environment.** Soil and water could become contaminated with pesticides used in conventional farming.

Though there are benefits of choosing organic over conventionally grown food, some researchers from the Food Standards Agency at the London School of Hygiene suggests there is no difference between the two in terms of nutritional value or taste. However, if your main goal is knowing exactly what you're putting into your body, organic is the way to go. ■

ORGANIC FEATURED DINING:

JASON'S DELI

Sergeant Pepper \$7.49
Santa Fe Chicken \$7.29
Check website for multiple locations:
www.jasonsdeli.com

B&B RISTORANTE

The Venetian - 3355 S. Las Vegas Blvd
Gnocchi with Lamb Ragu and Ceci \$28,
Grilled Octopus \$21
(702-266-9977)
www.bandbristorante.com

GO RAW CAFE

Neat Loaf & "Fries" \$13.88
Lasagna \$13.88
Check website for multiple locations:
www.gorawcafe.com

ORGANIC & HEALTH CONSCIOUS MARKETS

Rainbows End Natural Foods
1100 E. Sahara Avenue, Suite 101
(702-737-1338)
www.rainbowsendlv.info

Bet on The Farm!
Locally grown farmer's market;
every Thursday 10am- 1pm
333 S Valley Boulevard
www.betonthefarm.com

Sunflower Market
www.sunflowermarkets.com

Trader Joe's
www.traderjoes.com

Whole Foods
www.wholefoodsmarket.com

**See website for establishments without listed address as they have multiple locations.

OTTO PIZZERIA

The Venetian - 3355 S. Las Vegas Blvd
Penne alla Norma \$17
Romana Pizza \$18
www.ottopizzeria.com

CARNEVINO

Italian Steakhouse - The Palazzo
3325 S. Las Vegas Blvd
Ricotta & Egg Ravioli \$19
Black Fettucine \$23
Check website for multiple locations:
www.carnevino.com

VEGGin OUT CAFE

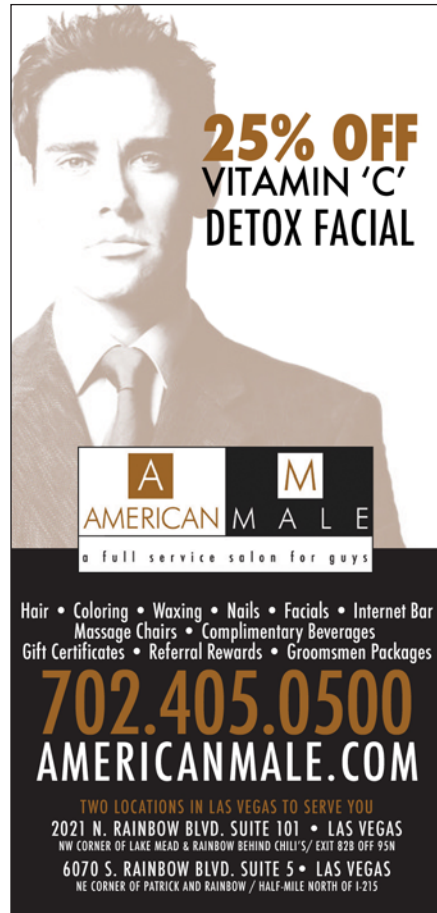
Inside Rainbows End Natural Foods
1100 E. Sahara Ave Suite 101
Vegan "Egg" Salad Sandwich \$6.95
Avacado Special \$7.49
702-737-1338

*Someone you
know is in love.*

 **Planned Parenthood®**
of Southern Nevada | **WE'RE HERE.™**

Planned Parenthood provides affordable & confidential health services including STD testing & treatment.

Call 1.800.230.PLAN for the Planned Parenthood health center nearest you | www.pprm.org



25% OFF
VITAMIN 'C'
DETOX FACIAL

A M
AMERICAN MALE
a full service salon for guys

Hair • Coloring • Waxing • Nails • Facials • Internet Bar
Massage Chairs • Complimentary Beverages
Gift Certificates • Referral Rewards • Groomsmen Packages

702.405.0500
AMERICANMALE.COM

TWO LOCATIONS IN LAS VEGAS TO SERVE YOU
2021 N. RAINBOW BLVD. SUITE 101 • LAS VEGAS
NW CORNER OF LAKE MEAD & RAINBOW BEHIND CHILI'S/ EXIT 828 OFF 95N
6070 S. RAINBOW BLVD. SUITE 5 • LAS VEGAS
NE CORNER OF PATRICK AND RAINBOW / HALF-MILE NORTH OF I-215

CELEBRATE YOUR FAMILY WITH PRIDE



JAMES M. DAVIS

Law Office

6725 S. Eastern Ave. Ste. 4
Las Vegas, NV 89119
T. 855.377.5428 | F. 702.263.4814
jdavis@davisnvlaw.com

Divorce ♦ Custody ♦ Adoption ♦ Guardianship ♦ Termination of Parental Rights
Domestic Partnership ♦ Surrogacy ♦ Wills ♦ Trusts ♦ Probate
Your business and referrals are greatly appreciated

davisnvlaw.com

COMMITTED TO YOUR FAMILY MATTERS BECAUSE OUR FAMILIES MATTER

CRAZY PITA™

ROTISSERIE & GRILL

*Fresh Casual
Mediterranean*



**Friends & Family
Dinner Packages
Available!**

**Lunch & Dinner
Dine In
Meals to go
Catering**

The | District at Green Valley Ranch
2225 Village Walk Drive, #175,
Henderson, NV 89052

702-896-7482
www.crazypita.com

to your HEALTH

AT THE END OF THE DAY, YOU'VE GOT TO BE HAPPY.
HAPPINESS IS WHAT WE'RE ALL SHOOTING FOR IN LIFE,
AND IF YOU'RE NOT, THEN WHAT THE HELL ARE WE DOING,
REALLY? IT'S ALL ABOUT BALANCE.

That's perhaps among the most common of holiday toasts. Ah, the New Year, the time when the overindulgence of the season collides with the will to start on a new path. New Year, new you! Rings a bell? This year, I'm going to go to the gym four times a week! It is right up there in that list of "pledges to self" sure to be long forgotten just in time for that other "holiday" of unattainable expectations (also known as) Valentine's Day. This year, I'm going to take better care of myself. This year, I'm going to make every moment count. Fast forward to the spring season premiere of *The Real Housewives of Timbuktu* - who are neither real nor housewives - cozily curled up on a couch, snack and soft drink in hand. There's another 42 minutes you're never getting back! Jay Leno once said: "Now there are more overweight people in America than average-weight people. So overweight people are now average... which means, you have met your New Year's resolution." This year, I'm not going to be average. I'm going to make a resolution about my health and fitness that I will stick to. No, Linnethia Monique Leakes, I will not turn your affinity for onomatopoeia into a drinking game... anymore. Plonk! This is the dawning of the age of a new, better,

healthier me! This year, I will not be part of the almost 30% of people who drop-out within 90 days of joining a gym at the top of the year, according to Meg Jordan, the editor of *American Fitness* magazine. I turn to my friend - and occasional trainer when I dare face her for the very intense Saturday morning AA (Abs and Ass) class - Kate Hanson for advice on staying on track. She's amazing at what she does and is quick with a motivational, inspirational quote, such as "sweat is fat crying". She offers the following advice:

MAKE REALISTIC ACHIEVABLE GOALS - Now this presents a problem for me right off the bat, as my intention was to be mistaken for *Criminal Mind*'s Shemar Moore or *NCIS*: Los Angeles' LL Cool J when I hit Temptation pool in an all-too-soon for bathing suit season Sunday.

WRITE YOUR GOALS DOWN AND POST THEM SOMEWHERE YOU WILL SEE THEM EVERYDAY - I'm thinking this would be much more productive than any other notes left inside the fridge or elsewhere around the house meant to dissuade from unhealthy habits, all variations on the 'you'll never look

“What if this year our resolutions had nothing to do with body-image, and instead was about how much better we feel in our own skin, how much deeper we breathe, how much more energy we get from an active lifestyle?”

“A GOAL WITHOUT A PLAN IS JUST A WISH.”

good naked again’ theme.

HAVE A PLAN; A GOAL WITHOUT A PLAN IS JUST A WISH. YOU NEED STRUCTURE TO BE SUCCESSFUL -

This speaks to me, if only because the very sad memory of the road trip I took with my best friend who didn’t believe in maps and thought that if we just followed the signs, we would get there eventually. We didn’t.

WORK HARD AND DON'T GIVE UP, NOTHING WORTH DOING IN THIS LIFE IS EASY. YOUR HARD WORK WILL PAY OFF! -

That one I do have a little trouble with, I must say. It’s not that I don’t believe in hard work, it’s that I usually see significant changes after six-to-eight weeks and from there, I don’t much see the point of messing with newfound perfection.

ALWAYS, ALWAYS, ALWAYS PROMISE YOURSELF A REWARD ONCE YOU HAVE ACHIEVED YOUR GOAL -

Something you have really been wanting like a new tattoo or a trip or an expensive pair of jeans and buy it for yourself regardless of whether you can afford it or not. If you achieve your goal always keep your promise to yourself”. You don’t have to tell me that one twice.

What if this year, the resolution had nothing to do with looking good naked, self-denial or the looming bathing suit season? What if instead, it was all about the journey, and the reward simply the residual effect of healthy living? What if it had nothing to do with body-image, and instead was about how much better we feel in our own skin, how much deeper we breathe, how much more energy we get from an active lifestyle?

There’s something to be said about the mind-body-spirit connection, and how the three interact to affect health. On that subject, I think back on a conversation I had with Kate in June of last year: “At the end of the day, you’ve got to be happy. Happiness is what we’re all shooting for in life, and if you’re not, then what the hell are we doing, really? It’s all about balance. It’s about working hard, and being able to go out with your friends and have cocktails.” So here’s to many more cocktails with friends, to finding and maintaining that balance that works for you... Here’s to your health! Happy New Year! And no, I’m not Will Smith. ■

-Charles Béraud

How can you
say no to a
Cupcake
like this?



702-207-CAKE (2253)
www.TheCupcakery.com

Online ordering
available!

9680 S. Eastern Ave., Ste.100
Las Vegas, NV 89123

7155 W. Lake Mead Blvd.
Las Vegas, NV 89128

**BRING IN THIS AD FOR
BUY 1 GET 1 FREE!**

Limit 1 per customer.
Excludes Casino locations.

COVER STORY

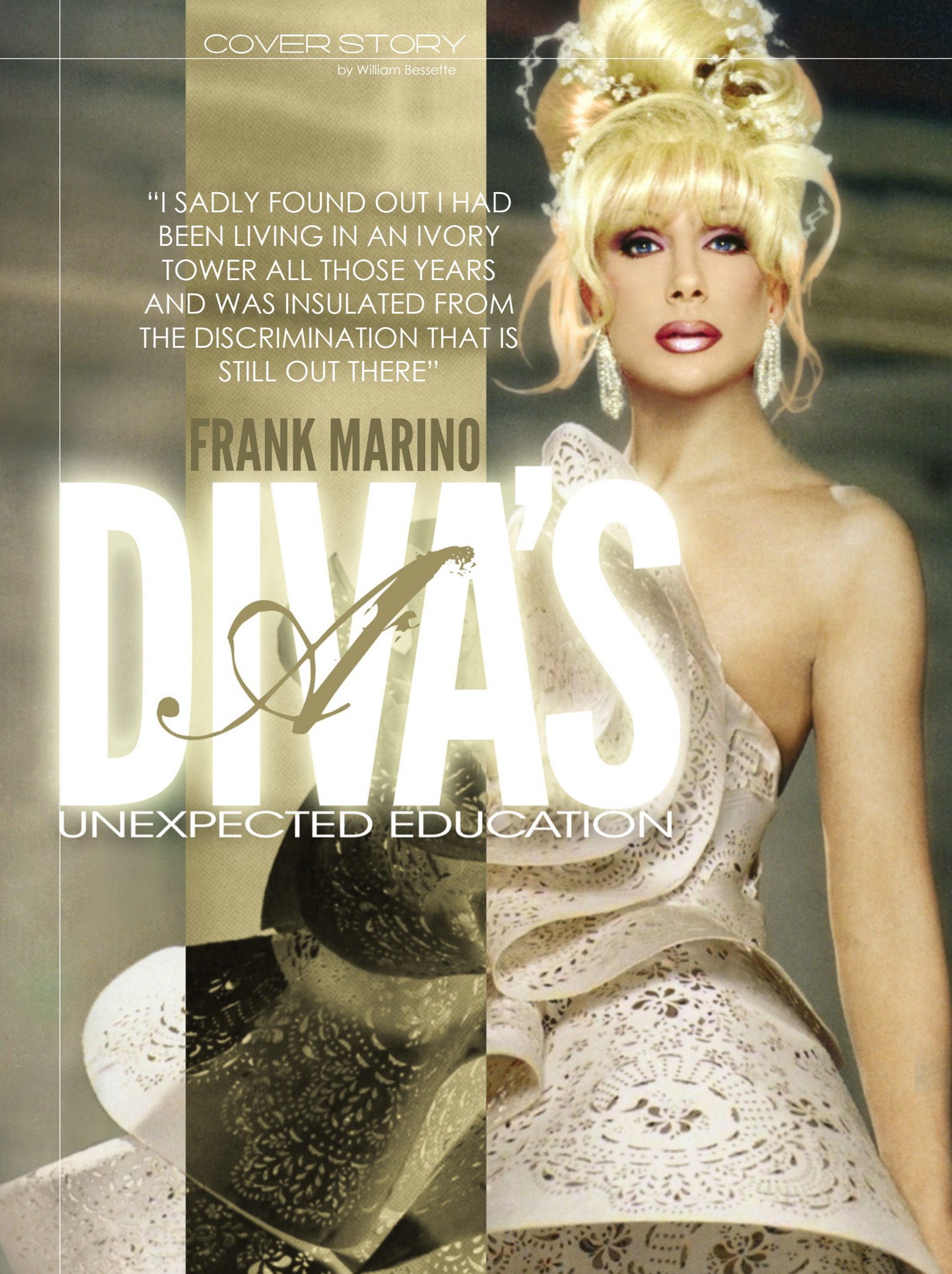
by William Bessette

"I SADLY FOUND OUT I HAD
BEEN LIVING IN AN IVORY
TOWER ALL THOSE YEARS
AND WAS INSULATED FROM
THE DISCRIMINATION THAT IS
STILL OUT THERE"

FRANK MARINO

DIVA'S

UNEXPECTED EDUCATION



“
I DO MY BEST TO USE MY NOTORIETY FOR GOOD, WHETHER
IT BE CHARITY EVENTS, RAISING MONEY FOR GOOD
CAUSES, OR JUST USING MY CELEBRITY TO BRING ATTENTION
TO IMPORTANT ISSUES, THESE ARE ALL THINGS I AM BLESSED
TO BE A PART OF AND I NEVER FORGET THAT
”

Las Vegas doesn't lay claim to the "Entertainment Capital of the World" title for just any old reason.

The sheer number of people vying for eyes is mind-boggling, from huge productions involving hundreds of people, pools of water, wild animals, and beautiful showgirls, to off-Broadway plays and circus acts and medieval jousting tournaments. Few, however, can lay claim to being a local institution like Frank Marino. Between his old show *La Cage* at the Riviera (no relation to the new *La Cage* production at the Four Queens) to his new show *Divas Las Vegas* at the Imperial Palace, Marino holds the record as the longest running single headliner still strutting his stuff on the Strip, with over 20,000 shows and 350,000 costume changes under his belt, totaling over 27 years on stage. Now add reality TV star to his growing list of accomplishments, after his recent appearance on Bravo's *Millionaire Matchmaker*, and Marino's cache as a true celebrity only increases.

It is for these reasons that many would naturally assume Marino has quite a bit of leverage and respect in this town, and while to a certain degree he does, one would actually be quite surprised at the prejudice he still encounters. It all started a few years back when the Riviera was closing *La Cage*, after a prosperous 25 year run. Though Marino wasn't happy with the closing of the show, it wasn't entirely surprising considering that the economy was in freefall and there were rumors that the Riviera might not survive. So Marino accepted the cards dealt him and accepted that he would have some time off as a new member of the growing class of unemployed.

A short time after languishing in his new unemployed status, however, Marino was getting the entertainer's itch; he knew he still had more show left in him and had a tried and true product to sell, so why not see if he could revive a new version of his old show at another Strip property? He assumed with all of his experience and name recognition it would be easy going, until he was hit with the unfortunate reality check of what is still – surprisingly – quite a conservative town.

"I thought that all you had to do was knock on somebody's door and if you had enough money to pay the rent for the room, that you would be able to get a showroom," Marino explains. "I sadly found out that I had been living in an ivory tower all those years and was insulated from the discrimination that is still out there. After meetings with many, many hotels, they

all found cleverly different ways of telling me that they really didn't want to have a gay show at their hotel. I would hear things like: 'We don't think your show is the right fit for our hotel' or 'It's not the direction our hotel is going in' or 'It's not the kind of show our clients like,' he concludes. One of the most surprising things about this process was that many of the entertainment directors who were rejecting Marino's concept for a new show were themselves gay men. "This really goes back to the idea that gay people are often times their own worst enemies," Marino says. This is a refrain heard in many circles, as the LGBT community overall is only just now coming to grips with its new mainstream identity. Many gay people in positions of power fear losing that power should they be seen as pushing a "gay agenda."

"We have to do what other minority groups do, and that is we have to stick together if we're going to make any progress!" Marino asserts. "It's the old adage that when you watch the gay parade on the news you are going to see the drag queens and performers, but you're not going to see the doctors and lawyers. Why? It's because they don't want anybody to know."

So, after his initial surprise at the difficulty he was having, Marino was approached by Don Marandino, the President of Harrah's, Imperial Palace, Bally's, and the Flamingo; Marandino was interested in Frank's show. Soon they were discussing the idea of a late-night show that would run in the showroom at the Imperial Palace, and Marino allowed himself a bit of hope and excitement.

Even this new opportunity, however, was almost derailed when the people working with Marandino expressed reservations.

"It wasn't until I stood up in a board meeting and basically said 'Can I have a one-off?'" explains Marino.

"A one-off basically is a one-time weekend show, and I asked for Labor Day weekend. I said if we do well, then they could make the decision as to if we could stay or not."

Needless to say, *Divas Las Vegas* did quite well and now find themselves in their third year of permanent residency at the Imperial Palace. So while this part of the story had a happy ending with a new beginning for Marino and his divas and dancers, that didn't necessarily mean that all the bigotry in Las Vegas had suddenly disappeared. Even as the "longest running entertainer on the Strip," Marino encountered prejudice in small ways on quite a regular basis.





“I’M SO HAPPY TO HAVE MY OWN SHOW AND HAVE THE BEST FEMALE IMPERSONATORS IN THE WORLD.”



SINCE JANUARY IS QVEGAS’ HEALTH & FITNESS ISSUE, WE ASKED FRANK IF HE HAD ANY FITNESS TIPS HE WANTED TO SHARE, AND HE SAID, “SURE! THE BEST WAY TO STAY FIT IS TO ALWAYS WATCH WHO YOU EAT, OOPS!, I MEAN WHAT YOU EAT.”

At an event several years back where a number of Las Vegas comedians and impersonators took part, Marino was only invited after another performer asked that he be included. After the show, Marino was surveyed as one of the top three funniest performers at the show. “Whatever the event is, I am usually the last one asked and the first one praised,” he says. “I really experience it a lot, I feel like I am a part of the group, but because of the form of entertainment I do, the last one looked at.”

Even situations as seemingly minor as video packages at the airport are a demonstration of the aversion decision-makers have to embracing Marino and his brand. At McCarran Airport there are TV screens showing various Vegas entertainers advising passengers on things like baggage handling, security, and the like. Marino recently discovered that his video package was the only one with no volume, on every screen, presumably because he is dressed in drag and referred to as a “Mr.” Of course, these issues aren’t a sign of Marino being a “diva,” but merely an acknowledgement that any other Vegas entertainer who has been performing for as long as Frank, but wasn’t gay and promoting a drag show, would more than likely not encounter these same sorts of problems and small signs of fear and bigotry. Regardless of the prevalence of these petty forms of prejudice, Marino is still exceedingly grateful for the opportunities that have been afforded to him and tries to make an impact in whatever way he can. “With all that being

said,” he begins, “I live an extremely exciting life... Caesar’s [Entertainment] treats me very well and I am very grateful to them and so happy to be a part of their family. To wake up every day and go to a job that isn’t even like a job and makes me happy is extremely gratifying. I’m so happy to have my own show and have the best female impersonators in the world, and most of all, I do my best to use my notoriety for good, whether it be charity events, raising money for good causes, or just using my celebrity to bring attention to important issues, these are all things I am blessed to be a part of and I never forget that.” This is something that Las Vegas and its residents will never forget either. The city of entertainment is fortunate to have an entertainer like Frank Marino and his fabulous Divas and dancers providing their unique blend of entertainment to visitors from all over the world, opening minds and providing a constant stream of laughs and good-natured fun all the same. Over time, as more and more members of the LGBT community and their issues become mainstream and accepted by society, perhaps Marino and others within the community will find less and less prejudice lurking in such unexpected places. ■

To purchase tickets for Frank Marino DIVAS Las Vegas visit
www.FrankMarino.com

\$25 ticket discount on page 2 in this issue of QVegas on the DIVAS ad.



TEASE



3RD THURSDAY
HOLIDAY **Q**RINCH
@ URBANGRILL
DEC 15





BORN IN FRANCE, AND IMPORTED FROM MONTREAL, THIS ACROBAT IS LOVING LIFE, AND LOVING LAS VEGAS

MEET MAXIME:
The Daring Young Man on

The Flying Trapeze

Maxime Claduat is making a big name for himself in the close-knit world of fixed trapeze in a short amount of time. Maxime graduated from École National du Cirque de Montreal with now Ssens Duo partner Genevieve Landry. Not a year later the duo competed in the prestigious 27th Festival Mondial du Cirque de Demain and exceeded all expectations. From there the duo's performance has won numerous awards and they've performed in some of the top shows across the globe. Currently they star in Absinthe at Caesars Palace, where we were able to sit down with the high-flying trapeze artist for a few brief moments before the show.

QVEGAS: When did your passion for the trapeze start?

MAXIME: At the age of 19, in Montreal, I saw two sisters performing on the trapeze with beautiful and strong technique.

Q: How does Absinthe Las Vegas compare to the other shows that you have performed in?

M: Absinthe is the only show that allows me to perform our act as it is meant to be, sensual and strong. Other shows usually have an outside choreographer who will tone things down and change things.

Q: Do you get a chance to go out in Vegas? If so do you have any favorite shows or restaurants to go to?

M: My favorite restaurant is Firefly, they have great food and it's a great place to meet other performers. You never know who you will see there. Crazyhorse is my favorite show, I have two friends who perform in it. I love that 70's soft-porn vibe and the play on the beauty of the woman's silhouette. Pirahna is also a great place. I love the Friday night drag show; Coco Vega is my favorite, I also love Frank Marino's Divas Las Vegas!

Q: Out of all of the cities you have travelled to which is your favorite?

M: There are many but Tel Aviv was my absolute favorite. The gay culture there is very real and open, the distinction between straight men and gay

men is not an issue. Men were holding hands whether straight or gay. The gay men are beautiful and like to touch... And I touched a lot!

Q: With Ssens duo, your partner Genevieve is an integral piece of the show, the level of trust and intimate moments during the performance are unparalleled. Was this developed over time or something the two of you knew right away was going to work?

M: There was a connection from the start, we were part of the same Cirque class and we are both very sensual people. She started off with hand balancing and I was doing fabrics, there was no one doing trapeze at that time so we both switched majors to trapeze. We have been together for ten years and developed a very close relationship.

Q: Being in the entertainment industry was it easier to come out to friends/family?

M: My family was very supportive even though it wasn't exactly what they wanted for me. I called my mother and said mom I have something to tell you: I am gay. Her response was, "Thank god it's been three years I have been waiting for you to tell me!" My father doesn't agree with me being gay but he still supports me. In some cultures it is not accepted so when I work with, say Czech guys, I like to stare at their butts or overplay the gay, it's fun to mess with them a bit.

Q: Has being gay had any effect negative or positive on your career?

M: Never had a problem (knock on wood)! I think before people come out they are over confident about themselves to cover up their own insecurities. People can see right through that, and it's hard to respect someone who is 'fake'. However, once they come out, they are more comfortable in their own skin, which people respond to better.

Q: In the globe-trotting life you lead are you able to fit in dating?

M: Yes in while working Seattle I met a great man and we have been together for 6 months, tonight is actually our anniversary! He moved from Seattle to Vegas so we could be together.

Q: The most important question of all - boxers, briefs, or "commando?"

M: Briefs. *Smiles* ■

LOVE ALERT-

Following Maxime's show, his boyfriend proposed to him on the Absinthe stage, and as you can tell from the photo to the left. Maxime said, "YES!"

To see Maxime's amazing performance in Absinthe, visit www.absinthevegas.com for tickets and showtimes.



Q TEASE



RED DRESS EVENT
@ WORLD MARKET CENTER
FEB 2011



TOP 12 FOR 2012

12 STEPS TO HELP YOU BECOME YOUR BEST LIFE

By Josh Truex



1. EAT CONSISTENTLY

Eating consistently brings success. When you're consistent, you will find yourself eating the right portions that your body is looking for. Not only that but you will have a much better chance at a balanced diet, preventing you from having wild cravings throughout your day. With my clients I always use the analogy that our ancestors hunted, ate their essential meals based on not knowing when they would be getting more food or if there was a famine/cold coming, and they moved a lot. Consider the fact that you don't really see fat hieroglyphics or movies about our ancestor's populations having contained a bunch of overweight people. This simple method will allow you to eat more of what you like without feeling like you need such an overwhelming change in every aspect of your diet. The more consistently you find yourself eating, the quicker your metabolism should follow suit. The quicker your metabolism is, the bigger defense your body will have. You will see it's just as hard to lose the results as it was to get them. Food for thought, as much as we hate the fat our body is storing, it's doing its job to protect us. Whatever fat is on our body, it thinks it needs to be there for future energy. Give your body the energy it needs through eating, and believe me it will consider every extra pound wasted energy and get rid of it faster than you can imagine.

2. MAINTAIN YOUR BODY

Too many times I have encountered people in the gym struggling to find the results they want, but if they just slowed down for a few weeks and focused on maintaining their bodies, the results that seemed so far from reach would be within their grasp after all. We wouldn't drive our cars for 200,000 miles without an oil change, would we? So why

aren't we maintaining our bodies like we do our vehicles? Whether we choose to do our favorite class or hit a session of cardio, our bodies need to be repaired, and that almost always requires more than just a good night's rest. Much like dropping our car off at the shop we need to spend just as much time stretching and foam rolling as we do beating it up. I know, I know, for most loving to hit the weights, this is going to feel like we are cutting ourselves short...but I promise you if you take a second to work on flexibility, and getting your muscles back in good health they will show you much appreciation. Every time we use our muscles they contract and shorten, so without getting them back to the proper length not only are we not going to see the visual look we would like, but we are most likely going to end up with some sort of pain. Stretching will allow us to bring back whatever is in good health and sometimes more. If you are finding an area isn't giving you the performance you would like, then a foam roller will allow you to get that muscle working 100%.

3. DON'T BE THE CARDIO JUNKY!

Cardio is great, and it is definitely going to help us shed those pounds but we cannot rely on it alone! Most people will say that there are a few pounds they would like to lose, but after those pounds are shed I can almost guarantee they would like to get "toned up." If that sleek look with some good definition is what you would like to see, whether it's the rigid definition or that smooth look with some curves then we need to stimulate those muscles. Our bodies are based off resistance and gravity alone can do a great job but we most definitely need to be challenging those muscles we want to look better if we expect to see them change. Cardio will allow us to shed the fat, but it's

not going to build the muscle we need in order to see the definition we'd hope for. Women, or anyone for that matter, hitting the weights and/or machines is not going to make you bulky! Believe me, if that was the case I'd shift 30 lbs one day and be huge then step down 30 lbs to hit the pool with a less intimidating look. Proper resistance and core training will allow your body to change the way you'd like it to, and one day leave you saying "I'm happy where I'm at." Use cardio, but simply said don't be scared to hit the weights or focus on your core; doing this will leave definition in your near future.

4. WATER IS THE LIFELINE OF YOUR SUCCESS

Much like eating consistently we need to give our body the water necessary to get everything done. Almost every task our body completes requires water. Our muscle is nearly all water; and to get all the nutrients out of the food we eat, water is required to break it down properly. In addition, like fat stored by our body because we don't give it food for energy, our body will store water if we don't give it enough, giving you the bloated look. Most will say "I can't imagine being able to drink the amount of water I need", but we have to teach our bodies what it feels like to be dehydrated. The more we give ourselves water, the more we will know we need to hydrate. It's human nature; keep a bottle of water by you at all times and you will find yourself sipping on it more and more. Start with a few bottles a day and work your way up to 64-100 ounces a day. This is all a process, and no one should expect you to overcome all of this in one night. Lifestyle habits come through time, and if you try and bite off everything at once, I promise you're likely to fail unless you're a



rare individual. We are human, most being adults trying this and life itself is enough to take on. This by all means will make it better, but don't make it a bitter end because you didn't make a plan that took into account your current responsibilities.

5. TRAIN WITH PERFECTION

Every client or individual I meet with hears the same comment "You wouldn't want your body to look crooked so why train it crooked?" This is exactly how I train on a daily basis. If you do perfect form on 5 reps and push yourself to do 10 more without necessarily being perfect, then I'd consider that you did 5 reps. It's better to do those 5 reps, take a rest, and go back at it when you can do the exercise perfectly again. Most desire the hardcore workout leaving them sore for days, but I will tell you that if you're overly sore then you didn't eat right, sleep right or you plain overworked the area you feel so beat up in. Many would speculate on this, but there is no reason other than ego or ignorance to push until you're extremely sore. Most proper and effective functional workouts are based around you being able to do them for days in a row before resting. If you speed through reps are you really guaranteeing you isolated the muscle you are working? If you can say you only hit that muscle, then that would most likely be a speed you are good at, otherwise slow down and ensure you are hitting the muscle you want to. Speed in most cases is your enemy. I'll bet in most exercises you feel like you are struggling with, if you would just slow down and focus, then things would fall into place.

6. SUPPLEMENT AND VITAMINS AREN'T JUST FOR MEAT HEADS OR HEALTH JUNKIES

Vitamins and supplements are for everyone, and there is a need for them. A good multivitamin and perhaps fish oil can be good for every single person. Beyond that it would be a case by case basis. Protein powder in most cases can be used for either the avid bodybuilder or even those looking to lose weight. Too many shy away from things without really educating themselves on what exactly they would be getting. Are there things out there that are just good at getting people to buy them for no reason? Absolutely, but that doesn't mean that the science and studies put into a lot of things millions use daily is false. Just make sure you aren't against something because of heresay. In almost every case a good multivitamin, fish oil, protein powder, and glutamine are good for everyone. Other than that there will be cases where someone is deficient in something and needs supplementation to fill that void. This isn't always the case, but with someone good advising you don't be against what they may have to tell you. It may just get you over that plateau.

7. KNOW WHEN IT'S TIME TO REST

Sometimes, it may be the hardest thing you do. We have all heard those classic words "I feel worthless, I missed the gym." This could be the very thing our body needs. Clients and friends of mine in the past have pushed so hard and felt like it only got harder. In reality this was the uphill battle they were building for themselves. For every action there is an equal and opposite reaction, and for all the hard work we push our body to do it needs time away from that. What does rest mean to me? Rest could be a multitude of things. It doesn't mean that we have to sit home and sleep instead of working out, you could substitute your

>> CONTINUED ON PAGE 44

LAS VEGAS' ONLY GAY OWNED/GAY OPERATED CLUB FOR MEN

Student & Active Military

\$5. Lockers

*** Membership Not Included**

***With Current I.D.**

**AVN Party
Jan, 18th 2012**

**8pm to 2am
Food & prizes**

Mon. & Tues.

\$9. Lockers \$16. Rooms*

7pm to 6am

Wed. Pitch Black - Free GUN Lube

8pm to 6am OFF

Thur. two for one

7pm to 6am

Bring a friend for a free locker

Mon.-Fri. \$9. Lockers* 10am to 4pm

*** Membership Not Included**

HAWKS GYM



WWW.HawksGymLV.com

**953-35B E. Sahara Ave. Las Vegas, NV.
(702-731-4295)**

QVEGAS.com

ENTER 2WIN

ENTER.WIN.CELEBRATE

**THE EASIEST WAY TO THE HOTTEST PRIZES
VIP TICKETS | TASTY TREATS | CLOTHING | & MUCH MORE**

COMMUNITY COVERAGE | CELEB INTERVIEWS | BEHIND THE SCENES

FACEBOOK.COM/QVEGASMAGAZINE | QVEGAS@TWITTER

L A S V E G A S

PRIDE

2012

HAPPY NEW YEAR

Let's Stay Connected In 2012!

2012



facebook.com/
LasVegasPRIDE



@VegasPRIDE



myspace.com/
LasVegasPRIDE

Sign up for Official PRIDE Event Text Messages:

Text: **VegasPride** To: **99000**

LasVegasPRIDE.org



STOP

NO NEED TO PANIC!

HOW IN THE WORLD DID
YOU BREAK IT?
NO, DON'T TELL ME!
PROBABLY DON'T WANT
TO KNOW!

LET'S JUST SAY, IF YOU BREAK IT,
WE CAN FIX IT

**HANDYMAN
CONNECTION**



CALL TODAY

KAREN GRAYSON
(702) 542-4025

KAG2666@YAHOO.COM

COMMERCIAL-RESIDENTIAL

TRANSGENDER OWNED & OPERATED

normal workout routine for that stretching you hate to do so much, or throw in some cardio instead. Our bodies are an amazing thing but for all the things we expect them to do we need to make sure they're in the right state to do so. From age 25 on I noticed my body wanted to rest rather than pushing for 6-7 days a week. Another thing to try when you feel like it's just not clicking- let your body rest; we have enough in our life to push for, let this part of it be the enjoyable part.

8. ARE CLASSES ALL YOU NEED?

Most in the fitness industry get annoyed with classes, especially trainers but if it gets people involved I'm ecstatic. Are classes all I need? Let's break it down...Classes are built and meant for the general public, so that almost anyone can jump in and complete one. What happens if the class I love works legs for the hour I have available and my hopes were to hit my arms or core? In a nutshell, classes are meant to be generalized and if you are looking to accomplish more specific goal then maybe you should look further. This could mean getting involved in a small group training class, one on one personal training, or even jumping onto the fitness floor you feel so uncomfortable with. Let's be honest people, the gym is not your "quick fix" and there is absolutely no way that workouts are going to offset every bad choice in your lifestyle unless you have the time and regimen like the mighty Michael Phelps. Make the gym or exercise you choose the fun part by making sure the most important food choices are first. This will allow you to use exercise as a way to shape and mold your body into what you want rather than trying to make it a "fix all" for everything.

9. IS INVESTING IN A TRAINER RIGHT FOR ME?

"Why would I choose a trainer?" "Is this something I should really believe in?" "How do I know they will give me the workout that's right for me?" "Does this trainer really know what they are talking about?" "I've been hurt by a trainer, and that's that!" As you can see, me being a trainer, there is a pretty in depth outlook when it comes to the training field. Are there trainers out there you should worry about? Absolutely, but I will tell you that at one point I hadn't found my passion and therefore, hadn't figured out how to give my clients the service they deserved. How do you know it's time to invest in a trainer? If you feel like there is a grey area that may be holding you up in the gym, constantly look at yourself without feeling like you're gaining any type of confidence in what you're doing, or if this path is becoming something that will be more bittersweet than anything then it may be time to invest in a professional to get it done for you. Yes, sometimes it may cost a

good amount or more than you expected to invest, but if I came up to you telling you that \$700 was more than you were worth I'd bet you'd be pretty upset. This is our bodies, our lives, and the only chance we get to make the best of it. It's a small investment to ensure years in our future will be better. Too many times I scratch my head at why we all (Including me at one point) looked at the fitness industry as a whole as some foreign object. Any other serious interest or hobby in our life we would research and become more knowledgeable in, so please don't waste as much time as I did before you really understand it.

10. PICKING THE RIGHT ROUTINE TO KEEP YOUR RESULTS

Sure we would all like to take the blue pill and make it happen overnight, but that's just not realistic. Picking the right routine is the most important part. This isn't a rollercoaster you want to battle with. Most will find results and not only lose them but go further backwards. If we would just take our time and plan accordingly, then we would not end up a statistic. Let's keep the results we worked so hard for; after all, they are what we built up the courage for in the first place. If classes are what you are fond of, find the best information out there on how to setup a good routine based on this. If you find your passion being for triathlons then by all means more power to you and strive to find the best routine for someone in your field. If you desire nothing more than to step on stage and win a physique competition with the best beach body out there, then my friend, get up and look into that for the right routine and nutrition plan to take you there. I guess what I am saying is why would you spend any time, let alone potentially a year or more fighting for a goal you want to watch fade away. That's more unrealistic than the goal you set in the first place. This is all possible, and I've watched a client JC transform 220 lbs. in less than 2 years, and make everyone around him believe. The same is out there for you, just make sure you set a realistic goal and let nothing hold you back!

11. MAGAZINES, THE INTERNET, DIETS... WHAT TO LISTEN TO?

Remember, magazines and the internet are out there primarily to put butts in the seats, magazines in the hands, and diets for people to believe in. This is all funny, being you are reading this from one now, but there is a small difference; I am one of those who have been misled by so many things out there and set out to help those feeling discouraged. In most cases 95% of what you read in magazines, or see on the internet is going to be false. Does this mean you can't look at either one of those things

and find something great? Absolutely not, and a lot of great things are out there, you just have to know what is what and how to make it your own. Diets, to me, mean "Do it whether you like it or not!". I would encourage all of you to set out for a meal plan and lifestyle change that you could not only agree with but implement into your life successfully. This is our life, and some radical change is most likely neither a realistic choice nor something we will want to keep around forever. Most anyone who comes to me asking "I heard about this, do you think it will work for me?" I simply ask "Is that something you like to do?" or "Is this the way you would want to eat forever?" In almost every case the individual will say no, or they would rather do this or that, so I'd have to encourage them to find the root of the issue. With doing this you will find that whether fast or slow the end result will be a much more solid one to bank on.

12. THAT MACHINE IS GOING TO CUT THE FAT RIGHT OFF!

Whether you want to trim those few pounds off your abs, or cut those few off your inner or outer thighs, a machine isn't going to do that for you. Too many times I see people in gyms I've worked at hitting hundreds of crunches, heavy weight on the ab machines, or using the inner/outer thigh machines to trim fat. Those machines are going to do nothing more than building the muscle up in those areas, and in most cases cause the fat we have on them to stick out more. Let's start with the ab machines. Our "core" is meant to do nothing more than stabilize us, which means keep our upper body in place or prevent it from not moving. More importantly our lower back is meant to stop us from falling or leaning forward. So, if we are adding a bunch of muscle or strength into our abs then our lower back is going to constantly strain trying to pull it back upright. Most of us try and build the muscles in our abs because we don't see what we are looking for. In other words pushing the muscle to the surface when in reality we need to diet properly and maybe hit some cardio to shed those few pounds, allowing us to see definition in the mid-section. Same goes for our thighs, ladies. If you hit those thigh machines you will find them bulging out more before you see them slim down. If we were to target our diet and cardio further, then the result would show us a much more lean and defined physique. Try hitting a plank, drawing our belly button in and flexing everything we are using. Same for our thighs; in jumping on the BOSU ball and trying to properly squat and keeping our knees straight and legs tight. Like I said before, the gym and exercise we do should be the fun part, shaping and molding our body into what we like. ►►

QVEGAS FEATURES JOSH TRUEX AS ONE OF OUR MONTHLY VEGAS PEEPS. TURN TO PAGE 53 TO LEARN MORE ABOUT HIM AND HIS CAREER IN HEALTH & FITNESS



►► Overall, our lifestyle is what we need to focus on. Our ancestors didn't have fancy equipment or tests to jump into and in most cases those very gimmicks are what hold us back. Believe in the simplistic values we need to see the results we want. If you put your entire focus on believing a machine will get you there then it will be a very tough battle, but if you realize that all you need to do is eat consistently and be aware of what you eat (In other words realize when you ate an entire pizza that it's probably

not the best choice for you), keep your body hydrated, and allow your body to exercise regularly rather than the sedentary lifestyle this world would push us into, then you will see this isn't really rocket science.→I would gladly help you to find the result you are looking for, because most of what you will find out there will leave you nothing more than frustrated. Happy New Year All, and this year lets enjoy the easy route ■ JOSH TRUEX

WHAT WILL MAKE YOU

BLUSH

SALON

FULL SERVICE SALON



6360 SOUTH PECOS SUITE 4
LAS VEGAS, NEVADA 89120

PHONE 702-851-3100
BLUSHSALON@HOTMAIL.COM



Hands On

*Therapeutic
Massage & Spa*

*Available Daily to Your
Home or Hotel*

Incalls Also Available



Thomas Bogle, LMT
To Make An Appointment, Please Call
702.498.5531

Lic. # NVMT. 2613 CC Lic. #1000302-519

new new workout FOR THE year

BY
JILL ROTH

"JAB! CROSS! HOOK! UPPER-CUT!" NO, YOU'RE NOT HAVING FLASHBACKS FROM THE EPIC NINTENDO CLASSIC "PUNCH OUT". THESE ARE THE INSTRUCTIONS THAT THE HIGHLY SKILLED TRAINERS AT LA BOXING (4360 BLUE DIAMOND RD) YELL OUT TO THEIR RED-FACED SWEAT DRENCHED MEMBERS DURING A POWER PACKED GROUP WORKOUT.



With various locations throughout the valley- LA Boxing is bringing the heat this winter by offering a workout which combines the benefits of cardio, boxing, kickboxing and resistance training together in one massively fun routine which, according to General Manager Jesse Gibson, doesn't just make you sweat -it makes you transform.

"What we do here at LA Boxing is something completely different then what you'll find anywhere else, and we pride ourselves on that," says Gibson.

"We not only give our clients a fun, calorie-burning workout, but we also get to educate them throughout the entire class by explaining why they are throwing a jab punch cross combo, or a jab hook switch kick, etc. We aren't just another gym cardio-kickboxing class; we actually utilize gloves, wraps and 150 lb. heavy bags, thereby incorporating both resistance training and a full body workout."

With a new year comes new resolutions, and like many eager

to shed the extra Ho-Ho-Holiday pounds, LA Boxing is here to help those in need reach their weight-loss and health goals.

"Whether our members want to lose weight, tone, build resistance or become a pro fighter, it doesn't matter... we can help them with it all", says Gibson. "Our classes are geared to get you in the best shape of your life, period. Not only do we offer group classes on our fight team, but we also have one-on-one sessions available and the passion and drive to help you achieve the best results possible."

A one hour boxing/kickboxing class at LA Boxing starts off with a bag and ends in heavy grunts and groans, but to trainer and MMA-style fighter Jason Rivera, to burn up 1000 to 1200 calories per class- you have to give it everything you've got and the more grunting the better.

"You have to put effort into the movements to burn the calories. If you don't, you're only cheating yourself."

"LA BOXING IS SOMETHING COMPLETELY DIFFERENT THEN WHAT YOU'LL FIND ANYWHERE ELSE."



Routines at LA boxing are based off the outline of a corporate head trainer by the name of "Razor" Rob McCullough. He is a former WEC MMA Champion and a featured trainer on the latest season of the hit TV show "The Ultimate Fighter" on SPIKETV.

"Our trainers follow an outline, but use their knowledge and backgrounds to keep it fresh," says Gibson. "The outline of the class starts off with a 10 minute warm up including shadow boxing, followed by a 30-minute round of boxing/kickboxing with body weight workouts thrown in throughout (push ups, squats, jump-squats, burpees, sprawls, mountain climbers, lunges, etc...) and to finish it off, ten minutes of everyone's favorite- gut busting ABS!!! There is also a full size grappling/wrestling mat, weights and cardio center as well. "

The exciting routines and fun atmosphere are not the only way that LAB separates themselves from the competition- they have heart and it empowers them to get bigger-better- and beyond the day to day workout.

"Health, more energy, better quality of life, confidence, and a brand new positive outlook on life- that's what we are all about," says Gibson. "We preach positivity, actively engaging our members by stressing the importance of having a positive attitude. We are proud of our community and want to make it the best we can not just for us but for everyone-the sky's the limit and we'll take you as far as you want to go!" ■

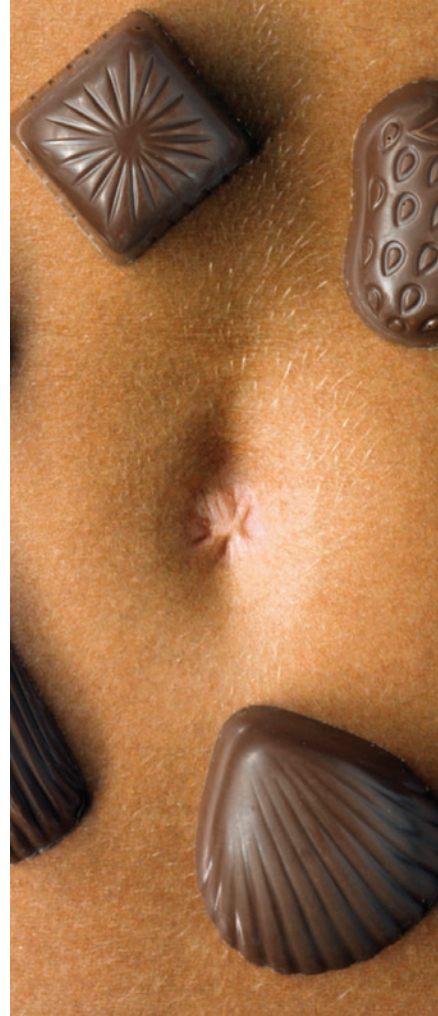
For more information on LA Boxing locations and memberships visit:
4360 Blue Diamond Rd.
Las Vegas, NV 89139
bluediamondgm@laboxing.com
702.834.7055
www.laboxing.com/bluediamond

Special
relationships
deserve
special cards.



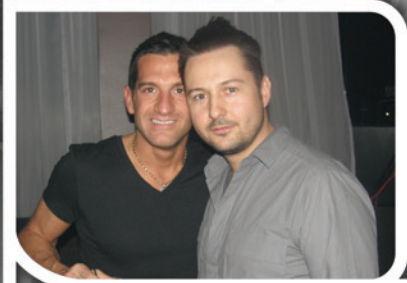
teazled.com

-Tell them your way

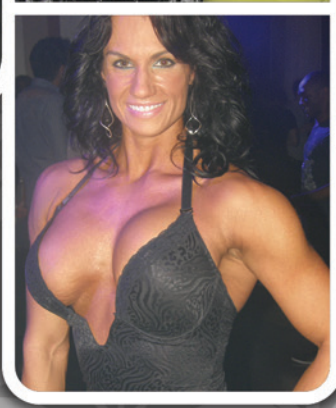
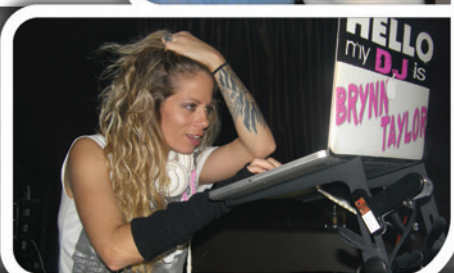




TEASE



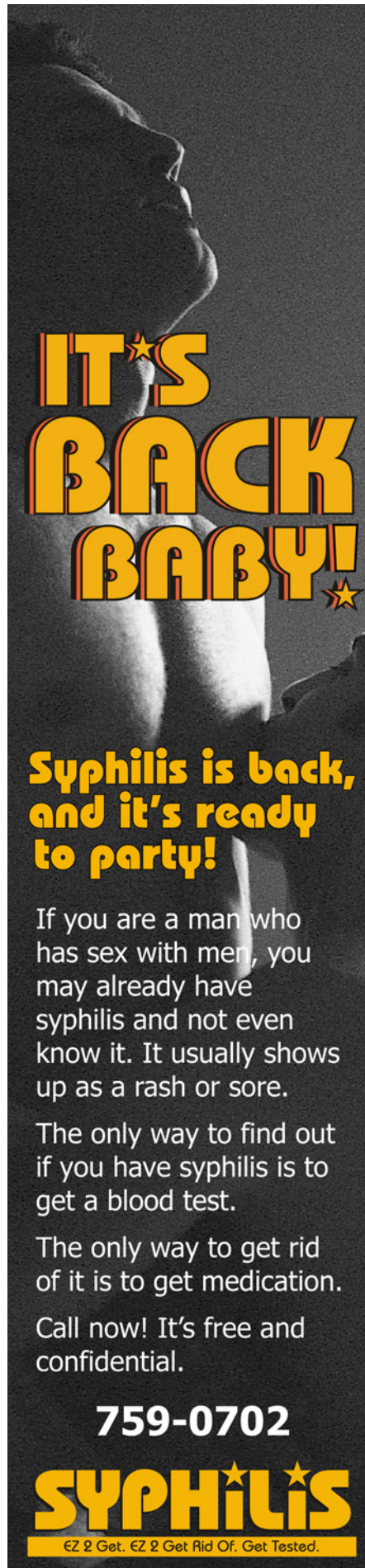
SHARE
NIGHTCLUB
DEC 9





SHADARI MOON.COM

PHOTOGRAPHER
CARISSA RAMIREZ
702.235.3419



**IT'S
BACK
BABY!**

**Syphilis is back,
and it's ready
to party!**

If you are a man who has sex with men, you may already have syphilis and not even know it. It usually shows up as a rash or sore.

The only way to find out if you have syphilis is to get a blood test.

The only way to get rid of it is to get medication.

Call now! It's free and confidential.

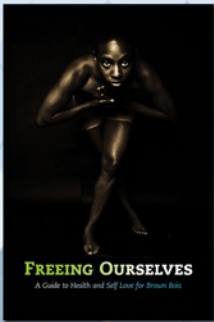
759-0702

SYPHILIS

€2 2 Get. €2 2 Get Rid Of. Get Tested.



Mission: The Brown Boi Project is a community of masculine of center womyn, men, two-spirit people, transmen, and our allies committed to transforming our privilege of masculinity, gender, and race into tools for achieving Racial and Gender Justice.



*The Brown Boi Project has just released **Freeing Ourselves**, an amazing health guide for queer women and trans men, which serves as a testament to what a small group of committed individuals can do to tip the scales toward community benefit.*

Get yours or donate today:
www.brownboiproject.org
(510)-931-6440

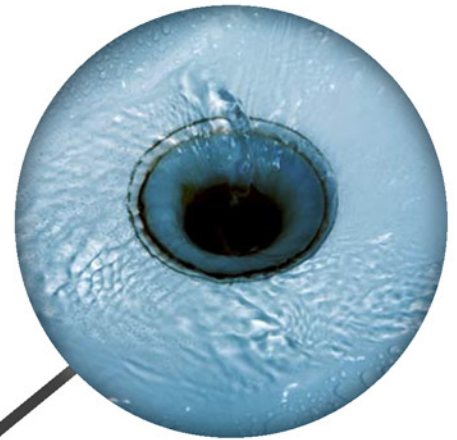


EVERY MONTH QVEGAS SCOURS THE GLOBE TO BRING YOU THE HOTTEST TRENDS & PRODUCTS. PLEASE ADHERE:



TOP HYGIENE "MOWING"

Instead of losing weight as a New Year's goal, how about keeping up with maintenance, including manscaping and ladyscaping. No one likes fuzzy dice or a hairy beaver.



TOP BEAUTY TREND ANAL BLEACHING

We bleach our clothes and our teeth, so why stop there? Tops keep your bottoms sparkly fresh with anal bleaching!



TOP SEX ACCESSORY STR8CAM LUBE

Now there's a fetish lube for the gay man who is into the 'real thing'. Also great for his straight friend who has hidden desires.

TOPS AND BOTTOMS



BOTTOM FITNESS GIMMICK SHAKEWEIGHT

Cool idea! Using a motion (that's all too familiar with most guys) to gain muscle. Too bad you look pretty ridiculous while doing it.



BOTTOM RESOLUTION LOSING WEIGHT

The number one goal of the New Year is to shed unwanted pounds. Unfortunately the goal is shed faster than the weight, by the second week of January over 50% of the people have given up. Guess they should have asked for a Shake Weight!



BOTTOM UNDIES RED AUSSIEBUM JOCK

Not only is wearing red underwear on New Year's Eve supposed to bring the wearer good luck for the rest of the year, but with these on you just might get lucky tonight!



**TONY CHARLESTON, NSCA-PT
CERTIFIED PERSONAL TRAINER**

**I am accepting five new
clients for 2012.**

You and I work at a **private** gym near
Pecos and Sunset.

My clients NEVER pay a fee to use the gym.

As your personal trainer,

- I will motivate and push you harder than you have ever pushed yourself.
- I will create a custom workout program; designed specifically for you and your goals.
- I will devise a specific diet and nutrition program- that works best for you and your lifestyle.
- I will recommend supplements that will aid you in reaching your goals faster.
- I will be **100% committed to you.**
- You will get amazing results.

What ever your goals are, we will make it there together.

For a **free consultation contact me at 702-419-1019**

**ENTOURAGE
VEGAS**

**Our Newest, Hottest Night
Every Monday**

**BOYS
NIGHT**

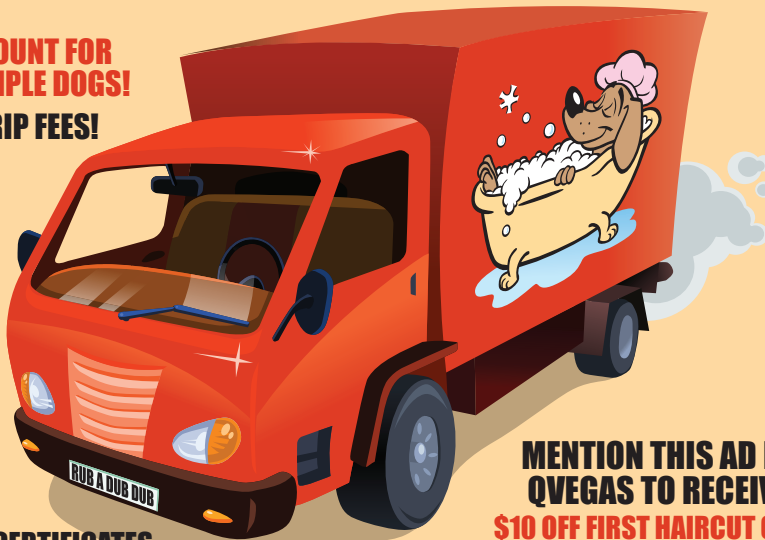
**UNDER 25
\$5 Locker!**



953 E. Sahara Ave., Ste. A-19 | 702-650-9191
ENTOURAGEVEGAS.COM

RUB A DUB DUB PUPS IN A TUB MOBILE DOG GROOMING

**DISCOUNT FOR
MULTIPLE DOGS!
NO TRIP FEES!**



**MENTION THIS AD IN
QVEGAS TO RECEIVE
\$10 OFF FIRST HAIRCUT OR
\$5 OFF FIRST BATH & BRUSH**

**GIFT CERTIFICATES
AVAILABLE**

**PROUDLY SERVING
LAS VEGAS, HENDERSON
AND NORTH LAS VEGAS**

**CALL FOR AN APPOINTMENT TODAY
702-491-8417**

VEGAS PEEPS

HEALTH, BEAUTY
& WELL-BEING
EDITION

EACH MONTH QVEGAS PICKS A HANDFUL OF TALENTED AND AMBITIOUS LOCALS TO SHOWCASE. THIS MONTH WE ARE FEATURING 8 INSPIRING PEEPS WHO SPECIALIZE IN HEALTH, BEAUTY, AND WELL-BEING.

MARTINE ABBEY



There's no aging gracefully – just face it, we could all use a little help! Help, from the anti-aging specialists at Just Face It MedSpa! At JFI we offer a comprehensive list of services. Radiesse, Juvederm, Botox, massage therapy, pedi-spas, waxing, peels, laser and skin rejuvenation - all dedicated to a more beautiful you! Founder Martine Abbey, a qualified medical aesthetician and anti-aging visionary, combines an esthetic eye with practiced hands. Her extensive training with Radiesse establishes her as Vegas' go-to expert. Radiesse,

a non-toxic filler, reduces wrinkles around the mouth and nose. Providing volume, it instantly erases signs of aging, stimulates collagen, and lasts up to 18 months. Using the latest technology in non-invasive procedures, Martine reverses the signs of aging, eliminating scars and lengthy healing time. Friends need never know...your beautiful little secret! In a hectic world Just Face It MedSpa offers an oasis of tranquility! ■



COLLEEN CRAGUE

Colleen has been a dedicated health and fitness advocate in the Las Vegas LGBT community for over 17 years. She is the owner of First Place Nutrition here in Las Vegas, and just recently opened up a store in Hollywood, CA. For the last 15 years Colleen has been a personal trainer,

and is currently the #1 sales representative for Dymatize. She also owns a dietary supplement company called Desert Labs. Call toll free for location and information on First Place Nutrition. Email Crague@Dymatize.com to learn more about Dymatize. ■



KATE HANSON



Kate Hanson is the owner of Never Settle Fitness in Las Vegas, and a proud member of the LGBT community. Some of her many qualifications include being NASM CPT Certified, AFAA Group Certified, Spin Certified, and CPR/AED Certified.

Through Never Settle Fitness, Kate offers many services including Boot camp style workouts, in home training, and circuit training. Her main objective in life is to never settle. In

business, in love, in personal goals; never settle for less than what you know you deserve. She truly believes that everyone is entitled to the best in life, as long as they are willing to work for it. She wants to help others see that, with determination and heart, anything is possible. Call 702-334-9590 Go to www.NeverSettleLV.com to find out more! ■

JUSTIN I. McCOY

Justin J. McCoy has for many years been dedicated to sharing the positive impact of living a wellness lifestyle through exercise, nutrition, and making conscious lifestyle choices. He has worked as a Health Advisor with the Life Extension Foundation, is certified

in nutrition through CrossFit, Inc. and writes for various websites on health and wellness. He is as impassioned today as ever, helping you go above and beyond your health and fitness goals. He can be reached for personal consultations at: justmc9@gmail.com ■



DUSTIN RICHTER

Dustin Richter is a local personal trainer and owner of Happiness Through Health Personal Training. For over ten years he has helped clients from all walks of life to accomplish their health and fitness goals in the community. Having been certified by the NASM, ISSA, IFPA, and Apex Group, there is no challenge too big or small for him and his clients to work on together. As a supporter of the LGBT community, Dustin has donated his services to help support the

Human Rights Campaign and The Gay and Lesbian Center Honorarium, and has also been a regular contributor to QVegas Magazine. As a personal trainer his primary goal is that no matter what shape his clients are in when they come to see him, they will always feel happier and be healthier when their workout is complete. For more info about Dustin and Happiness Through Health Personal Training, please visit www.HTHPersonalTraining.com or contact him personally at 702-513-5159. ■

KARIE LINDSAY

Karie Lindsay is aiming to reach out to people in her LGBT community to utilize her 18 years of mental health experience using a lifecoaching model with her business Ally Lifecoaching, located in Summerlin. She is a certified professional coach and specializes in individuals and couples to help them reach their full potential to be happy, successful and energized. Karie has worked as a clinical

social worker with AIDS and cancer patients in the past, providing counseling to them and their families. In the past she also had her own psychotherapy practice as an LCSW. Karie now is loving the positive and goal-oriented approach of lifecoaching. It focuses on the client's present state and their future hopes and dreams and how to get there. Visit Karie's website for more information and a list of typical issues people seek help with: KarieLindsayLifecoach.com ■



IAN JONES

Ian Jones, a local personal trainer, has cemented himself into the personal training industry after spending most of his life heavily involved in athletics. As founder and owner of NewBodyFitness, Ian has taken his style of training and consultation to the heavily trafficked membership gym community as well as working with many clients in a private gym setting. New to the LGBT community as a health and wellness contributor, he's been in the personal training realm more than two years. Remembering that a clients' needs are always #1, he aims to assist clients in balancing

out health, fitness and nutrition in a way that will allow for long-term success. Developing a solid foundational relationship with a personal trainer is key to learning the importance of improving ones health through fitness and better nutrition, and Ian believes he's got a winning formula through NewBodyFitness. Find out more information about Ian through several outlets; www.NewBodyFitness.com, www.facebook.com/NewBodyFit, and personally at 702-518-3942. ■

JOSH TRUEX

Joshua Truex is a personal trainer aiming for a different approach with every individual he meets. Not the radical diet, nor the "quick fix" everyone may seem to think they will be happy with, but rather the path that will lead each and every person to results he or she can keep for the duration of their lives. Primarily focusing on pain management and corrective exercise as the method to his training regiment, he believes in not only giving the visual look but guaranteeing the client will see a safe and pain free process. Coming from NASM's base personal trainer, corrective exercise, performance exercise

and nutrition certifications, Josh bases his entire training philosophy around simplicity and realistic goal-setting. For almost a decade he has trained everyone from the heavily overweight client to the client looking to take the next competition he or she enters, but there is nothing more he likes to strive for than the individual who has things that may prevent them from even having the courage to enter the gym. Currently training at Lifetime Athletic-Summerlin, Josh is looking for anyone who has pain they feel they will never have a fix for. ■



CLOSET SUNDAYS

Beatles Revolution
Lounge
inside The Mirage

MANIC MONDAZE

@The Blue Martini
TEXT "EARLS"
69302

NIGHTLIFE

LGBT NIGHTCLUBS, BARS AND LOUNGES

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8½ AND PIRANHA 4633 Paradise Rd. 702-791-0100	El Seseo Latin Night DJs Vago & Auner Las Sirenas 12a	\$3 Local Liquor Bust 11pm-3am	DJ Vago & DJ Exile \$15 Domestic & 420 Beer Bucksets	Glamorous with Syren Vauhgn	DJ Chris Adams & DJ Vago- \$7 Liquor Bust w/Text	Visit piranhavegas.com for details	Stimulate Saturdays
BACKDOOR 1415 E. Charleston Ave. 702-385-2018	2-4-1 Drinks 10am-12pm Retro Night	2-4-1 Drinks 10am-12pm	2-4-1 Drinks 10am-12pm	2-4-1 Drinks 10am-12pm Karaoke 12pm \$3 Well & Domestics	2-4-1 Drinks 10a - Noon Ladies Nights	2-4-1 Drinks 10a - Noon Ladies Nights	2-4-1 Drinks 10a - Noon Latin Nights
BADLANDS SALOON 953 E. Sahara Ave. 702-792-9262	\$5.0 Beer Bust 9p - Midnight	Happy Hour 2-4-1 Drinks 4p - 7p	Happy Hour 2-4-1 Drinks 4p - 7p	Happy Hour 2-4-1 Drinks 4p - 7p	Happy Hour 2-4-1 Drinks 4p - 7p	2-4-1 Drinks 4p - 7p \$5 Liquor Bust 9p - Midnight	\$6 Beer Bust 9p - Midnight
CHARLIE'S LAS VEGAS 5012 S. Arville St. 702-876-1844	\$1.75 Well&Dom 2am-10am \$5 Beer Bust 4pm-7pm	Dance Lessons 7p-9p \$1.75 Well 2am-10am 2-4-1 Well 10am-6pm	Drag Queen Bingo 9p \$1.75 Well 2am-10am 2-4-1 Well 10am-6pm	Underwear Night \$1.75 Well 2am-10am 2-4-1 Well 10am-6pm	1/2 Price 9p-12am Dances Lessons 7p-9p \$1.75 Well 2am-10am	Dance Lessons 7p-9p \$1.75 Well & Domestic 2am-10am & 7pm-9pm	\$1.75 Well & Domestic 2am-10 & 7pm-9pm \$5 Beer Bust 9pm-12am
CREWS'N 1000 E. Sahara, Ste. 105 702-731-0951	Happy Hour 2-7p 2 for 1 Well and Draft	Sing along with pianist Piermarini 4-7p Happy Hour 2-7p	Happy Hour 2-7p Karaoke 8-11p Every other Tuesday	Happy Hour 2-7p 2 for 1 Well and Draft	Happy Hour 2-7p 2 for 1 Well and Draft	Happy Hour 2-7p Kitty Litter Show 11p & 1a	Happy Hour 2-7p 2 for 1 Well and Draft
ENTOURAGE VEGAS 953 E. Sahara Ave. 702-650-9191	Open 24 Hours Movie Star Night	Boys Night 4PM. to Midnight \$5 locker Under 25	Open 24 Hours Dark Night All Lights Outs	Open 24 Hours Wise Wednesdays	THRUST Thursday Adult Film Stars 8pm-10pm	Open 24 Hours	Open 24 Hours Packed House Busiest Night
ESCAPE LOUNGE 4213 W. Sahara Ave. 702-364-1167	Happy Hour \$2 Wells/Dom 8a-8p	Happy Hour \$2 Wells/Dom 8a-8p	Happy Hour \$2 Wells/Dom 8a-8p	Happy Hour \$2 Wells/Dom 8a-8p	Liquor Bust \$10-11p-1a Happy Hour \$2 Wells/Dom 8a-8p	Happy Hour \$2 Wells/Dom 8a-8p	Liquor Bust \$10-12a Happy Hour \$2 Wells/Dom 8a-8p
FLEX 4371 W. Charleston Ave. 702-385-FLEX	Bloody Sunday w/Dar ren BEST Bloody Mary Special 7am-3pm	Call Flex (702)-385-FLEX For Events	Underwear Island Free Drinks to Patrons in Skivvies (no cover)	Welfare Wednesday "Grand Tea Room" Desarae Penda'vis	TemptASIAN 10pm w/ DJ Ricoche \$10 Liquor Bust & \$7 Tokyo Teas	Boys Night No Cover	Cirque Du Macabre Axiom 10pm w/DJ Panda Live Circus
FREEZONE 610 E. Naples Dr. 702-794-2300	Karaoke Free Beer Bust 8p - 1a w/ Shot Purchase	Karaoke Free Beer Bust 8p - 1a w/ Shot Purchase	Ladies Night Lick-Her-Bust 8p - 1a	Risque Bingo 8pm INTOXICATED w/ Diva Toxxx Drag Revue 11pm	BUSTED \$7 Liquor Bust \$5 Beer Bus 8-1am	Queens of Las Vegas Drag Revue 1-1pm DJ BC 11pm	Queens of Las Vegas Drag Revue 10pm Beer Bust 4-8pm
FUN HOG RANCH 495 E. Twain 702-791-7001	\$5 Beer Bust 6-9pm	Happy Hour 3-7p \$1.50 Long Islands 9p-2a \$3 Smimoff 8pm-12a	Happy Hour 3-7p \$5 Beer Bust \$10 Liquor Bust 9p-2a	Happy Hour 3-7p \$1.50 Margaritas 9p-2a & \$1 off Call Sho	Happy Hour 3-7p \$5 Beer Bust \$10 Liquor Bust 9p-2a	Happy Hour 3-7p	\$5 Beer Bust 12pm-4pm
THE GARAGE 1487 E. Flamingo 702-440-6333	Happy Hour 11a-7p ANY Drink 2-4-1 \$5 Beer Bust 5p-9p	Happy Hour 11a-7p ANY Drink 2-4-1 \$5 Beer Bust 9p-12a	Happy Hour 11a-7p ANY Drink 2-4-1 \$10 Beer Bust 9p-12a	Happy Hour 11a-7p ANY Drink 2-4-1 \$5 Beer Bust 9p-12a	Happy Hour 11a-7p ANY Drink 2-4-1	Happy Hour 11a-7p ANY Drink 2-4-1	Happy Hour 11a-7p ANY Drink 2-4-1
GIPSY 4605 Paradise Rd. 702-666-8661	Visit gipsyvegas.com for details	Visit gipsyvegas.com for details	Visit gipsyvegas.com for details	Visit gipsyvegas.com for details	Visit gipsyvegas.com for details	Visit gipsyvegas.com for details	DJ Majesty hosted by SinCity Stud HIP HOP Party 2:30a \$5 Hennessy Shots
GOODTIMES 1775 E. Tropicana Ave. 702-736-9494	OPEN 24HRS	Drag Show Starts 11p	Comedy Show 8p-midnight	Karaoke With Will 9pm-1a	Carpe Noctem 10:30p-4a NO COVER	Vaquero Night with \$10 Liquor Bust 10p	Noche Caliente "Hot Night" 10p
LAS VEGAS EAGLE 3430 E. Tropicana Ave. 702-458-8662	\$5 Well or Draft Bust 12 - 5p and 10p - 2a	Slot Tournament 8p-10p	Karaoke with Johnathon	Jock Strap and Underwear Night 7p - 3a	\$5 Well or Draft Bust 12 - 5p and 10p - 2a	Jock Strap and Underwear Night 7p - 3a	\$5 Well or Draft Bust 12 - 5p and 10p - 2a
SNICK'S PLACE 3rd St. off Las Vegas Blvd. 702-385-9298	Open 24 Hours	Happy Hour 2 - 4a and 2 - 4p	Happy Hour 2 - 4a and 2 - 4p	Happy Hour 2 - 4a and 2 - 4p	Happy Hour 2 - 4a and 2 - 4p	Happy Hour 2 - 4a and 2 - 4p	\$5 Beer Bust and \$6 Liquor Bust 9p - Midnight
SPOTLIGHT LOUNGE 957 E. Sahara Ave. 702-696-0202	\$1.50 Bloody Marys 8a - 4p \$5 Beer Bust 4 - 7p	\$5 Beer Bust Noon - 4p 2-4-1 9p - Midnight	\$5 Beer Bust Noon - 4p 2-4-1 9p - Midnight	Hump Day \$1.50 Well Screws or Margaritas 8a - 4p	Come hang out at the Spotlight Lounge	\$5 Liquor Bust 1 - 4p \$5 Beer Bust 8 - 11p	\$5 Beer Bust 12 - 3p Couples Night 6 - 9p Jock Night Mid - 3a
STEELZ 4401 E. Sunset Road 702-451-9464	Weekend Brunch 10am-3am \$20 Unlimited Drinks	Happy Hour 4p-7pm & 11p-2am \$5 Martinis \$5Wine List \$5 Menu Items \$1 Off Draft Beer				FRIDAY HADDOC FISH FRY ALL DAY	Weekend Brunch 10am-3am \$20 Unlimited Drinks
SHARE NIGHTCLUB 4636 Wynn Road 702-258-2681	Ultra Lounge 6PM-2AM Happy Hour 6-8, 12-2a	Ultra Lounge 6PM-2AM Happy Hour 6-8, 12-2a	Ultra Lounge 6PM-2AM Happy Hour 6-8, 12-2a	Ultra Lounge 6PM-2AM Happy Hour 6-8, 12-2a	Guest DJ's & Dance 10PM-4AM OPEN BAR 12-2a	Guest DJ's & Dance 10PM-4AM OPEN BAR 12-2a	Guest DJ's & Dance 10PM-4AM OPEN BAR 12-2a



LOG ON NOW
FOR MORE NIGHTLIFE &
EVENTS:

www.gayclubs.qvegas.com

To Submit Your Event/Nightlife email: info@qvegas.com

“
SHARE NIGHTCLUB AIMS
TO LAY THE FOUNDATION
OF LAS VEGAS’ GAY
VILLAGE
”

SHARE

by Richard Davis

It takes a village to build a community. Newcomers to the Las Vegas gay scene often complain about the lack of community here in one of America’s fastest growing and most transient cities. But Michael Crisp, a long-time Las Vegas gay resident and owner of the new SHARE Nightclub and Ultra Lounge says we have a strong community, we just haven’t built around it the infrastructure of a gay village that other cities with strong gay identities have, like Palm Springs or West Hollywood. Crisp aims to lay the foundation of Las Vegas’ gay village at SHARE. While Las Vegas might be said to be the nightclub capital of the world, clubs appealing to a specifically gay and lesbian audience can be counted on the fingers of one hand. Clubs that are truly welcoming to the community are even harder to find. The typical club that opens its doors at midnight and has a VIP list more rarefied than the guest list to a Lady Gaga party might give you the opportunity to Stand and Pose while being underwhelmed by the latest SKAM artist, but are we having fun yet? Welcome to SHARE. This new club is all about hanging with friends in an inviting “community” atmosphere where the focus is on the pop and hip hop party music spun by top DJs. Crisp wants to get the party going before midnight with a community nightlife scene where friends can drop in for drinks after work or transition to the club after dinner or a show as well as party all weekend. He

“WE HAVE A STRONG COMMUNITY, WE JUST HAVEN’T BUILT AROUND IT THE INFRASTRUCTURE OF A GAY VILLAGE THAT OTHER CITIES WITH STRONG GAY IDENTITIES HAVE, LIKE PALM SPRINGS OR WEST HOLLYWOOD.”

wants SHARE to be a place of community for gay Las Vegans and the number one party destination for out-of-town gays.

Not that SHARE lacks for any amenities that make Las Vegas a party destination, if anything Crisp has raised the bar. The \$7 million stand-alone club is divided into a nightclub and ultra lounge. The downstairs nightclub has plenty of space to party while maintaining a friendly intimacy. The style, Crisp says, is retro Vegas, a sort of extravagant modernism. Comfortable

banquets line a wall decorated with subtle rainbow stripes, lending to the community ambiance. Cabanas with sheer drapes provide privacy while allowing guests to feel like they are still part of the party. SHARE provides table service with a table minimum rather than a bottle minimum because Crisp says the gay community likes to party with our friends with everyone ordering a

variety of drinks rather than single bottles.

Great sightlines to the stage mean that the top entertainment featured can be seen as well as heard, such as American Idol runner-up Blake Lewis and Logo’s A-List New York’s Reichen, Rodiney and Austin, who played the club on New Year’s weekend. Crisp says he wants a higher level of artistic talent and sophistication for his entertainment line-up. SHARE creates a total ambiance with character performers, like the Mad Hatter, and other entertainments popping up throughout the club, like



COMMUNITY CALENDAR

JANUARY 2012

SUNDAY	MONDAY	TUESDAY	WEDNSDAY	THURSDAY	FRIDAY	SATURDAY
1 MCC Church Services mccLV.com	2	3 Fruitcake Toss Day (Throw out your old fruitcakes)	4	5	6 Return Of The Evil Dead Musical - Onyx Theatre OnyxTheatre.com	7
8 MCC Church Services mccLV.com	9	10 Planned Parenthood Caucus Training PlannedParenthood.org	11	12	13 Imago Dei - Monthly Mass & Social ImagoDeiLV@aol.com	14 "Diamonds are Forever" Gala - LVPhil.com
15 MLK Vegas Poetry Lounge - Urban702.com MCC Church Services mccLV.com	16 Martin Luther King Day	17	18	19 QVegas 3rd Thursday benefiting AFAN @ Furniture Mart QVegas.com	20	21 SinCitySisters Oink Night @ Funhog Ranch SinCitySisters.org
22 MCC Church Services mccLV.com	23	24	25 AFAN Club Med Box AfanLV.org	26  The Center - Bowling @ Wildfire TheCenterLV.com	27	28 JIMICTO - Fashion, Art & Music Festival Black & White Ball NevadaBallet.org
29 MCC Church Services mccLV.com	30  The Center - Volunteer w/ Betty's Helpers @ 3 Square Food Bank TheCenterLV.com	31	1	2	3	4

Cirque performers planted in the audience. Dancer platforms place go-go boys up close and personal. Personal is the key for Crisp. Because SHARE has an adult entertainment license, the club dancers are able to go a little bit further than the typical go-go boy. Should you have your eyes on a certain dancer, he can make things a little more personal for you upstairs in SHARE's ultra lounge.

The ultra lounge is a more intimate space with steel mesh draperies providing even more privacy. Six VIP booths that are open yet secluded border the circular lounge floor. The beautiful red and clear polymer under lit bar top shows Crisp's attention to detail. As do the subtle crystal chandeliers that suggest retro Vegas camp. The ultra lounge is a quietly elegant after work spot to grab a drink with a co-worker. Or later in the evening you can secure one of the VIP booths for a more personal experience with one of the club dancers.

Friendly is the new sexy at SHARE.

While the SHARE staff are drop-dead gorgeous serving you cocktails in Diesel skivvies, even more eye opening is their warm and friendly customer service. Crisp says he wants your business all through the week and that means making you feel like SHARE is your place. "Remember when Vegas had the reputation for courtesy, respect and great customer service?" he said. "We're bringing that back."

Crisp wants SHARE to grow with the Las Vegas gay village. Future plans include opening an upper room with a window wall with views of the Strip and gaming and food service. He would also like to develop a full concierge program that would include hotel and dinner packages for out-of-town guests.

SHARE has 125 of another amenity that you won't find at any other gay nightclub in Las Vegas—125 onsite parking spaces, as well as free valet service. For information on upcoming events at SHARE go to www.sharenightclub.com. ■



John J. Pierce, D.O.
Ageless
...FOREVER



GOT FAT?

**DON'T BURN IT!
FREEZE IT!**

coolsculpting
by ZELTIQ

MENTION THIS AD AND RECEIVE

\$100 OFF

YOUR COOLSCULPTING
TREATMENT

CALL TODAY FOR YOUR FREE
PHYSICIAN CONSULTATION!

6020 S. RAINBOW BLVD.
SUITE C LVNV 89119

702-838-1994

AGELESSFOREVER.NET

*May not be used with any other offers

QVEGAS YELLOW PAGES

ADULT

Adult Mega Outlet
4350 Las Vegas Blvd N #C
LV, NV 89115
702-643-7982

AIDS SERVICE ORGANIZATIONS

Aid for AIDS of NV (AFAN)
701 Shadow Ln., #170
LV, NV 89106
702-382-2326
www.afanlv.org

Golden Rainbow
3233 W Charleston Las Vegas #108
LV, NV 89102
702-384-2899
www.goldenrainbow.org

NV AIDS Project, Inc.
455 S Grand Central Pkwy
LV, NV 89106
702-636-1800
www.NVaidproject.org

Southern NV Health District
625 Shadow Ln
LV, NV 89106
702-759-1000
www.southernNVhealthdistrict.org

St. Therese Center
702-564-4224
aidsproject@dioceseoflasvegas.org
www.sainttheresecenter.org

ART

Martin Lawrence Galleries
The Forum Shops at Caesars
Palace
3500 Las Vegas Boulevard South
LV, NV 89109
(702) 991-5990
www.martinlawrence.com

Mikel Patrik
www.mikelpatrik.com

AUTO-BODY REPAIR

Sams Auto Body
Jimmy
3043-B Meade
LV, NV 89102
702-873-6502
samsautobodylv@hotmail.com

AUTOMOTIVE

A Accentrick Tint
702-248-TINT or
702-606-9660
www.accentricktint.com

Absolute Auto
1910 Rock Springs
LV, NV 89128
3 Locations to Serve You!
702-450-7664
www.autorepairlasvegas.net

Findlay Cadillac
993 Auto Show Dr.
Henderson, NV 89014
702-558-2600
www.findlaycadillac.com



Findlay Honda Henderson
933 Auto Show Dr.
Henderson, NV 89014
866.778.8795
www.Findlayhondahenderson.com



Lexus of Las Vegas
6600 W Sahara Ave, LV, NV 89146
702-942-6600
www.lexusoflasvegas.com



Lexus of Henderson
7736 Eastgate Rd.
LV, NV 7736 Eastgate Road
Henderson NV 89011
702-228-7736
www.lexusofhenderson.com

BROADCASTING

Nevada Public Radio
1289 S. Torrey Pines Dr.
LV, NV 89146
702-259-7813
www.knpr.org



ENTERTAINMENT

Affordable Affairs
John Beacham
3229 River Glorious Ln.
LV, NV 89135
702-283-3193
planmyaffair@yahoo.com

Rev. Bill Morin

Spiritual Counselor

✦ Astrologer
✦ Psychic Channeler
✦ Reiki Attunements
✦ Tarot Classes

AVAILABLE FOR PERSONAL CONSULT

(702) 449-4576

mcentaur35@yahoo.com

Official QVEGAS Spiritual Counselor
Check Your Horoscopes Online: www.QVegas.com

Divas | Starring Frank Marino
Imperial Palace LV
www.ImperialPalace.com

Las Vegas Philharmonic
lvphil.com
702-895-2787

Nevada Ballet Theatre
1651 Inner Circle
LV, NV 89134
702-243-2623
www.Nevadaballet.com

SPI Entertainment
4090 E Post Rd # 102, LV, NV
702-617-9219

Zumanity
New York, New York Hotel and
Casino
866-606-7111
www.zumanity.com

FINANCIAL SERVICES

Heck & Associates of Merrill Lynch
2300 W. Sahara Ave. Ste 1200
LV, NV 89102
702-227-7050
ken.heck@ml.com

FITNESS/HEALTH/BEAUTY

Ageless Forever
7455 W. Washington, Suite 280
LV, NV 89128
702-222-1994
www.agelessforever.net

American Male- South
6070 S. Rainbow Blvd,
Suite 5 LV, NV 89118

American Male- North
2021 N. Rainbow Blvd,
Suite 101 LV, NV 89108
702-405.0500
www.americanmale.com

Blush Salon
6360 South Pecos, Suite 4
LV, NV 89120
702-851.3100
blushsalon@hotmail.com

Entourage Vegas Spa & Health Club
953 E. Sahara Ave., Ste. A19
LV, NV 89104
702-650-9191
www.entouragevegas.com

ENTOURAGEVEGAS
A HEALTH CLUB FOR DISCOUNT SAVINGS

Hands On Massage
Thomas Bogle
702-498.5531
LVmassage2U@aol.com

Hawk's Gym
953-35B E. Sahara Ave.
702-731.4295
www.hawksgymLV.com

Never Settle Fitness
Kate Hanson
702-334-9590
www.neversettleLV.com

No Excuses, LLC
1730 Diamond Bluff Ave.
North LV, NV 89084
702-338-3143
www.dannyfitness.com

Rapid Rehab Elite
8751 W. Charleston, Ste. 270
LV, NV 89117
702-982-2232
www.rapidrehablv.com



Wax Hair Removal Bar
9809 W. Flamingo Rd. Suite E5
LV, NV 89147
702-221-4WAX
www.waxlasvegas.com

FLORAL

The Tiger Lily Flower Shop
Full Service Florist
800.805.9052
www.wesendemotions.com

HOME AND GARDEN

Las Vegas Tile Importers
3575 S. Decatur Blvd.
LV, NV 89103
702-253-7062
www.lvtile.com

HOTELS/RESORTS/CASINOS

Blue Moon Resort
2651 Westwood Dr.
LV, NV 89109
702-784-4500
www.bluemoonLV.com

Encore at Wynn LV
3131 Las Vegas Blvd S
LV, NV 89109
702-770-2098
www.encorelasvegas.com



INNduge Hotel Palm Springs
Jon Jackson
601 Grenfall Rd.
Palm Springs, Ca. 92264
760-327-1408
inndugemarketing@gmail.com

Luxor Hotel & Casino
3900 Las Vegas Blvd S. LV, NV 89119
(800) 876-0006
www.luxor.com



Paris Las Vegas
3655 S. Las Vegas Blvd.
LV, NV 89109
702-967-7851
www.gayparislasvegas.com



Tropicana Las Vegas
3801 S. Las Vegas Blvd
LV NV 89109
702-739-2222
800-GO2-TROP
www.tropLV.com

Wynn
3131 S. Las Vegas Blvd
LV, NV 89109
702-770-7000
www.wynnlasvegas.com



INSURANCE

American Family Insurance
Rich Behrens
3636 Las Vegas Blvd N # A1
LV NV 89115
702-453-1306
www.richbehrens.com

JPG Insurance
Jeremy Tyler
11411 Southern Highlands Pkwy,
Ste., 320
LV, NV 89141
702-204-3484

Liberty Mutual Group
Lydia Toscano
9005 S. Pecos; Suite 2530
Henderson, NV 89074
702-736-8611 ext. 58075
www.libertymutual.com/lm/lydiatoscano

LANDSCAPING

Desert Landscapes of Las Vegas
Larry Smithson
5201 Cold River Ave.
LV, NV 89130
702-332-2076
desertlandscapesoflasvegas@yahoo.com

QVEGAS YELLOW PAGES

LEGAL

Attorney Debt Relief Advocacy
John Eisele
 255 E Bonneville
 LV, NV 89101
 702-685-1439
 eisele@attorneyloannegotiations.com

Craig P. Kenny & Associates
 501 South 8th Street
 LV, NV 89101
 702-380-2800
 www.cpklaw.com



James M. Davis Law Office
 6725 S. Eastern Ave Suite 4
 LV, NV 89119
 702-377-5428
 www.davisnlaw.com
 jdavis@davisnlaw.com

Las Vegas Defense Group
 2300 W Sahara Ave Ste. 800
 LV NV 89102
 702-333-3673
 www.702defense.com

Nevada Law Group
 2920 N. Green Valley Pkwy. Ste. 313
 Henderson, NV 89014
 702-946-8100
 www.Nevadalawgroup.com



LIFE-COACH

Ally Life Coaching Services
Karie Lindsay
 9402 W. Lake Mead Blvd.
 LV, NV 89134
 (702) 340-1357
 lifecoachally@gmail.com
 karielindsaylifecoach.com

MEDICAL

Afshin Azimi, DDS
 820 S. 7th St., Stes. C & D
 LV, NV 89101
 702-759-0005
 www.drazimi.com

Optical Effects Vision Center
Dr. Robert Wlodek
 9895 S. Maryland Pkwy Ste. D
 LV, NV 89183
 702-435-3937
 www.opticaleffectsLV.com

Rapid Rehab Elite
 8751 W. Charleston, Ste. 270
 LV, NV 89117
 702-982-2232
 www.rapidrehablv.com



NIGHTLIFE

The Garage
 1487 E Flamingo Rd
 LV NV 89148
 702-440.3333
 www.thegarageLV.com

Kitty Bar
 3663 Las Vegas Boulevard S.
 LV, NV 89109
 702-836-0830
 www.lesbiansinvegas.com



The Light Group
 6276 S. Rainbow, Ste. 120 LV, NV 89118
 702-693-8300
 www.lgbtlightgroup.com



NON-PROFITS

American Catholic Church in America
 2000 S. Maryland Pkwy.
 LV, NV 89104
 702-205-2265
 www.AmericanCatholicChurch.net

American Lung Association in NV
 3552 W. Cheyenne Ave., Ste. 130
 North LV, NV 89032
 702-431-6333
 www.lungnevada.org

ACLU of Nevada
Dane Claussen
 601 S. Rancho Drive, Suite B11
 Las Vegas Nevada 89106
 702-366-1536
 claussen@aclunv.org
 www.aclunv.org

Better Time Events Inc. (Better Birthdays)
Kenyatta Fletcher
 848 N. Rainbow., Ste. 167
 LV, NV 89107
 702-673-0191
 www.bettertimeevents.com

Community Counseling Center
 714 E. Sahara Ste., 101
 LV, NV 89104
 702-369-8700
 www.cccofsn.org

CRUSH
 info@socrush.com
 www.socrush.com

Friends of Roos N More Inc
Gina Brown
 PO Box 727
 Moapa Nevada 89025
 702-467-3585
 friends@roosnmore.org
 www.roosnmore.org

Gay and Lesbian Community Center of Southern Nevada
 953 E. Sahara Ave. Ste B-31
 LV, NV 89104
 702-733-9800
 www.thecenterLV.com

Human Rights Campaign
 702-236-7617
 http://www.lv.hrc.org/

Kaleidoscope Family Solutions
 3027 E. Sunset, Ste. 108
 LV, NV 89120
 702-521-0633
 www.kfsolutions.org

LVGA3
Dr Tim Holmes
 2815 S. Jones Blvd
 LV, NV 89146
 702.419.2817
 timholmesdc@gmail.com
 www.lvga3.com

Mente Sana, Education, Prevention, and Counseling
 4660 S. Eastern Ave. Suite 200
 LV, NV 89119
 702-451-7542
 www.mentesanaLV.org

Nevada Partners
 710 W. Lake Mead.
 LV, NV 89030
 702-924.2100
 www.Nevadapartners.org

David Silva
 Owner
 702.767.2153
 www.scoopdave.com

PLAN - Progressive Leadership Alliance of Nevada
Kai Regidor
 708 So. Sixth St
 LV, NV 89101
 702.791.1965
 kai@planevada.org
 www.planevada.org

Planned Parenthood of Southern Nevada
 3220 W. Charleston.
 LV, NV 89102
 702-878-3622
 www.pppm.org

The Smith Center For The Performing Arts
 241 W Charleston LasVegas
 LV, NV 89102
 702-614-0109
 www.thesmithcenter.com

Safe Nest Temporary Assistance for Domestic Crisis
 24-Hour Hotline
 702-646-4981
 www.safenest.org

Southern NV Assoc. of PRIDE, Inc.
 866-930-3336
 www.lasvegaspriide.org

Stonewall Democratic Club of Southern Nevada
 702-576-4978
 www.sdcns.blogspot.com

Three Square Food Bank
 4190 N. Pecos Rd.
 LV, NV 89115
 702-644-3663 ext. 344
 www.threesquare.org

Vegas Bisexuals
 953 E. Sahara Ave
 LV NV 89104
 Vegasbisexuals@gmail.com
 www.vegas-bisexuals.ning.com

Women of Diversity Productions, Inc.
 5790 N. Park St.
 LV, NV 89149
 702-341-9807
 www.womenofdiversity.org

PERSONAL SERVICES

Gilded Group Concierge
 3960 Howard Hughes Pkwy., Ste. 5
 LV, NV 89169
 702-518-4406
 www.gildedgroup.com

PET SERVICES

The Animal Foundation
 655 N. Mojave
 LV, NV 89101
 702-384-3333
 www.animalfoundation.com

Rub a Dub Dub Pups in a Tub
 Mobile Dog Grooming
 702-491-8417

Scoop Dave
 Pet Waste Removal
 702-767-2153
 www.scoopdave.com

PRINTING AND DESIGN

Family Apparel Embroidery and Screen Printing
 Online Custom Apparel
 702-378-3348
 www.familyapparelLV.com

Pretty Sick Shirts.com
 1409 Big Valley Lane
 North LV, NV 89081
 (702) 280-4400
 www.prettysickshirts.com

Valley Press of Las Vegas
 2675 E. Patrick Ln. Ste.1
 LV, NV 89120
 702-871-0660
 www.vpiLV.com



PUBLISHING

Southwest LGBT Media, Inc.
 6000 S. Eastern, Ste. 4E
 LV, NV 89119
 702-650-0636
 www.QVegas.com



REAL ESTATE/LENDING

#1 Las Vegas Gay Realtors
 888-420-MOVE (6683)
 www.lasvegsgayrealestate.com

GayRealEstate

Blue Heron Luxury Homes
 6755 Agave Azul Ct.
 LV NV 89120
 702-531-3000

iMortgage
Jim Losell
 9139 W. Russell Rd., Ste. 100
 LV, NV 89148
 702-322-0410
 www.imortgage.com/jim.losell

QVEGAS YELLOW PAGES

Prudential Americana Group Realtors

Felipe Crook
7454 W. Sahara Ave Suite #100
LV, NV 89117
702-362-1111
elipe@felipecrook.com
www.felipecrook.com

Realty ONE Group
Randy Slovacek
6911 April Wind Avenue
LV, NV 89131
702-985-7788
randy@lvhabitats.net
www.LVhabitats.net

RECREATION

**LV Gay Athletics,
Arts & Activities**
www.LVga3.com

RELIGIOUS/SPIRITUAL

**Imago Dei Gay
Lesbian Catholic Ministries**
336 Cathedral Way
LV, NV 89109
702-354-2294
www.imagodeiLV.org

Metropolitan Community Church
1140 Almond Tree Ln.
LV, NV 89104
702-369-4380
www.mccLV.com

Rev. Bill Morin
702-449.4576

Blue Martini
6593 Las Vegas Blvd. S.
LV, NV 89119
702-949-2583
www.bluemartinilounge.com



RESTAURANTS/FOOD SERVICE

Crazy Pita
2225 Village Walk Dr., Ste. 175
Henderson, NV 89052
702-869-7482
www.crazypita.com

The Cupcakery
Two Vegas locations
702-207-2253
www.thecupcakery.com



Hussong's Cantina
3930 Las Vegas Blvd South #121-B
LV, NV 89119
702-553-0123
www.hussongslasvegas.com

Mundos
495 S. Grand Central Pkwy.
LV, NV 89106
702-270-4400
www.mundolasvegas.com

Paymon's Mediterranean Cafe
Two locations across the valley
702-731-6030
www.paymons.com

Stealz Bar and Lounge
4401 E. Sunset Rd.
Henderson, NV 89104
702-451-9464

RETAIL

Adult Mega Outlet
4350 N. Las Vegas Blvd # C
LV, NV 89115
702-643-7982

Alex Presley's Unique Boutique
Furniture and Event Rentals
1304 S. Las Vegas Blvd.
LV, NV 89104
702-300-2476

Bare Essentials
4029 West Sahara Avenue
LV, NV 89102
702-247-4711
www.bareessentialsvegas.com

Charleston Antique Mall
307 W. Charleston
LV NV 89102
702-228-4783
www.CharlestonAntiquemail.com

Northern Lights and Fans
6125 S. Valley View Las Vegas., Ste. G
LV, NV 89118
702-438-6600
www.northernlightsLV.com



Halloween Mart
6230 S. Decatur., Ste. 101
LV, NV 89118
702-740-9224
www.halloweenmart.com

Price Video
700 E. Naples., Ste. 109 LV, NV
89119
702-734-1342

SOCIAL NETWORKING

LesbiansLasVegas.com
702-518-4053
www.lesbianslasvegas.com

QueerKat
702-743-7971
www.queerkat.com



TRAVEL

LV Convention & Visitors Authority
3150 S. Paradise Rd. LV, NV 89109
702-892-2843
www.visitlasvegas.com



Visit Palm Springs
760-778-8415
www.psgaytravel.com



QVEGAS BUSINESS ALLIANCE

We are delighted to introduce you to QVegas Business Alliance, the perfect opportunity to network with like-minded individuals and gain exposure within the Southern Nevada LGBT Community. Membership in the QBA is open to corporations of all sizes as well as sole proprietors and independent agents, regardless of sexual orientation. Gay or straight-owned businesses alike are invited to join the alliance to show support of our affluent community. Why have 30,000 reads a month when you can have 300,000.

QBA Membership

Three levels of membership are available in the QVegas Business Alliance:

- CORPORATE SPONSORSHIP
- BUSINESS MEMBERSHIP
- INDIVIDUAL MEMBERSHIP

All QBA Memberships include listings in this directory and on:

www.QVegasBA.com

MEDICINAL

GENERIC VIAGRA
NO PRESCRIPTION NECESSARY.
GENERIC CIALIS AND LEVITRA ALSO AVAILABLE.
CALL (702)-217-6120
TEXT (702)-514-1579

EMPLOYMENT

Valley National Loans. Bills, Debts, Financial problems.
Let us help! Quick low rates. Personal, Business Auto. Debt
consolidation, Home loan. Bad credit ok. No application fee.
Apply call 1-888-824-8425.

Psychic / Channeler / Astrologer with over 25 yrs. experience.
Available for private readings, phone consultations and
social functions. Call Bill at 702-449-4576 or email him at
mcentaur35@yahoo.com.

REAL ESTATE

WWW.GAYREALESTATE.COM Free Instant Access to
Las Vegas & the Nation's Top Gay & Lesbian Realtors
on-line at: www.GayRealEstate.com or Toll Free 1.888.420.
MOVE (6683)

RENTALS

Beautiful, Newly Remodeled Townhome
2 Bdrm, 11/2 bath, 1300 sq ft, Corner Unit. All Appliances
including washer & dryer. Gated yard, Private Parking,
Small dog only. Community has a Club house & Pool.
\$800.00 per month. Washington and Tenaya. Call Cathy
702-354-4912. Avail Jan. 1st.

Two rooms in house with connecting private bath for two
boys (18-25 Non Smoker) TV, Computers. \$350 - David
205-2434 davolasvegas@gmail.com

Beautiful Newly Remodeled House For Rent
3 Bedroom, 2 Bath, All new appliances. Must See, \$1500.00
per month. 3101 Colanthe Las Vegas Nevada. Call Victor at
702-480-1229

"GAY MALE NUDIST HOME, SEEKS SAME"
\$400.00/mo + Share of Utils and a \$300.00 Sec. Dep. Min. 1
Yr. Lease N/S, No Drugs, No pets! Overnight guest restrictions.
Pool & all amenities, fully furnished & house privileges. Msg:#
702-722-3702

Furn. rm w/priv bth in gated community twnhse near UNLV/
Strip. \$500 incl. utils, cable, internet. No pets/smoking. Marc
498.3803.

ACCOMODATIONS

Las Vegas' only Gay Resort. Blue Moon Resort. 44 rooms,
Lagoon pool, Coffee house, Movie room. Day passes available
866-798-9194. www.bluemoonlasvegas.com.

LICENSED MESSAGE

ENTOURAGE VEGAS SPA, where you can only expect the
best, a full-service, massage treatments, rejuvenating your whole
being. Medical and lien cases accepted 702-650-9191 www.entouragevegas.com

Vegas Massage Works by Licensed Professional. My
intuitive hands will relax, unwind, and relieve your stress. For
an unforgettable experience direct to you, call David @ 702-
524-4456 www.vegasmassageworks.com. Lic.#2000480-519,
NVM1109.

A Massage For Men by Jay at home, office or hotel. I use
Eastern techniques for total relaxation. Reasonable rates. Daily
9am to 9pm. Call 702-823-8074

ADULT ENTERTAINMENT

Gentlemen, this is what you've been looking for! Hot! Gay
& Straight boys! Private gatherings for discerning gentlemen
who like smooth young men. Invitation only. Call for dates &
times. Dave 300-5870 nudeboysparty@gmail.com

Host/Models (18-25) for private nude club not open to
public. Dave 300-5870 nudeboysparty@gmail.com

GORGEOUS MASSEUSE & ENTERTAINERS avail 24/7. Stats:
young, hung, hard body college studs. Available for couples, one
on one, male or female. Accept credit cards. Call 702-806-7391.

Adult World Largest selection of adult videos. Mini-Theaters &
Video arcades; Boulder Highway 702-433-6311, Industrial Rd.
702-734-7667, Mead Ave 702-579-9735.

BODY RUBS

CHIPPENDALE - BODYBUILDER - GQ LOOKS Masculine.
Friendly. Dark hair. Blue eyes. 6ft, 200lbs. Body Rubs, Fantasies,
Escort, Etc. 24/7 Brent 954.865.7412

Massage by Steve. Fit, masculine, strong-handed pro offers
1-hr. full body, sensual massage in a deluxe townhouse near the
Strip. Table, music & special oils. Locals discount, reasonable
rates! 498-3803.

GQ Boy Toy Who is ready to have some fun? Why call the rest,
when you can have the best - 24 hours. Zander 702-606-4578

23 year old Boyish looks, smooth, masculine, hot and ready. In
your home or hotel, 24 hours. Call me now. Taylor 702-334-9419.

Want to advertise in the QMarket?
Call (702) 650-0636



Metropolitan Community Church of Las Vegas



Spreading the light

Worship Schedule

Saturday
5:30pm Rainbow Service

Sunday
9:00am Joyful Morning
11:00am NewSong

W. Wayne Lindsey
Senior Pastor

1140 Almond Tree LN
(Maryland & Sahara)

MCCLV.com
702-369-4380
mcclv@coam.net

ADULT MEGA OUTLET

DVDs \$1.95

PRIVATE VIDEO ARCADE

702-643-7982

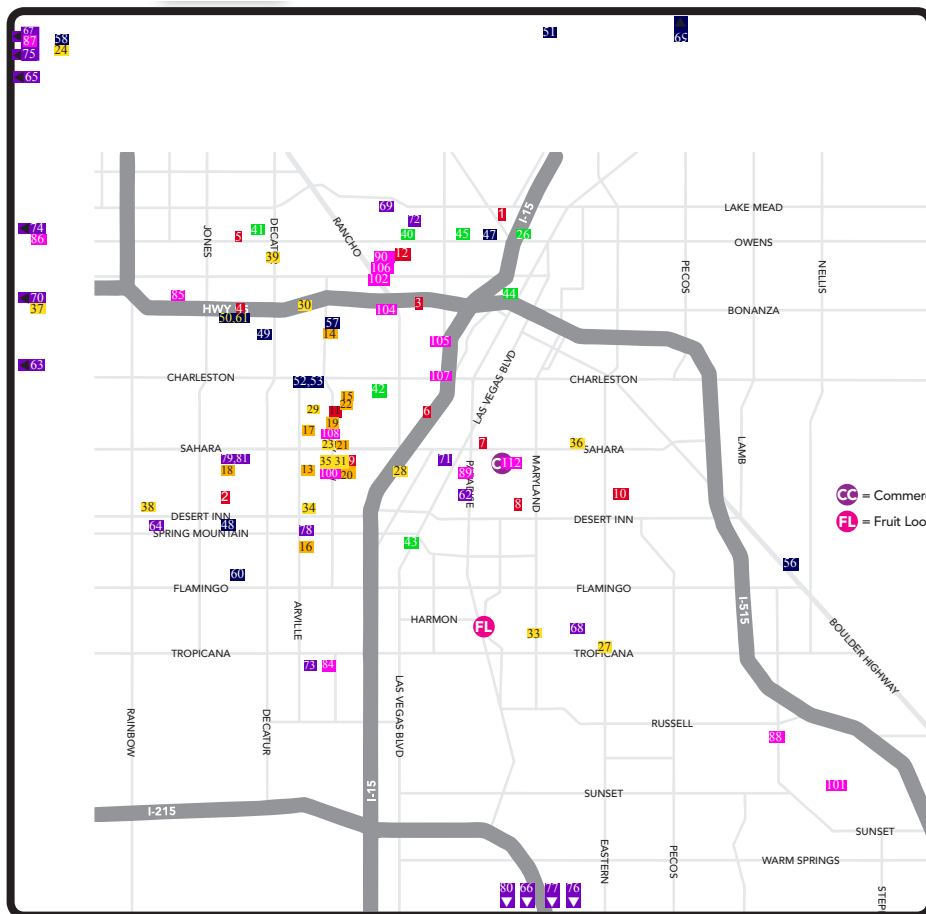
EXIT 48 • LEFT • 2 MILES AHEAD @ CRAIG & LV BLVD

Check out our smoke shop accessories- we will not be undersold!

Honor Roll

SUPPORTIVE BUSINESSES & DISTRIBUTION POINTS

QVegas has an amazing set of loyal supporters, listed here on our Honor Roll. Distribution points are noted in **red**. Please patronize these businesses as often as possible and tell them QVegas sent you.



ADULT RETAIL

- 47 A-Action Adult & Video, 1016 S 1st St, 382-1076
- 48 Adult Déjà Vu Emporium, 4335 W Tropicana Ave, 367-8002
- 49 Adult World, 3781 Meade Avenue, 579-9735
- 50 Bare Essentials, 4029 W Sahara Ave, 247-4711
- 51 Desert Adult Books, 4350 Las Vegas Blvd N, 643-7982
- 52 Deja Vu Love Boutique, 3257 S Industrial Rd,
- 53 Deja Vu Love Boutique, 3265 S Industrial Rd
- 54 Fantasy World, 6760 Boulder Hwy, 433-6311
- 55 Industrial Rd. Book, 3427 Industrial Rd., 734-7667
- 56 Fantasy World, 6760 Boulder Hwy
- 57 Peep Land, 2424 Western Ave, 383-4993
- 58 Rancho Adult Bookstore, 4820 N. Rancho Rd, 645-6104
- 59 Sin City Adult Superstore, 4440 E Cheyenne Ave, 643-696
- 60 Sinderella's, 5570 S. Valley View, 736-9700
- CC The Rack, 953 E Sahara Ave, 732-7225
- 61 Lady "C" Leather, 4037 W Sahara Ave, 641-3834
- 59 Red Chrome Adult Superstore, 4440 E. Cheyenne Ave, Ste. B, 643-6969

DINING AND FOOD

- 62 Freakin' Frog, 4700 S Maryland Pkwy, 597-9702
- 63 It's A Grind Coffee House, 8470 W Desert Inn Rd, 360-4232
- 65 The Cupcakery, 7175 W Lake Mead Blvd, 835-0060
- 66 The Cupcakery, 9680 S Eastern Ave, 207-2253
- 67 Blue Cafe, 1451 Center Crossing Rd, 851-5322
- 68 Java Detour, 6087 S Pecos Rd, 450-0025
- 69 Mundo, 495 S. Grand Central Pkwy., 270-4400
- 70 Paymons Mediterranean Café, 8380 W. Sahara, 731-6030
- 71 Paymons Mediterranean Café, 4147 S. Maryland, 731-6030
- 72 Paymons Mediterranean Café, 107 E. Charleston, 272-0020
- FL Tuscany Pizza (inside FreeZone), 610 E. Naples, 222-4444
- 73 Whole Foods, 6689 Las Vegas Blvd S, 589-7711
- 74 Whole Foods, 8855 W Charleston Blvd, 254-8655
- 75 Whole Foods, 7250 W Lake Mead Blvd, 942-1500
- 76 Whole Foods, 100 S. Green Valley Pkwy, 361-8181
- 77 Crazy Pita 2225, VillageWalk Dr., #175, 896-7482
- 78 Hussong's Cantina Taqueria, 3930 Las Vegas BLVD S,
- 79 Palms Food Court, 4321 W. Flamingo Rd
- 64 Qdoba Mexican Grill, 5045 W Tropicana Ave, 871-7022
- 80 Republic Kitchen, 9470 S. Eastern Ave, 463-3500
- 81 The Coffee Bean & Tea Leaf, 4321 W Flamingo Rd, 944-5018

RETAIL

- 84 Borders Books & Music, 6521 Las Vegas Blvd S, 383-6734
- 85 Borders Books & Music, 2323 S Decatur Blvd, 258-0999
- 86 Borders Books & Music, 10950 W Charleston Blvd, 382-6101
- 87 Borders Books & Music, 2190 N Rainbow Blvd, 638-7866
- 88 Borders Books & Music, 1445 W Sunset Rd, 433-6222
- 89 Buffalo Exchange, 4110 S Maryland Pkwy, 791-3960
- 90 Charleston Antique Mall, 307 W. Charleston, 228-4783
- 100 FCUK Planet Hollywood, 3667 Las Vegas Blvd S, 383-5056
- 101 Findlay Cadillac, 993 Auto Show Dr., 558-2600
- 102 Funk House, 1228 S Casino Center Blvd, 678-6278
- FL Get Booked, 4640 Paradise Rd, 737-7780
- 103 Optical Effects, 9895 S. Maryland Pkwy, 435-3937
- 104 Paradise Mini Mart, 2242 Paradise Rd, 794-4082
- FL Price Video, 700 E Naples Dr, 734-1342
- 105 Rick's Smoke Shop, 2595 S. Maryland Pkwy #105, 737-0655
- 106 Retro Vegas, 1211 S Main St, 384-2700
- 107 Sam Ash Music, 2747 S Maryland Pkwy, 734-0007
- 108 TeNo, 3355 Las Vegas Blvd S, 369-2736
- 109 TeNo, 3667 Las Vegas Blvd S, 735-8366
- 110 Tiger Lily, 700 E Sahara Ave, 737-7077
- 111 Vignettes Art, 1714 W Horizon Ridge Pkwy, 221-8350
- 112 Zia Record Exchange, 4225 S Eastern Ave, 735-4942

ADDITIONAL DISTRIBUTION

Libraries throughout Clark County also distribute QVegas among other local publications.

NIGHTLIFE

- FL 8½ Ultra Lounge & Piranha, 4633 Paradise Rd, 791-0100
- 1 Backdoor Lounge, 1415 E Charleston Blvd, 385-2018
- CC Badlands Saloon, 953 E. Sahara Ave., 792-9262
- 2 Charlie's Las Vegas, 5012 Arville St, 876-1844
- 3 Crews N', 1000 E. Sahara Ave, #105, 731-0951
- CC Entourage Vegas, 953 E Sahara Ave, 650-9191
- 4 Escape Lounge, 4213 W Sahara Ave, 364-1167
- 5 Flex, 4371 W Charleston Blvd, 385-3539
- FL FreeZone, 601 E. Naples, 794-2300
- 6 Funhog Ranch, 495 E. Twain Ave
- 7 The Garage, 1487 E. Flamingo Rd
- FL Gipsy, 4605 Paradise Rd, 731-1919
- 8 Goodtimes Bar & Nightclub, 1775 E Tropicana Ave
- CC Hawks Gym, 953 E Sahara Ave, 731-4295
- 9 Krave, 3663 Las Vegas Blvd S, 836-0830
- 10 Las Vegas Eagle, 3430 E Tropicana Ave, 458-8662
- CC Las Vegas Lounge, 900 E Karen Ave, 737-9350
- 11 Revolution Lounge inside the Mirage, lightgroup.com
- 12 Snick's Place, 1402 S 3rd St, 577-3648
- CC Spotlight Lounge, 957 E. Sahara Ave, 696-0202

ACCOMMODATIONS

- 13 Bellagio Hotel Concierge, 3600 Las Vegas Blvd S
- 14 Blue Moon Resort, 2651 Westwood Dr., 361-9099
- 15 Encore Concierge, 3131 Las Vegas Blvd S.
- 16 Luxor Hotel & Casino Concierge, 3900 Las Vegas Blvd S,
- 17 Mandalay Bay Hotel Concierge, 3950 Las Vegas Blvd S
- 18 Palms Hotel & Casino Concierge, 4321 W Flamingo Rd
- 19 Palazzo Resort Concierge, 3325 Las Vegas Blvd S
- 20 Paris Hotel & Casino Concierge, 3655 Las Vegas Blvd S
- 21 Venetian Resort Concierge, 3355 Las Vegas Blvd S
- 22 Wynn Las Vegas Concierge, 3131 Las Vegas Blvd, 770-1571

SERVICES

- 23 Alexandria's Salon, 3555 Las Vegas Blvd S
- 24 American Male, 2021 N. Rainbow, 405-0500
- 25 Arcs Salon, 3930 Las Vegas Blvd S
- 26 Azimi, DDS, 820 S. 7th St., 759-0005
- 27 Blush Salon, 6360 S Pecos Rd, 851-3100
- 28 Bronzed, 4480 Paradise Rd, 737-8266
- 29 Kim Vo Salon, 3400 Las Vegas Blvd S
- 30 LV Defense Group, 2300 W. Sahara, Ste. 800, 333-3673
- 31 Mandara Salon, 3655 Las Vegas Blvd S
- 32 NV Fertility C.A.R.E.S., 653 Town Center, Ste. 206, 341-6616
- 33 QVegas Magazine, 6000 S. Eastern Ave., Ste. 7B, 650-0636
- 34 Regis Signature Salon, 3790 Las Vegas Blvd S
- 35 Regis Signature Salon, 3645 Las Vegas Blvd S
- 36 Wuxin Healing Arts, 2840 E. Flamingo, 369-3406
- 37 Salon 9037, 9037 W Sahara Ave
- 38 Showtime Car Wash, 5893 W Tropicana Ave
- 39 Golden Rainbow, 3233 W Charleston Blvd

ORGANIZATIONS

- 40 Aid for AIDS of Nevada, 701 Shadow Ln , 382-2326
- 41 Charleston Heights Arts Center, 800 S Brush St, 229-6383
- 42 Erotic Heritage Museum, 3275 S Industrial Rd, 369-6442
- CC GLBT Center, 953 E Sahara Ave Ste B31, 733-9800
- 39 Golden Rainbow, 3233 W Charleston Blvd, 384-2899
- 43 Imago Dei Sunday Mass, 55 E Reno, 354-2294
- 44 Metro. Comm. Church, 1140 Almond Tree Lane, 369-4380
- 45 The Arts Factory, 107 E Charleston Blvd, 676-1111
- 40 Wellness Center, 701 Shadow Lane, 383-2691



TEASE



SHARE
NIGHTCLUB
DEC 17



Start the New Year with a **new you**



by Justin J. MCCoy

It's that time of the year again. People everywhere are recovering from the onslaught of parties, dinners and the subsequent food comas that were the holiday season. Even if you indulged in one too many decadent moments at the end of last year, there is hope to turn it around within reach! Unlike the dime-a-dozen, quick fix "diets that don't work" you see advertised on late night TV infomercials, and diet pills touted in the drug store weight loss aisles by Kim Kardashian and Jillian Michaels, new eating habits can and will dramatically change your body in the short AND long term.

The main reason dieting never works is that it's unsustainable. In simple terms, it's like putting your bodies' hormonal system on a broken rollercoaster. It's only a matter of time before you end up crashing and burning off the track only to dive head first into the pavement. It is certain death for your delicate endocrine system that, just like a car's engine, demands things be balanced, even keeled and predictable to run properly. The physical ups and downs experienced by dieting are one of the unhealthiest things you can do to yourself. To keep your machine running in perfect order try these simple tips to enjoy a lighter, healthier and (at least body wise) a more successful new year!

1

EAT THE FOODS YOU WERE EVOLVED TO EAT

- We are, in effect, creatures of the Ice Age and designed to consume a diet rich in animal source foods and natural fats, together with a variety of fibrous plant matter. I'm talking about eating REAL food that's been on the earth for eons. You may know it as free-ranging animals, vegetables, fruits, nuts, seeds, and berries. It's also prudent to include an array of healthy fats like avocados, high quality fish oils, walnuts, macadamia nuts and coconut oil (for cooking) daily. Certified Organic is preferred for too many reasons to list here and wild, grass-fed, and wildcrafted are words to be on the lookout for when shopping. As one well respected fitness genius once said, "If you can shoot it, milk it, pluck it or pick it, you can eat it". I whole-heartedly concur.

2

DITCH THE JUNK FOOD

- Just don't buy it! I know I know, easier said than done...but seriously keep it out of your kitchen. Every so often you will inevitably want a "treat" and by all means on occasion go out somewhere and have one! But commit to making your home a "no junk food zone". You'll see your success a lot sooner rather than later following this simple rule. Junk not only consists of the usual suspects of chips, sodas, candy and the like but also includes the vast majority of breads, cereals, baked goods, processed meats, frozen dinners and most things that line the inner aisles of the supermarket. Stick to the perimeter and you'll not only get out faster, you'll have more time to enjoy your day and you'll feel and look better to boot...WINNING!

3

GET TO SLEEP!

- Studies at the National Institutes of Health suggest at a minimum 7-9 hours of decent and restful sleep per night for optimal health. That should be your ideal and what you strive for. Try going to bed at the same hour every night, sleep in a pitch black room (black-out curtains work wonders), use white noise such as a fan but DON'T fall asleep with the television or a movie on. If you are having trouble falling asleep you can pick up a very inexpensive and natural product called melatonin over the counter at most drug stores and supermarkets. Your body naturally makes melatonin in the evening as the sun goes down. It is an anti-oxidant and lulls the body into a sleepy state of mind. Since its natural, there are no side-effects other than feeling sleepy. Sleep can be the primary reason many people don't achieve their weight loss and fitness goals; it's quintessentially crucial.

4

GET YOUR GYM ON

- Exercise has countless benefits for the body, mind and mood, way too many to name here. But you likely are interested in getting ready for pool season, which for Vegas is only a few short months away. Find something you enjoy doing and DO IT consistently. Make a plan and follow through with it. Work with a fitness trainer at your gym, or get a workout partner if you need the extra initiative to keep you going. As it turns out, diet has about 80% to do with the way you'll look naked, the rest is up to you moving your body, so do it and do it daily! I personally workout utilizing the CrossFit method and have done for several years. I'll explain a little about that in the next section on my endorsed fitness regimen.

5

STAY AS STRESS-FREE AS POSSIBLE

- This can also oftentimes be a reason for stagnant or persistent weight gain. Stress affects your hormones which also regulate fat conversion and storage. Let's keep them in check this year!

CROSSFIT

LAS VEGAS

by Justin J. McCoy

Walking into a CrossFit facility isn't like stepping into your typical garden variety franchise gym. You may at first think to yourself, "Where's the juice bar, the treadmills and bicep curl machines?!" While true you won't find this type of equipment inside the gym, what you will find is a dedicated fitness environment and coaching staff helping you to go above and beyond your fitness goals, and reaching a new plateau in your athletic endeavors.

So, what exactly is CrossFit?

You can think of it as a style of physical training that has a completely inclusive philosophy, tailor-made for the individual. It is designed for scalability, and factors in a person's age, size, weight, and athletic ability. Training is customized for everyone from elite athletes to weekend warriors to housewives.

It works by keeping your body guessing with constantly changing and varied (but always challenging) daily workouts, simply called the "WOD" (Workout Of the Day). The key components are functionality, high intensity, and variable movements that allow the body to adapt and grow in an ever-evolving environment. Utilizing equipment such as barbells, kettle bells, dumbbells, rowing machines, and simple body weight movements, you are able to achieve the fitness fundamentals of strength, agility, speed, power, accuracy, stamina, coordination, flexibility, cardio, and balance.

Las Vegas is a town known for re-inventing itself and is always looking for the next best thing and the newest, most sensational ways of doing things. This philosophy carries over into the local population of fitness enthusiasts as well, evidenced by the recent surge of interest in training in the CrossFit method. CrossFit has and is continuing to make strides for itself across the globe, setting the new standard for physical prowess amongst athletes of all ages. ■

For more information or to schedule an introduction with the BEST CrossFit gym in Las Vegas, contact CrossFit Max Effort through their website: www.crossfitmaxeffort.com



Find out more about Justin and his healthy lifestyle on page 53 in the Vegas Peeps feature.

GAY ADULT DVD RENTALS & SALES

PRICE
VEGAS' ORIGINAL GAY VIDEO STORE, EST. 1985
VIDEO



LARGEST VARIETY OF POPPERS IN TOWN!



VISITING? RENT WITH DEPOSIT!



* FREE MEMBERSHIP * WITH LOCAL ID

ONE BLOCK FROM THE FRUIT LOOP
INSIDE SIEGEL PLAZA
700 E. NAPLES, STE. 109
702-734-1342



sexiest ^{2011 WINNERS} OF GAY VEGAS



IT'S THAT TIME OF YEAR AGAIN!

Every year, we ask our loyal readers to vote for their favorites in the 23 categories that comprise the QVegas Sexiest of Gay Vegas Awards. Last year the battle was intense with the most votes ever cast! visit QVegas.com today and submit your nominations. Winners will be displayed in the February issue of QVegas.

VOTE NOW AT
QVEGAS.COM



COUPLE RICK & STEVE



NON PROFIT BOARD MEMBER GUY PUGLISI



VOLUNTEER ANDY DU BOIS



BARTENDER BRANDON JOHNSON



BARTENDER FLO LEE



DJ RICOCHET



LEATHER GUY JOSHUA BROCKWELL



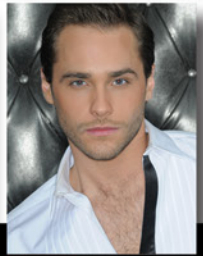
BEAR JOSHUA MONTGOMERY



COWBOY PHIL WELLS



COWGIRL LAURA SCOTT



SHOWBOY JOSH STRICKLAND



SHOWGIRL KEYSKA DIVA



DRAG QUEEN EDIE



BUSINESS OWNER JOHN HESSLING



SMILE BRENT SCOTT



EYES GARRETT RUBALCABA



BUTT ERIC AUGUSTINO



ABS RYAN LYONS



LEGS DIVA DELAFUENTE



COMMUNITY SUPPORTER JORGE GARCIA-SOLARIO



GAY CELEBRITY NEIL PATRICK HARRIS



GAY FRIENDLY CELEBRITY LADY GAGA



TV PERSONALITY CHRIS SALDANA

Sinderella's

Located at intersection
Russell Rd. & Valley View Blvd.

28 Private Booths • Fixed Price • Free Refreshments

**MEET
REAL
MEN!**

Las Vegas

702.932.7373

Laughlin

702.989.0600

Los Angeles

213.316.1006

Phoenix

602.993.4567

FREE
to listen
& reply to ads!

FREE CODE: Q VEGAS

For other local numbers call:

1-888-MegaMates™

1-888-634-2628 | MegaMatesMen.com

DO YOU DARE TO BARE?

Come to Bare Essentials for...

- * Sparkle Shirts
- * Tank Tops (Sheer also)
- * Fishnet Tops / Pants
- * Bikini Swimwear
- * Boy Shorts (Sheer & Breakaway)
- * G-strings (Sheer also)
- * Custom Fitted Stainless Steel Cock Rings
- * Specialty Thongs (Flopper, Whopper, Super Whopper)
- * Traditional Thongs
- * Suspender Thongs
- * Chippendale Sets
- * Fringed Stretch Chaps
- * Soft Leather Cock Rings

Many "Exclusive"
Items, including our
NEW "Exposure Thongs"

Dare to Bare *World Famous*
Bare Essentials
702.247.4711

4029 W SAHARA AVE • LAS VEGAS

MON-SAT 10-7 • SUN 12-5

www.bareessentialsvegas.com

MENTION THIS AD AND SAVE 15% OFF NON-SALE ITEMS.



2012 PREDICTIONS



GREETINGS! ONCE AGAIN IT'S TIME TO PROGNOSTICATE AS TO WHAT 2012 HOLDS. MY CRYSTAL BALL HAS BEEN POLISHED AND RECHARGED, SO HERE GOES:

The 3rd time shall be the charm for baseball's Texas Rangers to finally win the World Series...

At the Summer Olympics in London, look for the U.S. teams to haul home 95 medals...

Mark Spitz adds 3 Golds to his collection...

2010 champs The New Orleans Saints will repeat at this year's Super Bowl (in overtime)...

The upper Midwest, plains, and New England states are in for their coldest and snowiest winter in almost a century...

The Southwest looks to be drier and a bit warmer than usual...

Unemployment drops below 7% by September...

The stock market begins an extended "bull run" in early April...

Earthquakes continue to rock Japan (especially in February & June)...
Our country mourns the loss of 2 former presidents this year...

Immigration issues shall continue to be a "hot button" topic throughout the year...

The sex/molestation scandals of 2011 will sadly prove to be the tip of a very large iceberg...

look for Michelle Williams & Meryl Streep to duke it out for a Best Actress Oscar...

Ditto for George Clooney, Brad Pitt and Michael Fassbinder...

An energy source that runs on earth's magnetic field will see the light of day,,

It will be revealed that major oil companies had purposely hid this news (at times illegally) to continue amassing huge profits...

A small pacemaker like implant will greatly help stroke victims...

A usable bionic eye shall be perfected within 5 years...

Look for singing sensation Adele to sweep this year's Grammy awards (along with strong showings for Bruno Mars & Kanye West)...

The timetable for withdrawing U.S. troops from the Mideast shall be (happily) met...

The 2012 hurricane season will be milder than usual, especially for the Gulf Coast and Florida...

Massive sit-ins against Wall Street shall continue...

A musical version of the film "Ghost" opens on Broadway to a ton of accolades/Tony awards and an amazingly long run...

Election Central: The Democratic Party holds on to the Senate and picks up 30 or so seats in the House...

The presidential race shall be fairly close. I see an electoral count of 278-260... with President Obama prevailing by 2 to 3 million votes...

North Carolina, Virginia, Colorado & West Virginia go RED this time.

Well, there you have it. A happy and healthy 2012 to everyone.

-Rev. Bill



ENTOURAGE VEGAS

What happened at entourage... "Never Happened"

SAUNA | JACUZI | HEATED LAP POOL | WEIGHT ROOM | ALLEY | CYBER CAFE
and now

STEAM ROOM

MONDAY BOYS NIGHT | TUESDAY LIGHTS OUT | WISE WEDNESDAY | THRUST THURSDAY | PACKED HOUSE FRIDAY & SATURDAY

WINTER SPECIAL: MON-FRI 8AM-4PM \$10 Locker \$22 Room

ENTOURAGE | VEGAS

953 E. SAHARA AVE., STE. A-19 | 702-650-9191

 @GAYBATHHOUSELV

ENTOURAGEVEGAS.COM



LAST WORD

THE CIRCLE OF LIFE

By Jerry Cade, MD,
Director, HIV Service, University Medical Center,
Executive Director, Aid For AIDS of Nevada, 1989-1991

I am always amazed by how interconnected we are—how things have a way of returning to their beginnings.

Over 20 years ago, from 1989-1991, I was the Executive Director of Aid for AIDS of Nevada (AFAN). At that time, Bridge Counseling worked with AFAN helping to support the mental health needs of People Living with HIV.

Three young (at that time!) and idealistic counselors from Bridge Counseling came to me with an idea for a mental health and drug and alcohol treatment center that specifically catered to the needs of the HIV and LGBT communities. Of course, their new treatment center would be open to everyone, but they wanted to specialize in HIV treatment, among other things. They felt that People Living with HIV/AIDS would be better served by therapists for whom HIV was the primary focus of their attention.

Their idea for mental health treatment reminded me of what we had done for HIV medical care at University Medical Center (UMC), i.e. create a specialized inpatient facility and outpatient clinic for People Living with HIV. The idea was that by focusing on the sometimes unique needs of HIV-infected individuals, we could do a better, more sensitive job meeting those needs. We could provide more enlightened, more compassionate care.

Those three dedicated and enthusiastic individuals—Ron Lawrence, Marlene Smith and Phil Carracher—founded Community Counseling Center in 1990. Since they hadn't even had time to create and file for their non-profit status, the very first treatment grants for Community Counseling Center came through AFAN.

It is only appropriate that over 20 years later, Community Counseling Center and AFAN are reuniting in an effort to better meet the needs of People Living with HIV/AIDS.

When I was told that AFAN and Community Counseling were thinking of joining together, I thought it was an incredibly wonderful idea for a host of reasons.

First, it makes sense economically. Throughout the country, AIDS Service Organizations (ASOs) are merging in an effort to save on administrative costs

so that more money will be available for HIV-infected clients. This would have been a good idea under any circumstances; but, it is particularly a good idea in these financially challenging times. By merging, AFAN was able to move to a more economical location. The money saved on rent and utilities can now go to client services. Of course, we at the Wellness Center will miss having AFAN downstairs; but, they are still close enough to make it relatively easy for our patients to access medical and psychosocial services simultaneously.

Second, there are undoubtedly health care benefits of having AFAN and Community Counseling Center together. Many of us (including me) ignore our mental health needs. Psychological concerns are not always as obvious as a fever and a cough or a broken arm, so we wait too long to seek the help we need. In addition, there are residual, illogical cultural taboos about treating our mental health needs. Partnering AFAN's client service activities with Community Counseling Center's emphasis on mental health intervention, as well as their commitment to the treatment of chemical dependency problems, will go a long way in helping us to overcome those barriers. More HIV-infected clients will actually seek the psychological attention they need and deserve.

Finally, there is something intrinsically valuable about all of us working more closely together. Like it or not, we are inextricably intertwined, so I think it best to recognize that fact and embrace it. We are all committed to the same struggle, the same cause, and the same individuals. Working together is more than just additive. It's synergistic. That means that together we inspire each other to be better than we could be by ourselves—sort of like one plus one equals three, not just two.

I want to personally applaud and thank the AFAN and Community Counseling Center Boards of Directors for their insight, commitment and vision in developing this idea. It is creative and inspired. I look forward to a long, productive, supportive and caring relationship with the new AFAN/Community Counseling AIDS Service Organization. Together we can help ensure that People Living with HIV/AIDS get the services they need as well as the love and compassion they deserve. ■

OPTICAL EFFECTS VISION CENTER

Comprehensive Eye Exams

*Contact lens services including toric for astigmatism,
multifocal lenses, and colored lenses*

Lasik referral and co-management

*Most insurances welcome including
VSP, DavisVision, Eyemed,
Culinary, Southpoint,
Medicare and Medicaid*

*On-site finishing lab allows
many prescriptions to
be ready in an hour*

DR. ROBERT WLODEK
Optometrist

**HUGE END OF THE YEAR
EYEWEAR SALE!**
50% OFF COMPLETE PAIRS
INCLUDING:
ARMANI | DIESEL | PRADA | & MUCH MORE!

 **opticaleffects**
vision center

www.OpticalEffectsLV.com

9895 S. MARYLAND PARKWAY SUITE D

LAS VEGAS NV 89183

702.435.3937



2012 ESCALADE PREMIUM

2012 IT'S GOING TO BE A GOOD YEAR...

2012 ESCALADE LEASE
\$749/ MONTH
FOR 36 MONTHS

ULTRA LOW MILEAGE LEASE. PAYMENTS ARE FOR A 2012 ESCALADE WITH MSRP \$64,120.36. MILEAGE CHARGE OF 4.25/MILE FOR EVERY MILE OVER 30,000 MILES. LESSEE PAYS FOR EXCESS WEAR. PAYMENT DOES NOT INCLUDE TAX TITLE OR DOCUMENTATION FEES. VEHICLE MUST BE IN STOCK DEALERSHIP HAS THE RIGHT TO TERMINATE OFFER AT ANYTIME.



993 AUTO SHOW DRIVE • VALLEY AUTO MALL ON THE SOUTHEAST CORNER OF GIBSON AND AUTO SHOW DRIVE
702.558.2600 • FINDLAYCADILLAC.COM • Follow us on Facebook  & Twitter 